

# Community Health Needs Assessment

2016



## CONTENTS

EXECUTIVE SUMMARY .....	5
ACKNOWLEDGMENTS.....	11
METHODOLOGY.....	12
Primary Data.....	12
Secondary Data.....	12
HOSPITAL AREA DEFINITION .....	14
COMMUNITY PROFILE.....	15
Demographic Data .....	15
HEALTH STATUS IN SERVICE PLANNING AREA AND COMPARISON AREAS .....	23
Asthma .....	23
Cancers .....	25
Depression (Medicare Population) .....	36
Diabetes.....	37
Heart Disease (Adult).....	42
Heart Disease (Medicare Population) .....	44
High Blood Pressure (Adult).....	45
High Blood Pressure (Medicare Population) .....	46
High Cholesterol (Adult).....	47
High Cholesterol (Medicare Population) .....	48
Infant Mortality .....	49
Low Birth Weight .....	52

Mortality - Cancer .....	54
Mortality – Heart Disease .....	55
Mortality – Homicide .....	57
Mortality – Coronary Heart Disease.....	58
Mortality –Lung Disease .....	61
Mortality –Motor Vehicle Crashes .....	62
Mortality – Pedestrian Motor Vehicle Crashes.....	64
Mortality – Premature Death.....	65
Mortality – Stroke.....	66
Mortality – Suicide.....	68
Mortality – Unintentional Injury .....	69
Obesity .....	71
Overweight.....	75
Poor Dental Health .....	76
Poor General Health .....	78
STI - Chlamydia .....	79
STI – Gonorrhea .....	83
STI – HIV Prevalence .....	85
PRIMARY DATA KEY FINDINGS .....	89
Community Input.....	89
Appendix A .....	102
STEERING COMMITTEE .....	102

APPENDIX B .....	103
FOCUS GROUPS .....	103
APPENDIX C .....	105
COMMUNITY RESOURCES.....	105
Appendix D .....	133
Primary Data Collection Instruments .....	133
Appendix D 1: Focus Group Questionnaire .....	134
Appendix D 2: Community Survey Questionnaire .....	137
References.....	152



# 2016 ENCINO HOSPITAL COMMUNITY HEALTH NEEDS ASSESSMENT

## EXECUTIVE SUMMARY

The 2016 Encino Hospital (EH) Community Health Needs Assessment (CHNA) updates the hospital’s 2013 CHNA, and updates conditions found in the community as of 2016. As the process of reviewing and analyzing community needs has progressed, it is clear that while changes have occurred in the San Fernando Valley as a whole, and in Encino Hospital’s immediate area, the changes have not been uniform throughout the valley.

This Community Health Needs Assessment incorporates data from area-wide analyses provided by the Los Angeles County Department of Public Health (LADPH) *Strategic Plan 2013-2017 (Strategic Plan)* as well as more focused data concentrating on the area immediately surrounding EH. Some data is not directly comparable between the two areas, but each discussion provides insight into needs found in the EH service area.

The larger study incorporates zip codes located mostly in the San Fernando Valley, and described by the LADPH as the County of Los Angeles’ Service Planning Area 2 (SPA 2). It is shown in the following map of Los Angeles County. EH’s approximate location is shown in red.

### San Fernando Valley

Service Planning Area 2, or SPA 2, serves the communities of Burbank, Calabasas, Canoga Park, Canyon Country, Encino, Glendale, La Cañada-Flintridge, San Fernando, Sherman Oaks, Sun Valley, Van Nuys, Woodland Hills, and others.

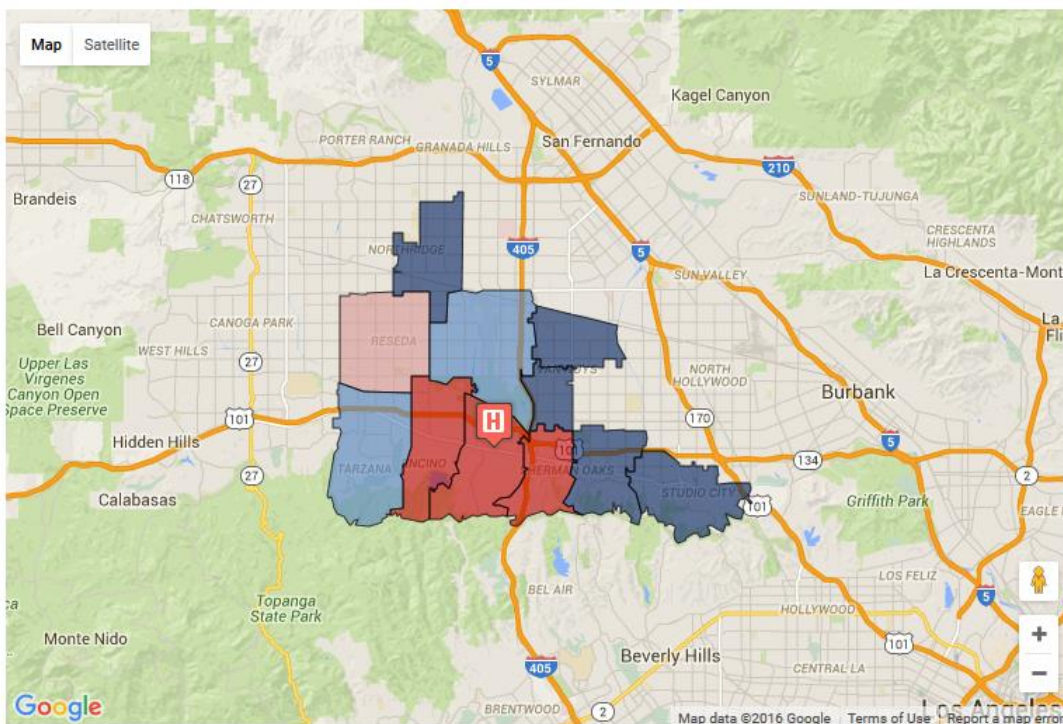


While Encino and its surrounding communities are nearly at the center of this area, the community of clients for Encino Hospital is a much smaller area. Los Angeles County performed a County Health Survey in 2015 which is very similar to the surveys conducted by KeyGroup and its cooperating agencies in 2016, and the results of both surveys are presented along with comments relating the two.

Encino Hospital contracted KEYGROUP to oversee the process of developing a CHNA directly addressing needs in Encino Hospital’s service area. This CHNA is designed to comply with California’s Senate Bill 697 (SB 697) and to meet the requirements under the Patient Protection and Affordable Care Act (ACA). KEYGROUP subcontracted with Valley Care Community Consortium (VCCC) to help conduct the 2016 Community Health Needs Assessment. VCCC has over 15 years of experience in conducting CHNAs in the San Fernando Valley and has significant research expertise that harnesses the collective wisdom of its

membership representing multiple institutions and disciplines. The process and the outcome of the CHNA are described in this report. To better understand the health needs in the hospital service area, KEYGROUP and VCCC reviewed numerous state and county sources. A local literature review was conducted, and community assets and resources were documented. This analysis process concentrated on the whole of SPA 2, and uses data from various years.

KEYGROUP also obtained data from focus groups, surveys and data analysis focusing on Encino Hospital's Primary Service Area (PSA). This area is defined as the zip codes from which more than 50% of all discharges originate. This analysis allows for more concentrated focus on needs nearest the hospital, and on health needs that the hospital is most able to address. A map of the PSA as defined by 50% of all discharges in 2014 is shown below.



Health needs in the SPA 2 area were identified by KEYGROUP and VCCC through focus groups, key informant interviews and surveys conducted in 2015 and 2016. Much of the use data analyzed is from 2013 and 2014, since that is often the most recent data available. Additional data was obtained from Speedtrack, a data source which obtains utilization information directly from hospitals and aggregates it, while still allowing for small-area analysis with permission from specific hospitals. EH provided permission, and data on utilization of various hospital services is hospital specific. Some utilization patterns for EH differ from those of SPA 2 as a whole.

Surveys for all of SPA 2 were obtained, and KEYGROUP conducted additional surveys of local respondents. This data was analyzed in terms of overall SPA 2 responses and by

segregating the responses from the EH PSA.

Focus Group interviews were conducted by both VCCC and KEYGROUP, with the KEYGROUP focus groups concentrating on issues most important to local participants. Both sets of interviews produced a variety of perceived needs, which were reviewed and winnowed

down to the most immediate health needs for the SPA 2 and for EH's PSA. The relative importance of various needs differed between the SPA 2 and PSA. Summaries for immediate health needs are provided below, listed in order from highest to lowest priority as listed by respondents in the EH PSA. Their relative importance for SPA 2 recipients is noted where appropriate, and the remaining items in the SPA 2 top list are discussed following the EH items.

The EH focus groups started with over 30 issues and the VCCC groups listed 29, but in both cases, the groups narrowed the range significantly, arriving at a top seven. The first two are closely related, although not specifically addressed in SPA 2 discussions.

1. **Coordination of Care** – Existing payment programs and referral patterns among healthcare providers are highly site-specific, and patients leaving a hospital or other care provider are often also leaving the payment program that covered their care. Any follow-up care is often at the mercy of the entity to which the patient is referred, and often there is little or no coordination regarding care needs and/or regimens to assure maximum recovery. This can result in preventable relapses or complications. Over the past three years, the federal government has attempted to address these issues in many ways, but a true coordination system has yet to be developed. Individual providers are attempting to work across healthcare provider “silos” to organize care coordination programs, but much work remains to be done.
2. **Transitions of Care** – The actual provision of care is just as fragmented as the payment system that supports it, and patients discharged from hospitals or other care facilities often find themselves at loose ends once they leave the premises. Care coordinators and social service agencies attempt to manage transitions, but their ability to assure appropriate care in offsite situations is constrained by their inability to actively follow clients from the facility to another care site or to home. Also, there are no formal programs to determine that the care settings into which patients are released are the most appropriate, or even adequate. Existing payment programs generally provide no ability to fund follow-up care or patient management programs. Some early systems are being designed to work with the most frequently seen clients to minimize the amount of time they spend in inpatient settings, but funding for such systems is not commonly available, and care providers are developing these systems on their own.
3. **Payment Issues** – The Affordable Care Act has been very successful in increasing the number of California residents who have health insurance in some form, with one-third of the state's residents now covered by MediCal and fewer than 12% of the state's total residents without insurance, down from over 16% three years ago. One side effect of the push to get people insured is that many of the insurance programs developed have been designed with substantial deductibles. So even though more people have insurance, they still face significant costs if they actually use that insurance. Thus, while the proportion of uninsured and self-pay patients decreased and the number of clients with insurance cards has grown, the amount of bad debt from unpaid deductibles

and coinsurance has also increased. As insurance rates rise faster than inflation, employers who provide health insurance have increased their deductibles and copays as well. And while the ACA-conforming policies ostensibly cover a wide range of illnesses, including mental illness, the range of conditions not covered is still large. Finally, the ACA-conforming policies typically do not address the coordination/transition issues discussed earlier.

4. **Mental Health** - According to the primary data collected via key informant interviews, focus groups and surveys, many of the health care providers identified mental health as a major issue in the Encino Hospital service area. Discharge records for 2014 from EH show that the single most common MS-DRG family is Psychoses (the overall term for mental health issues), accounting for nearly 25% of all discharges for that year. Mental Health was the most commonly cited Health Need by VCCC focus group participants throughout SPA 2, and was also the fourth most-mentioned item, described as “Access to Mental Health Providers”. This condition is often a co-morbidity with other physical ailments, and mental issues existing beside actual physical disabilities complicate treatment for the physical manifestations. While mental health conditions are formally considered equivalent to physical ailments for payment purposes, diagnosis and treatment protocols for them are less well-defined, and most insurers tend to encourage outpatient care for all but the most dangerous mental conditions. Additional problems related to mental health include a high incidence of homelessness and substance abuse, which are not amenable to inpatient treatment and are typically not considered reimbursable services by payors. Since hospitals have no control over patients’ mental illness treatment courses after they are discharged, and compliance with treatment regimens is difficult, patients with mental issues in addition to their physical ills are some of the most often re-admitted clients at any hospital.
  
5. **Diabetes** – Diabetes was the physical ailment most commonly cited as an issue by the focus groups at EH, and the second-most common Health Need cited by SPA 2 focus group respondents. It is a common underlying condition for many other acute admissions to EH and other hospitals because it presents so many complications that create crisis situations. While it is not one of the most common admission diagnoses, it is one of the most common complications accompanying the admitting diagnosis, and it was among the top ten causes of death cited in the Los Angeles Department of Public Health’s (LADPH) ***Strategic Plan 2013-2017 (Strategic Plan)***. Adult-onset diabetes is largely a lifestyle disease, commonly associated with obesity and lack of exercise. As with mental illness, treatment for diabetes is typically a long-term process and best conducted on an outpatient basis. But as is the case with mental illness, hospitals have little ability to control compliance with treatment regimens and thus, many diabetics find themselves in and out of hospitals as they fail to manage their condition. Diabetes was the second-most cited issue among respondents in VCCC’s Focus Groups.
  
6. **Heart Disease** - Cardiovascular disease includes congestive heart failure, heart attack, coronary heart disease/coronary artery disease and stroke. Coronary issues are among the most frequently reported reasons for EH hospital admissions, and these

conditions are similar among other SPA 2 hospitals. Coronary Heart Disease and Stroke are the Number 1 and Number 2 causes of death in the *Strategic Plan*, and together they represent over half of all deaths due to the top ten causes of death in the county.

7. **Lack of Knowledge about Health Services** - Knowledge of healthcare needs is both commonly held and highly specialized. Nearly everyone knows that he/she should exercise, eat in moderation and not engage in risky activities. Beyond those basics, knowledge specific behaviors and regimens to maintain good health is less common, and for people with specific health issues, the appropriate actions may not be intuitive. Added to this limited knowledge base is the fact that accessing experts (i.e., physicians, dieticians, etc.) can be costly for those not highly insured. Data is available on websites and various disease-related organizations work to inform the public about their chosen illnesses, but many area residents may not know where to find needed information, or may not feel they can afford to see the appropriate professional. During primary data collection process, health care professionals and service providers shared that there is a lack of knowledge regarding the existing health care services among their constituents. This lack of knowledge regarding low cost health care services makes it difficult for their clients to access the care they need.

These seven issues were raised by EH's focus groups, and variations of them are present in the VCCC data from SPA 2. The SPA 2 Focus Group's top ten data also identified some additional issues that affect the greater San Fernando Valley area and residents of EH's PSA.

8. **Obesity** – Although not a specific disease, obesity is a risk factor to other chronic diseases such as hypertension, high cholesterol, heart disease, and diabetes. It is most often addressed by lifestyle changes, but clinical interventions such as bariatric surgery are becoming more common. Unfortunately, the prevalence of obesity is also growing, making it a significant public health issue.
9. **Cancer** - Cancer is one of the leading causes of death in the U.S. Various types of cancer were three of the top ten causes of death in the *Strategic Plan 2017*. Cancers can occur in nearly every bodily system, and each type presents unique issues and treatment options. Since each type is tracked separately, the overall impact is understated by the three top causes in the top ten list. The fact that each type of cancer is unique also provides niches allowing hospitals and physicians to specialize in various treatments.
10. **Hypertension** – Hypertension is often grouped with heart disease, although it is a separate issue, related to constricted blood vessels that cause the heart to work harder to pump blood throughout the body. It is treatable with changes in diet, lifestyle, and if needed, drugs.
11. **Substance Abuse Disorder** – This category subsumes multiple “substances”, including alcohol, opiates, prescription drugs used off-label, and others, each of which has specific health problems associated with its use. The common factor is that the user does

not or cannot control his/her consumption of the substance and thus is amenable to treatment. Each treatment course is unique to the specific problem, but all programs seek to wean the user from the drug and promote a lifestyle free from the abused product.

12. **Access to Primary Care** – Many of the visits to Emergency Departments result from illnesses or injuries that could be easily treated in a physician’s office or clinic, if one were available. Since many area residents do not have a family physician, and many medical problems occur outside of normal office hours, the ED becomes the primary care provider, at great expense to the client and to the hospital. Provisions of the Affordable Care Act attempt to remedy this problem by getting more residents insured, and connected to a Primary Care Provider (PCP), but while more people have a physician to call, the office hours for most physicians are still limited, and the stock answer to a phone call to almost any physician’s office includes a referral to the nearest emergency room if the call is of a critical nature, or if the office is closed at the time of the call.
  
13. **Poverty** – Like Obesity, poverty is not a specific disease, but its presence increases the odds that some ailment will occur. Poverty manifests as difficult lifestyle choices that put people in danger of medical crises such as diabetes, hypertension, and heart attacks, among other ailments. Areas with high poverty rates often have higher crime rates, and fewer sources of healthy food, with an accompanying excess of less-healthy eating options. For the unemployed in poverty, the cost of health insurance is often unmanageable, and despite California’s attempts to draw these residents into MediCal programs or other insurance options, the combination of difficulty getting qualified for benefits and the costs of obtaining care, are still high hurdles for many.

The issues above are the consensus issues from many sources that merit the most consideration by hospitals in the area. Each hospital has differing abilities to address each issue. Encino Hospital’s Implementation Plan will focus on the issues related to access, mental health and cardiac care.

## ACKNOWLEDGMENTS

This CHNA 2016 is the result of the commitment and efforts of many individuals who contributed time, expertise and resource to create a comprehensive and effective community assessment. Special thanks go to the Steering Committee and the Advisory Committee members, the staff at Encino Hospital, Community leaders and organizations that participated in our interviews and members of the community that took the survey and shared their experiences and information for the benefit of this assessment.

Many data sources were utilized in developing the health profile for the Encino Hospital Primary Service Area and larger comparison areas. Data from the U.S. Census Bureau underlies much of the information presented, but several agencies and providers have done important analysis on the Census data, and results of their work are included throughout this document. Important sources include:

- Valley Community Care Consortium, including the Community Commons website. The Service Planning Area 2 of Los Angeles County data was generated by VCCC from the Community Commons platform website.
- The Los Angeles County Department of Public Health's *Strategic Plan 2013-2017*
- The UDS Mapper website
- Speedtrack's hospital-specific website, where permitted by Encino Hospital
- American Community Survey section of the U.S. Census website
- Catholic Healthcare West Community Need Index

## METHODOLOGY

### Primary Data

Primary data was collected utilizing various methods, such as key informant interviews, focus groups with both health professionals and community residents, and online surveys that were conducted with congregants from the Church on The Way.

#### *Key Informant Interviews:*

A total of 8 key informant interviews were conducted for Encino Hospital service area. Each interview lasted between 30 to 45 minutes. The key informants included individuals from the Los Angeles County Departments of Health, Mental Health, and Public Health, as well as public health experts from academia, local hospitals, and clinics. For the key informant interview questionnaire please refer to **Appendix D**.

#### *Focus Groups:*

Utilizing a focus group facilitation guide, three two-hour focus groups were conducted with 34 community members, leaders, and service providers. The community stakeholders that participated in the CHNA represented the broad interests of the community, and included public health experts and other individuals knowledgeable about the health needs found in the community.

For a copy of the facilitation guide and focus group questions, please refer to **Appendix D**.

#### *Community Surveys:*

A total of 110 online surveys were administered to participants by VCCC and staff of KeyGroup and EH. Many of the surveys were provided by residents of the greater San Fernando Valley, but a smaller number were obtained by KeyGroup staff from residents whose zip codes are included in EH's PSA.

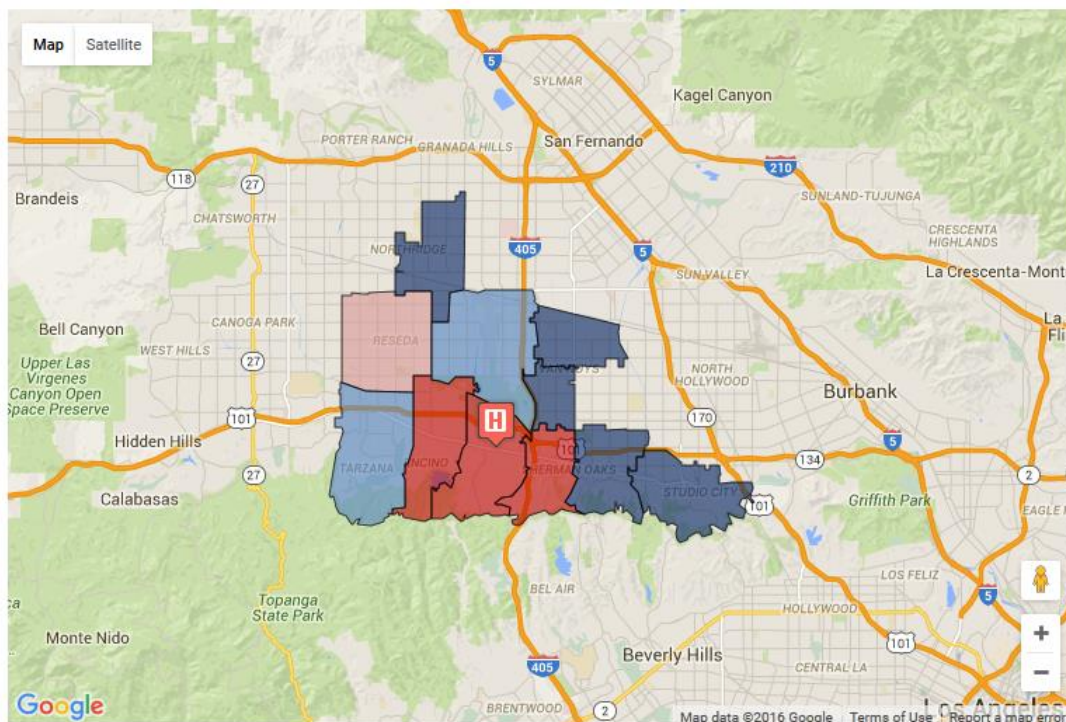
### Secondary Data

Secondary data was retrieved through a review of publicly-collected demographic and health statistics. Except on rare occasions, data was retrieved via electronic data searches. Demographic data such as age, ethnicity, income, insurance, disease prevalence, and five-year projected estimate information was extracted from the Census Bureau information found in the American Community Survey section of the Census website. Some portions were quoted from various documents that analyzed census data and are cited as used. Additional data on education attainment, region of birth, grandparents caring for their grandchildren, and English proficiency was gathered from the U.S. Bureau of Census (American Factfinder). In addition, the Catholic Healthcare West (CHW) Community Need Index (CNI) tool was reviewed to assist with the identification of high need areas. Information for this report consisted of both secondary and primary data, and therefore the collection of data came from multiple sources.

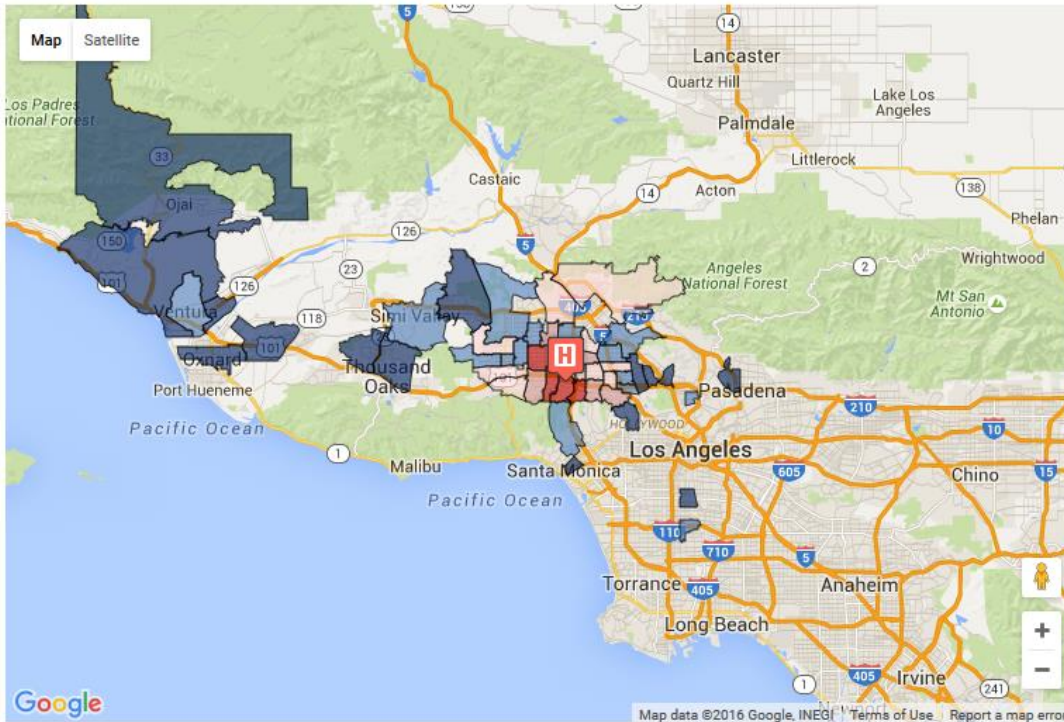


Data gathered was analyzed using methods such as grouping and statistical analysis. Data was grouped according to health conditions, co-morbidities, age, gender, and ethnicity, in addition to other specific needs for the CHNA report. The zip code level data collected was used to compare various communities in the Encino Hospital service area service area. This comparative data was analyzed to determine areas of disparity in the EH PSA compared to the larger areas used for comparison. Where significant deviations from the large area norms were found, they are presented to show the important disparities between communities. Where the EH PSA is similar to the larger areas, the large area data is presented as representative of the EH PSA. It should be noted that many health conditions were not covered by the various sources, so direct comparison was not always possible.

## HOSPITAL AREA DEFINITION



The hospital's service area spans cities, communities, and unincorporated areas in the San Fernando Valley and Los Angeles and Ventura Counties. The San Fernando Valley is in the Service Planning Area 2 (SPA 2) of Los Angeles County. While definitions can vary regarding service areas, over half of all discharges from EH originated from only 10 zip codes. Concentrated along the southern edge of the San Fernando Valley, they include: Encino (91316, 91436), North Hollywood/Studio City (91604), Northridge (91325), Reseda (91335), Sherman Oaks (91403, 91423), Tarzana (91356), and Van Nuys (91405, 91406). This area is mapped here.



Market areas are often defined as the zip codes that comprise 80% or more of total hospital discharges. In a densely populated area, this often results in highly disjointed descriptions of the hospital's primary service area. As a comparison, the zip codes comprising 80% of all discharges from Encino Hospital are here.

Although the hospital draws some clients from widely divergent areas, the numbers from any one zip code are minimal, and primarily represent the small number of out-of-area clients who have chosen EH over hospitals nearer their homes for individual reasons. For this reason, we have limited our Primary Service Area to the zip codes comprising our 50% discharge census.

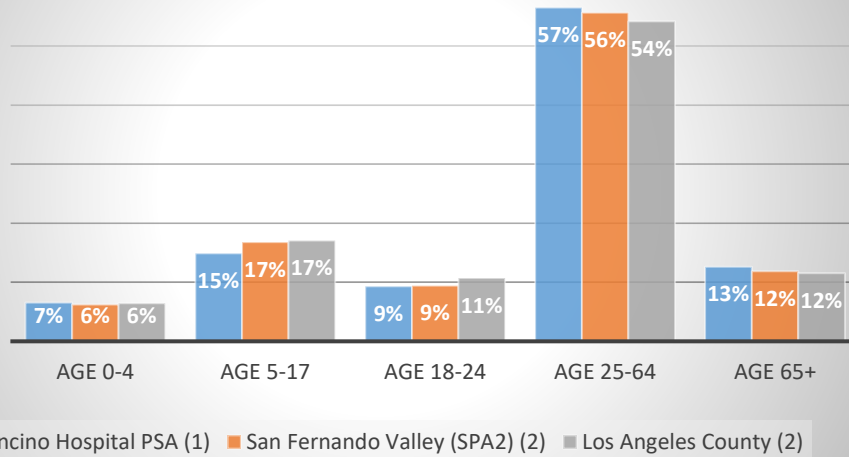
## COMMUNITY PROFILE

### Demographic Data

#### *Age and Gender*

Encino Hospital service area covers 10 zip codes in the San Fernando Valley area of Northern Los Angeles County. and is home to more than 375,000 residents. Data gathered from the 2010-2014 U.S. Census American Community Survey estimates show that male and female populations are split almost equally.

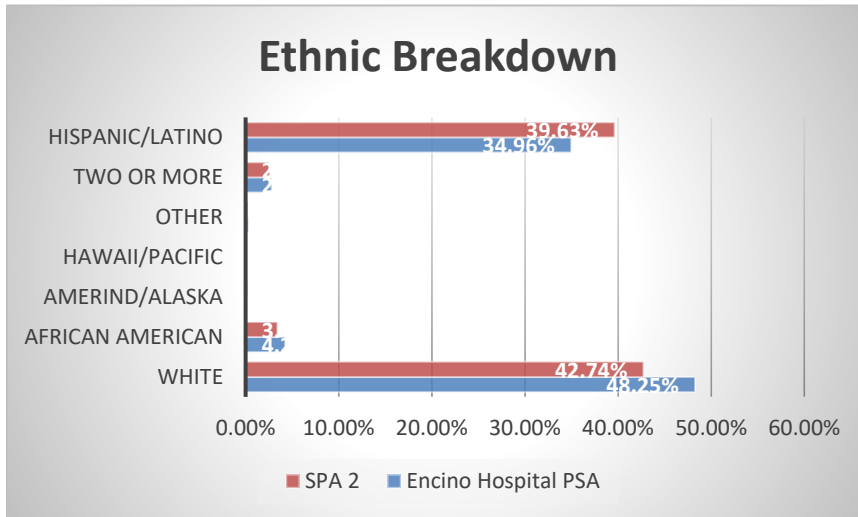
## Population



The EH PSA shows a slightly higher proportion of older residents (65+) than SPA 2 or Los Angeles County, and correspondingly lower proportions of younger residents under age 24.

Out of the total Encino Hospital PSA population (375,864), 13% are adults 65 year or older. About 4% (14,985) are older adults ages 80 plus.

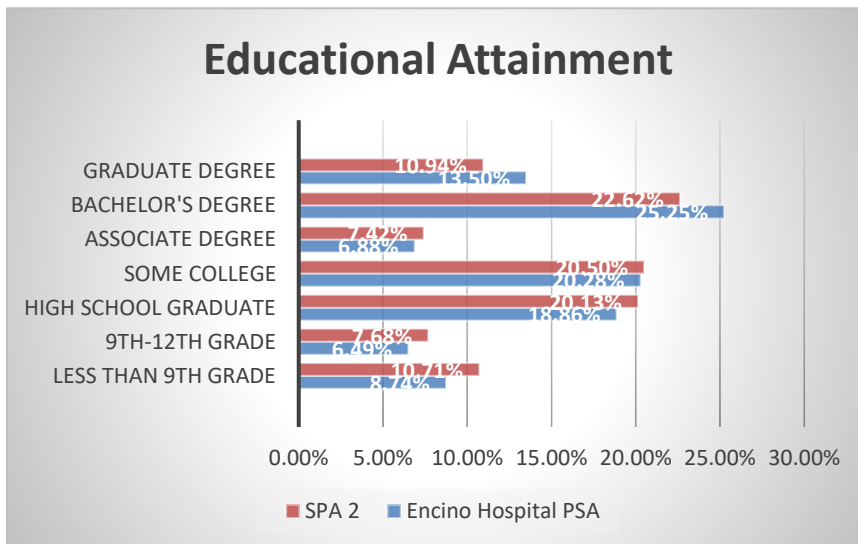
## Ethnicity



The ethnic composition of the Encino Hospital PSA is largely White (48%) followed by Hispanic/Latino (35%), African-American (4%) and Two or More Races (3%). All other groups represent less than one percent of all residents.

The mix of dominant ethnicities in SPA2 is slightly different, with Hispanic/Latino representing a larger proportion of the total population (40%), almost equal to the White component (42%).

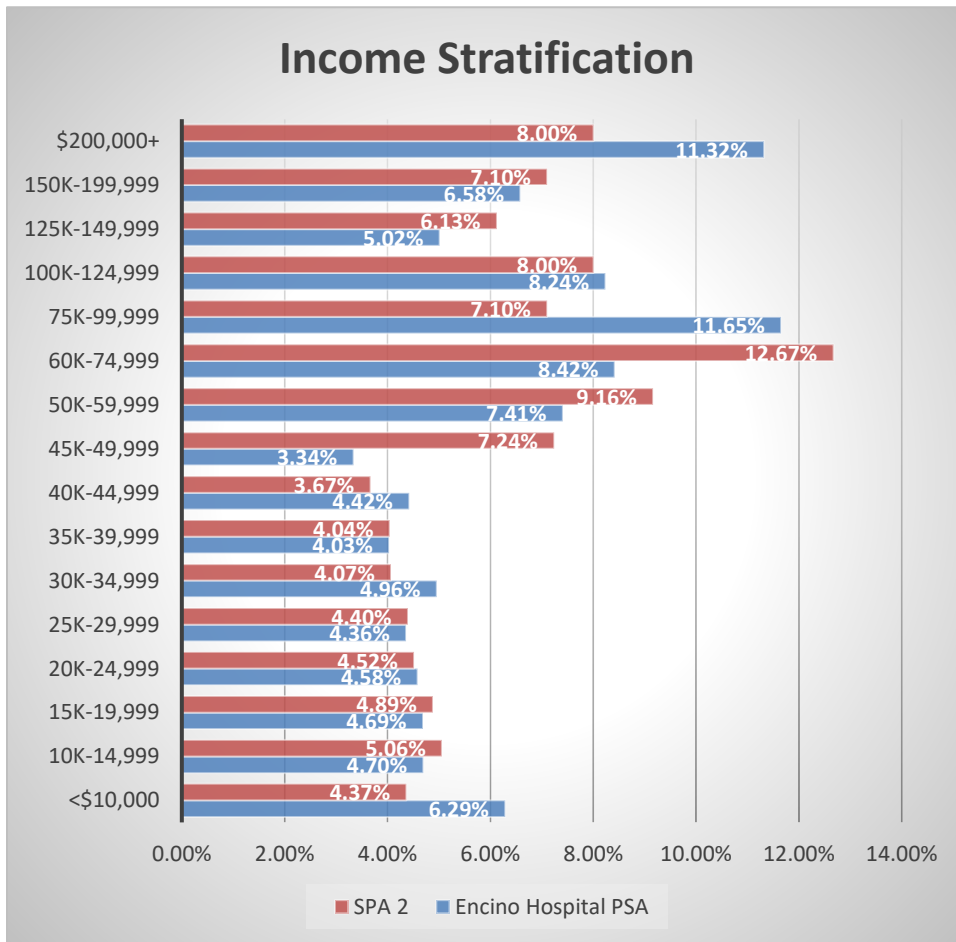
## Education Attainment



Education plays a very significant role in all aspects of life, including maintaining a healthy lifestyle. In the Encino Hospital PSA, the highest percentage of adults 25 years or older are those with a Bachelor's degree, and the PSA shows a slightly higher proportion of college graduates than SPA 2 as a whole.

Low literacy levels create barriers for gaining employment. Lack of employment and employer paid health insurance causes problems for accessing health care services. While this issue is being addressed to an extent by the provisions of the Affordable Care Act, the 2014 data do not address the change that has occurred in the past two years, so it is considered non-indicative of current conditions.

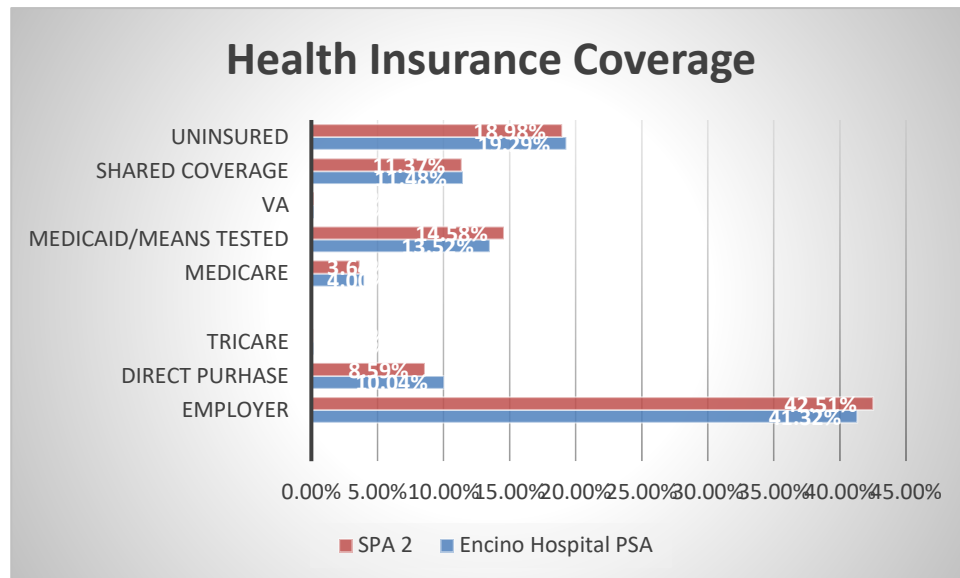
**Income Level**



Low income levels create obstacles to gaining access to medical services, purchasing healthy foods, and other necessities. As indicated, just over 6% of Encino Hospital service area service area earns less than \$10,000 compared with slightly more than 4% of the residents in SPA 2. Also, however, some of the highest income groups are better represented in the EH PSA than in SPA 2.



## Health Insurance



Employer-paid insurance coverage is the dominant form of insurance in both the EH PSA and SPA2. Out of the total PSA population approximately 41% of people have employer-paid coverage, with another 10% purchasing their coverage directly. The percentages are shifted slightly in SPA2, with 42% in employer plans and 9% buying direct. Medicaid and Medicare use is nearly identical, with MediCal at 14% in the PSA and 15% in SPA2. Medicare rates are within a percentage point at 4% for each area. The uninsured population is also very similar, with 19% of residents reporting no coverage. These figures should be expected to change when more recent data is reported, as there is an active program to enroll as many people as possible in some sort of coverage.

Although no specific data has been released for 2015 or 2016, it has been reported in various news articles that roughly one-third of all Californians are now MediCal enrollees. This is nearly two and one-half times the numbers reported for 2014. If the percentage holds true for the PSA and SPA 2, the number of uninsured residents should decline substantially.

## Crime Statistics

The crime data presented here provides Compstat data, drawn from the database that the Los Angeles Police Department (**LAPD**) uses to track crime statistics. New reports are filed monthly for each division of LAPD, and are available for public viewing at [www.lapdonline.org/assets/pdf/vnyprof.pdf](http://www.lapdonline.org/assets/pdf/vnyprof.pdf). The chart shown is as seen on the website as of October 15, 2016. It includes comparative data for the full year 2014, and stub period comparisons between 2015 and the same period of 2015. EH's PSA overlaps two LAPD Divisions:

- Van Nuys, extending from roughly the 170 (Hollywood) Freeway on the east to the 405 Freeway on the west, and
- West Valley, extending from the 405 over to Corbin Avenue on the west.

The LAPD provides monthly updates to its Compstat listings, which itemize crimes by type and time period for each division. The charts for each of the two divisions are presented below, as of October 15, 2016. The most useful columns are the last three on the right,

showing statistics for years-to date for 2015 and 2016. Except for homicides, violent crimes and all property crimes have risen over the past year.





# COMPSTAT

## Van Nuys Area Profile

### 09/18/16 - 10/15/16



	<b>AREA</b> <b>COMMANDING OFFICER:</b> Lillian L. Carranza <b>Rank:</b> CAPT-III <b>Date of Rank:</b> March 8, 2015 <b>Date Assigned Area:</b> March 8, 2015 <b>LAPD Appointment Date:</b> August 14, 1989		<b>PATROL DIVISION</b> <b>COMMANDING OFFICER:</b> Peter J. Casey <b>Rank:</b> CAPT-I <b>Date of Rank:</b> February 7, 2016 <b>Date Assigned Area:</b> March 7, 2016 <b>LAPD Appointment Date:</b> September 9, 1991
--	---	--	--

#### CRIME STATISTICS for week ending 10/15/16

VIOLENT CRIMES	09/18/16 TO 10/15/16	08/21/16 TO 09/17/16	% Change	08/21/16 TO 09/17/16	07/24/16 TO 08/20/16	% Change	YTD 2016	YTD 2015	% Change	YTD 2016	YTD 2014	% Change
HOMICIDE	1	0	N.C.*	0	0	N.C.*	5	7	-28.6%	5	6	-16.7%
RAPE (121,122)	1	5	-80.0%	5	1	400.0%	30	51	-41.2%	30	28	7.1%
RAPE(815,820,821)	1	3	-66.7%	3	3	0.0%	23	15	53.3%	23	17	35.3%
TOTAL RAPE	2	8	-75.0%	8	4	100.0%	53	66	-19.7%	53	45	17.8%
ROBBERY	23	20	15.0%	20	21	-4.8%	240	202	18.8%	240	164	46.3%
AGGRAVATED ASSAULTS	31	38	-18.4%	38	35	8.6%	411	414	-0.7%	411	266	54.5%
<b>TOTAL VIOLENT</b>	<b>57</b>	<b>66</b>	<b>-13.6%</b>	<b>66</b>	<b>60</b>	<b>10.0%</b>	<b>709</b>	<b>689</b>	<b>2.9%</b>	<b>709</b>	<b>481</b>	<b>47.4%</b>

PROPERTY CRIMES	09/18/16 TO 10/15/16	08/21/16 TO 09/17/16	% Change	08/21/16 TO 09/17/16	07/24/16 TO 08/20/16	% Change	YTD 2016	YTD 2015	% Change	YTD 2016	YTD 2014	% Change
BURGLARY	55	34	61.8%	34	54	-37.0%	548	590	-7.1%	548	501	9.4%
MOTOR VEHICLE THEFT	54	43	25.6%	43	45	-4.4%	487	587	-17.0%	487	363	34.2%
BTFV	120	127	-5.5%	127	125	1.6%	1230	1166	5.5%	1230	1028	19.6%
PERSONAL/OTHER THEFT	99	127	-22.0%	127	157	-19.1%	1342	1279	4.9%	1342	1243	8.0%
TOTAL PROPERTY	328	331	-0.9%	331	381	-13.1%	3607	3622	-0.4%	3607	3135	15.1%
<b>TOTAL PART I</b>	<b>385</b>	<b>397</b>	<b>-3.0%</b>	<b>397</b>	<b>441</b>	<b>-10.0%</b>	<b>4316</b>	<b>4311</b>	<b>0.1%</b>	<b>4316</b>	<b>3616</b>	<b>19.4%</b>

Child/Spousal Abuse (Part I & II)*	44	61	-27.9%	61	37	64.9%	552	614	-10.1%	552	561	-1.6%
SHOTS FIRED	2	3	-33.3%	3	4	-25.0%	38	50	-24.0%	38	30	26.7%
SHOOTING VICTIMS	0	1	-100.0%	1	0	N.C.*	10	14	-28.6%	10	9	11.1%

#### ARREST STATISTICS for week ending 10/15/16

ARRESTS	09/18/16 TO 10/15/16	08/21/16 TO 09/17/16	% Change	08/21/16 TO 09/17/16	07/24/16 TO 08/20/16	% Change	YTD 2016	YTD 2015	% Change	YTD 2016	YTD 2014	% Change
HOMICIDE	4	0	N.C.*	0	2	-100.0%	19	10	90.0%	19	12	58.3%
RAPE	1	3	-66.7%	3	2	50.0%	22	13	69.2%	22	3	633.3%
ROBBERY	4	7	-42.9%	7	6	16.7%	80	74	8.1%	80	56	42.9%
AGGRAVATED ASSAULT**	37	33	12.1%	33	32	3.1%	401	393	2.0%	401	362	10.8%
BURGLARY	7	10	-30.0%	10	6	66.7%	86	83	3.6%	86	129	-33.3%
LARCENY	29	41	-29.3%	41	41	0.0%	287	231	24.2%	287	394	-27.2%
MOTOR VEHICLE THEFT	6	13	-53.8%	13	15	-13.3%	81	74	9.5%	81	61	32.8%
TOTAL VIOLENT	46	43	7.0%	43	42	2.4%	522	490	6.5%	522	433	20.6%
TOTAL PART I	88	107	-17.8%	107	104	2.9%	976	878	11.2%	976	1017	-4.0%
<b>TOTAL ALL ARRESTS</b>	<b>526</b>	<b>559</b>	<b>-5.9%</b>	<b>559</b>	<b>532</b>	<b>5.1%</b>	<b>5511</b>	<b>5300</b>	<b>4.0%</b>	<b>5511</b>	<b>5972</b>	<b>-7.7%</b>



\*Part II Child/Spousal Abuse Simple Assaults not included in Part I Aggravated Assaults above to comply with the FBI's Uniform Crime Reporting guidelines.  
 \*\*Statistics include domestic violence. N.C. - Not Calculable

Statistics are based on the date the crime or arrest occurred.



## COMPSTAT West Valley Area Profile 09/18/16 - 10/15/16



	<b>AREA COMMANDING OFFICER:</b> Rafael Ramirez <b>Rank:</b> CAPT-III <b>Date of Rank:</b> December 27, 2015 <b>Date Assigned Area:</b> December 27, 2015 <b>LAPD Appointment Date:</b> February 26, 1990		<b>PATROL DIVISION COMMANDING OFFICER:</b> Natalie E. Cortez <b>Rank:</b> CAPT-I <b>Date of Rank:</b> July 10, 2018 <b>Date Assigned Area:</b> July 10, 2018 <b>LAPD Appointment Date:</b> November 29, 1993
---	--	---	--

### CRIME STATISTICS for week ending 10/15/16

VIOLENT CRIMES	09/18/16 TO 10/15/16	08/21/16 TO 09/17/16	% Change	08/21/16 TO 09/17/16	07/24/16 TO 08/20/16	% Change	YTD 2016	YTD 2015	% Change	YTD 2016	YTD 2014	% Change
HOMICIDE	0	1	-100.0%	1	0	N.C.*	2	4	-50.0%	2	4	-50.0%
RAPE (121,122)	7	4	75.0%	4	3	33.3%	36	25	44.0%	36	30	20.0%
RAPE(815,820,821)	1	0	N.C.*	0	1	-100.0%	12	10	20.0%	12	6	100.0%
<b>TOTAL RAPE</b>	<b>8</b>	<b>4</b>	<b>100.0%</b>	<b>4</b>	<b>4</b>	<b>0.0%</b>	<b>48</b>	<b>35</b>	<b>37.1%</b>	<b>48</b>	<b>36</b>	<b>33.3%</b>
ROBBERY	16	27	-40.7%	27	22	22.7%	228	157	45.2%	228	156	46.2%
AGGRAVATED ASSAULTS	28	28	0.0%	28	25	12.0%	339	304	11.5%	339	298	13.8%
<b>TOTAL VIOLENT</b>	<b>52</b>	<b>60</b>	<b>-13.3%</b>	<b>60</b>	<b>51</b>	<b>17.6%</b>	<b>617</b>	<b>500</b>	<b>23.4%</b>	<b>617</b>	<b>494</b>	<b>24.9%</b>

PROPERTY CRIMES	09/18/16 TO 10/15/16	08/21/16 TO 09/17/16	% Change	08/21/16 TO 09/17/16	07/24/16 TO 08/20/16	% Change	YTD 2016	YTD 2015	% Change	YTD 2016	YTD 2014	% Change
BURGLARY	80	68	17.6%	68	93	-26.9%	837	791	5.8%	837	662	26.4%
MOTOR VEHICLE THEFT	47	60	-21.7%	60	56	7.1%	490	432	13.4%	490	369	32.8%
BTFV	117	147	-20.4%	147	114	28.9%	1236	957	29.2%	1236	790	56.5%
PERSONAL /OTHER THEFT	77	84	-8.3%	84	81	3.7%	932	911	2.3%	932	887	5.1%
<b>TOTAL PROPERTY</b>	<b>321</b>	<b>359</b>	<b>-10.6%</b>	<b>359</b>	<b>344</b>	<b>4.4%</b>	<b>3495</b>	<b>3091</b>	<b>13.1%</b>	<b>3495</b>	<b>2708</b>	<b>29.1%</b>
<b>TOTAL PART I</b>	<b>373</b>	<b>419</b>	<b>-11.0%</b>	<b>419</b>	<b>395</b>	<b>6.1%</b>	<b>4112</b>	<b>3591</b>	<b>14.5%</b>	<b>4112</b>	<b>3202</b>	<b>28.4%</b>

Child/Spousal Abuse (Part I & II)*	58	43	34.9%	43	37	16.2%	453	448	1.1%	453	447	1.3%
SHOTS FIRED	2	4	-50.0%	4	3	33.3%	22	32	-31.3%	22	25	-12.0%
SHOOTING VICTIMS	1	2	-50.0%	2	0	N.C.*	8	11	-27.3%	8	15	-46.7%

### ARREST STATISTICS for week ending 10/15/16

ARRESTS	09/18/16 TO 10/15/16	08/21/16 TO 09/17/16	% Change	08/21/16 TO 09/17/16	07/24/16 TO 08/20/16	% Change	YTD 2016	YTD 2015	% Change	YTD 2016	YTD 2014	% Change
HOMICIDE	0	0	N.C.*	0	0	N.C.*	3	4	-25.0%	3	1	200.0%
RAPE	1	1	0.0%	1	1	0.0%	10	9	11.1%	10	7	42.9%
ROBBERY	10	9	11.1%	9	3	200.0%	76	38	100.0%	76	51	49.0%
AGGRAVATED ASSAULT**	24	28	-14.3%	28	21	33.3%	253	199	27.1%	253	264	-4.2%
BURGLARY	8	4	100.0%	4	8	-50.0%	66	52	26.9%	66	76	-13.2%
LARCENY	17	30	-43.3%	30	18	66.7%	173	107	61.7%	173	104	66.3%
MOTOR VEHICLE THEFT	13	8	62.5%	8	9	-11.1%	99	92	7.6%	99	55	80.0%
<b>TOTAL VIOLENT</b>	<b>35</b>	<b>38</b>	<b>-7.9%</b>	<b>38</b>	<b>25</b>	<b>52.0%</b>	<b>342</b>	<b>250</b>	<b>36.8%</b>	<b>342</b>	<b>323</b>	<b>5.9%</b>
<b>TOTAL PART I</b>	<b>73</b>	<b>80</b>	<b>-8.8%</b>	<b>80</b>	<b>60</b>	<b>33.3%</b>	<b>680</b>	<b>501</b>	<b>35.7%</b>	<b>680</b>	<b>558</b>	<b>21.9%</b>
<b>TOTAL ALL ARRESTS</b>	<b>260</b>	<b>319</b>	<b>-18.5%</b>	<b>319</b>	<b>347</b>	<b>-8.1%</b>	<b>2947</b>	<b>2866</b>	<b>2.8%</b>	<b>2947</b>	<b>3474</b>	<b>-15.2%</b>

\*Part II Child/Spousal Abuse Simple Assaults not included in Part I Aggravated Assaults above to comply with the FBI's Uniform Crime Reporting guidelines.  
 \*\*Statistics include domestic violence. N.C. - Not Calculable

Statistics are based on the date the crime or arrest occurred.

## HEALTH STATUS IN SERVICE PLANNING AREA AND COMPARISON AREAS

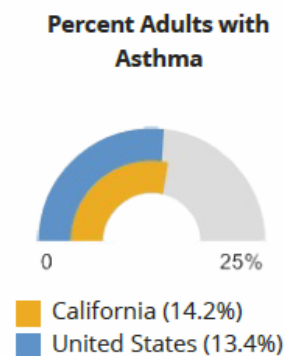
Measuring the morbidity and mortality of the hospital service area will help to bridge the gaps in services, assessing the linkage between the social determinants of health and available assets in the community to improve the health outcome of the residents to whom the hospital provides services. In this section of the report, the health status of the communities will be discussed and the prevalence of major health issues will be presented. The most current data available is reported by Community Commons, but it is only available at larger area levels, to preserve response anonymity. The data is presented as provided by Community Commons.

### Asthma

#### ***Asthma Prevalence***

This indicator reports the percentage of adults aged 18 and older who self-report that they have ever been told by a doctor, nurse, or other health professional that they had asthma. This indicator is relevant because asthma is a prevalent problem in the U.S. that is often exacerbated by poor environmental conditions.

Report Area	Survey Population (Adults Age 18 )	Total Adults with Asthma	Percent Adults with Asthma
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed
Los Angeles County, CA	6,424,385	742,635	11.6%
Ventura County, CA	562,065	70,704	12.6%
California	28,274,454	4,019,037	14.2%
United States	237,197,465	31,697,608	13.4%



*Note: This indicator is compared with the state average.*

*Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Additional data analysis by [CARES](#). 2011-12. Source geography: County*



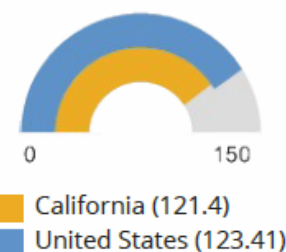
## Cancers

### Breast Cancer Incidence

This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of females with breast cancer adjusted to 2000 U.S. standard population age groups (Under Age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

Report Area	Estimated Total Population (Female)	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	526,356	6,111	116.1
Ventura County, CA	46,054	607	131.8
California	2,030,971	24,656	121.4
United States	18,056,679	222,845	123.41

**Annual Breast Cancer Incidence Rate (Per 100,000 Pop.)**

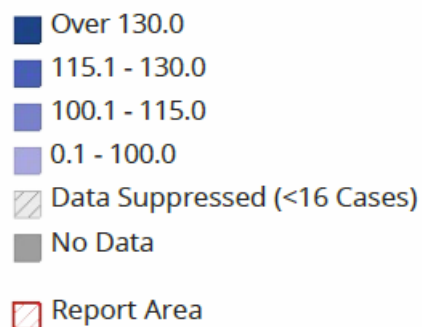


Note: This indicator is compared with the state average.

Data Source: [State Cancer Profiles](#), 2009-13. Source geography: County

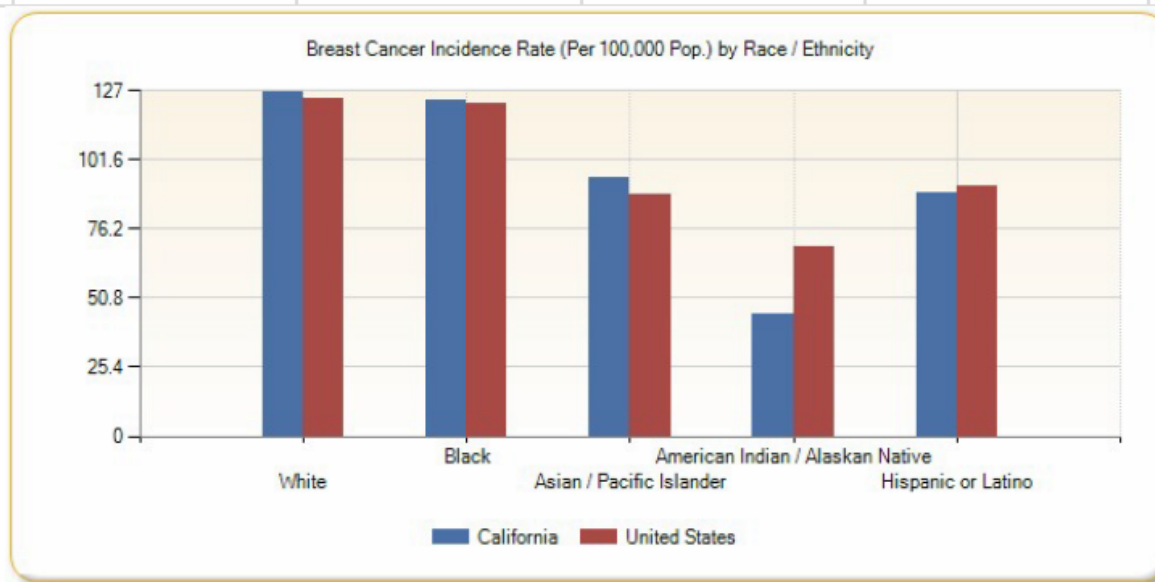


**Breast Cancer, Incidence Rate (Per 100,000 Pop.) by County, State Cancer Profiles 2009-13**



**Breast Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity**

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data
Los Angeles County, CA	119.1	127.7	98.6	17.9	82.9
Ventura County, CA	136.3	106.5	96.2	no data	93.3
California	126.3	123.2	95.1	45.1	89.3
United States	124.3	122.3	88.8	69.3	91.9



Source: Community Commons, reported by Valley Community Care Consortium

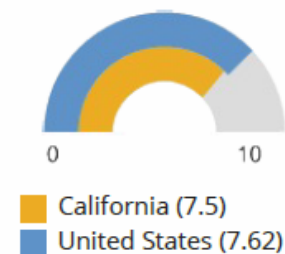


### Cervical Cancer Incidence

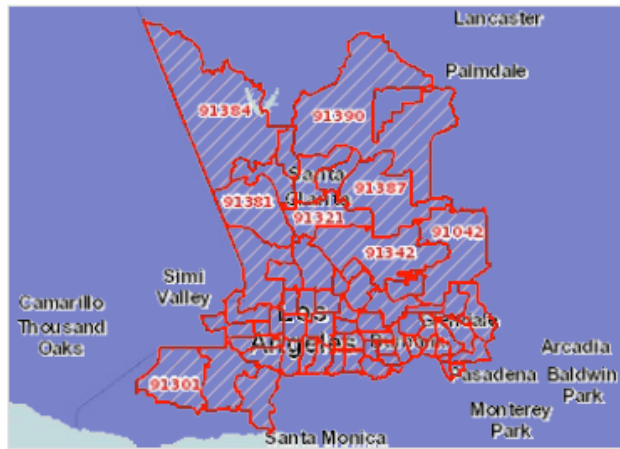
This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of females with cervical cancer adjusted to 2000 U.S. standard population age groups (Under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

Report Area	Estimated Total Population (Female)	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	513,095	431	<b>8.4</b>
Ventura County, CA	41,176	28	<b>6.8</b>
California	1,914,666	1,436	7.5
United States	16,137,921	12,299	7.62
<a href="#">HP 2020 Target</a>			<b>&lt;= 7.1</b>

**Annual Cervical Cancer Incidence Rate (Per 100,000 Pop.)**



Note: This indicator is compared with the state average.  
 Data Source: [State Cancer Profiles](#), 2009-13. Source geography: County



**Cervical Cancer, Incidence Rate (Per 100,000 Pop.) by County, State Cancer Profiles 2009-13**



**Cervical Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity**

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data
Los Angeles County, CA	8.7	8.8	7.2	no data	10
Ventura County, CA	7.3	no data	no data	no data	9.3
California	7.7	7.6	6.5	4.3	9.3
United States	7.3	9.5	6.2	6.8	9.8

Source: Community Commons, reported by Valley Community Care Consortium



### Colon And Rectal Cancers

This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of colon and rectum cancer adjusted to 2000 U.S. standard population age groups (Under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

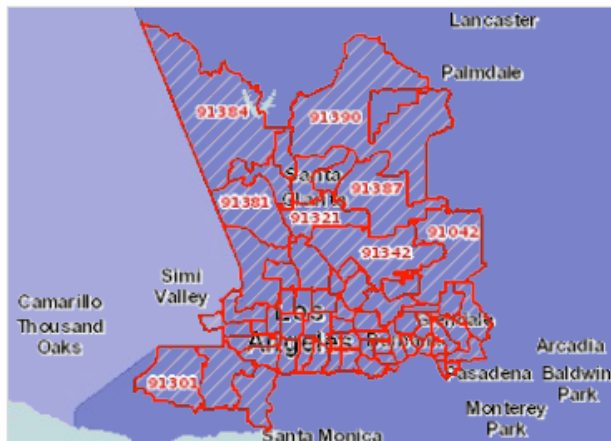
Report Area	Estimated Total Population	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	962,182	3,791	<b>39.4</b>
Ventura County, CA	85,792	314	<b>36.6</b>
California	3,774,934	14,458	38.3
United States	33,989,067	137,973	40.59
<a href="#">HP 2020 Target</a>			<b>&lt;= 38.7</b>

**Annual Colon and Rectum Cancer Incidence Rate (Per 100,000 Pop.)**



California (38.3)  
United States (40.59)

Note: This indicator is compared with the state average.  
Data Source: [State Cancer Profiles](#), 2009-13. Source geography: County

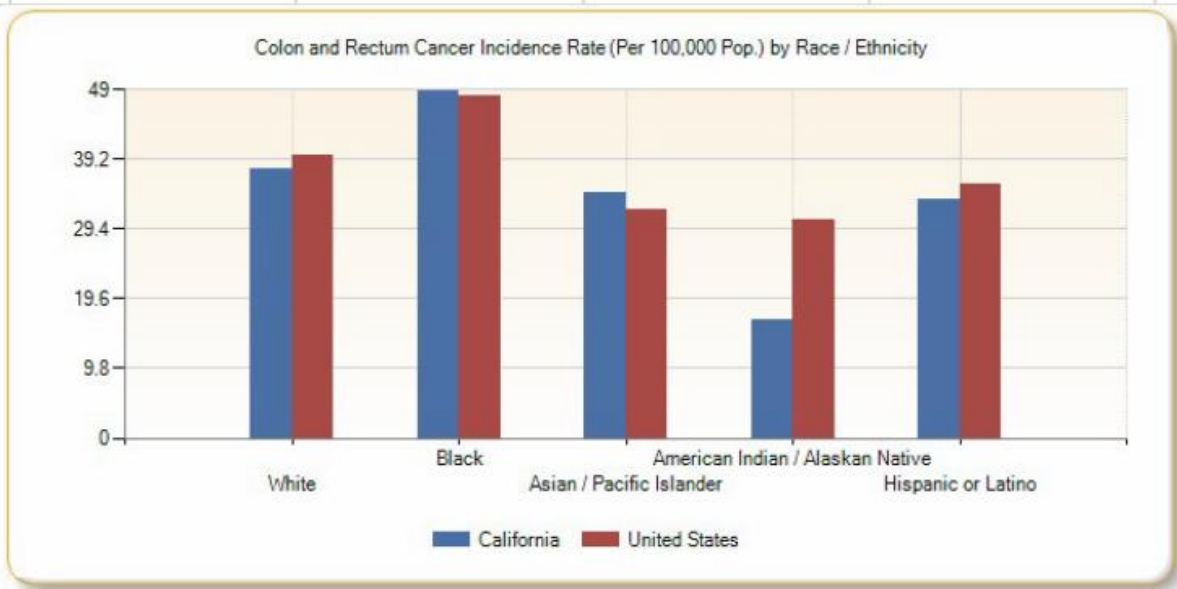


**Colo-Rectal Cancer, Incidence Rate (Per 100,000 Pop.) by County, State Cancer Profiles 2009-13**

- Over 50.0
- 44.1 - 50.0
- 38.1 - 44.0
- 0.1 - 38.0
- Data Suppressed (<16 Cases)
- No Data
- Report Area

**Colon and Rectum Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity**

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data
Los Angeles County, CA	38	50.8	37.9	6.7	32.7
Ventura County, CA	37	41.3	28.6	no data	30.9
California	37.8	48.7	34.6	16.7	33.6
United States	39.7	48.1	32.2	30.6	35.6

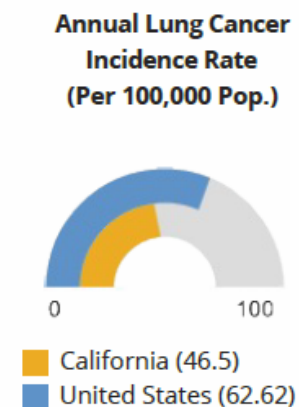


Source: Community Commons, reported by Valley Community Care Consortium

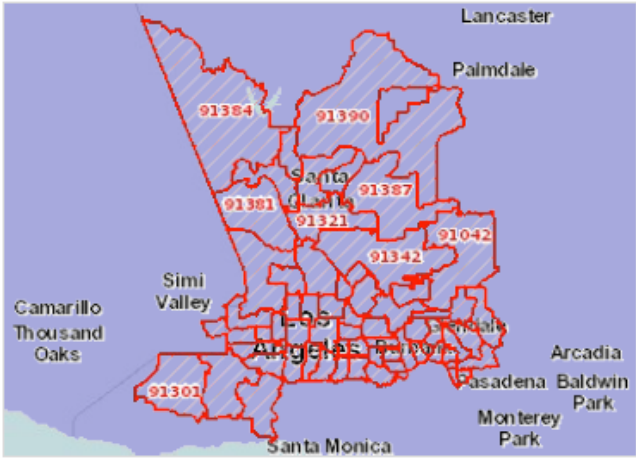
**Lung Cancer Incidence**

This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of colon and rectum cancer adjusted to 2000 U.S. standard population age groups (Under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

Report Area	Estimated Total Population	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	927,568	3,701	<b>39.9</b>
Ventura County, CA	82,891	344	<b>41.5</b>
California	3,672,043	17,075	46.5
United States	33,999,704	212,905	62.62



*Note: This indicator is compared with the state average.  
Data Source: [State Cancer Profiles](#), 2009-13. Source geography: County*

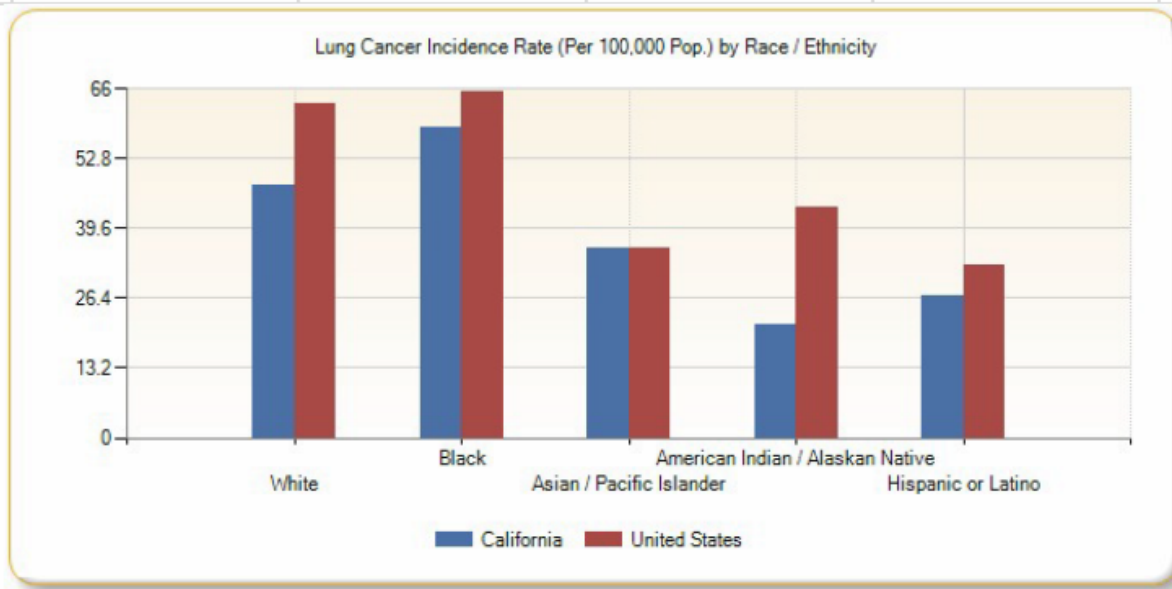


### Lung Cancer, Incidence Rate (Per 100,000 Pop.) by County, State Cancer Profiles 2009-13

- Over 84.0
- 72.1 - 84.0
- 60.1 - 72.0
- 0.1 - 60.0
- Data Suppressed (<16 Cases)
- No Data
- Report Area

**Lung Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity**

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data
Los Angeles County, CA	39.3	56.3	33.8	6.6	22.5
Ventura County, CA	42.8	47.5	29.1	no data	25.4
California	47.6	58.8	35.8	21.4	26.7
United States	63.2	65.4	35.9	43.6	32.6



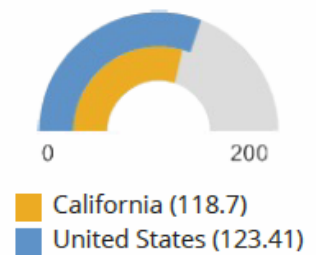
Source: Community Commons, reported by Valley Community Care Consortium

### Prostate Cancer Incidence

This indicator reports the age adjusted incidence rate (cases per 100,000 population per year) of males with prostate cancer adjusted to 2000 U.S. standard population age groups (Under age 1, 1-4, 5-9, ..., 80-84, 85 and older). This indicator is relevant because cancer is a leading cause of death and it is important to identify cancers separately to better target interventions.

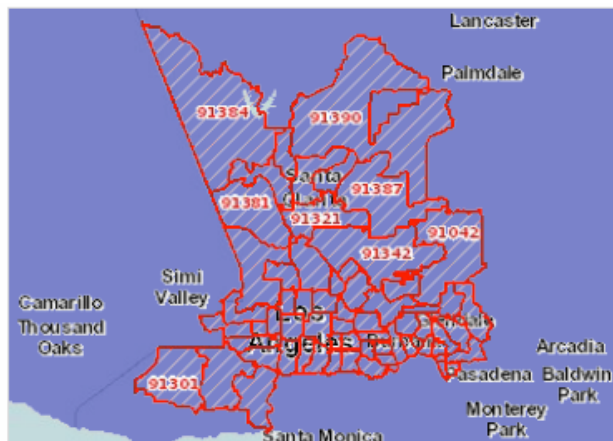
Report Area	Estimated Total Population (Male)	New Cases (Annual Average)	Cancer Incidence Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	438,137	4,986	113.8
Ventura County, CA	40,893	476	116.4
California	1,780,286	21,132	118.7
United States	16,301,685	201,179	123.41

Annual Prostate Cancer Incidence Rate (Per 100,000 Pop.)



Note: This indicator is compared with the state average.

Data Source: [State Cancer Profiles](#). 2009-13. Source geography: County

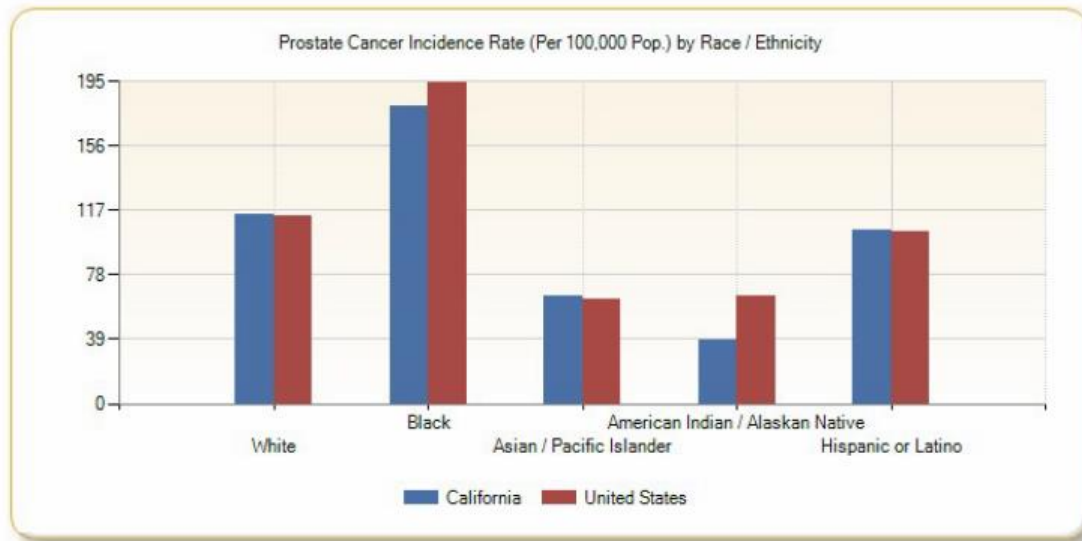


Prostate Cancer, Incidence Rate (Per 100,000 Pop.) by County, State Cancer Profiles 2009-13

- Over 150.0
- 130.1 - 150.0
- 110.1 - 130.0
- 0.1 - 110.0
- Data Suppressed (<16 Cases)
- No Data
- Report Area

**Prostate Cancer Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity**

Report Area	White	Black	Asian / Pacific Islander	American Indian / Alaskan Native	Hispanic or Latino
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data
Los Angeles County, CA	104.7	180.2	59	18.4	100.3
Ventura County, CA	110.4	182.4	68.6	no data	100.4
California	114.3	179.9	65.3	38.1	104.5
United States	113.1	194.3	63.1	65.5	104.3



Source: Community Commons, reported by Valley Community Care Consortium  
 ENCINO HOSPITAL COMMUNITY HEALTH NEEDS ASSESSMENT 2016

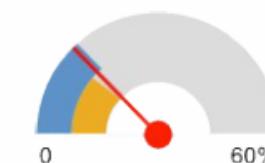


### Depression (Medicare Population)

This is one area in which the local areas report higher incidences than California as a whole, although the incidence is still lower than the average for the U.S. overall.

Report Area	Total Medicare Beneficiaries	Beneficiaries with Depression	Percent with Depression
San Fernando Valley, Service Planning Are 2	114,070	17,439	15.29%
Los Angeles County, CA	529,583	80,976	15.3%
Ventura County, CA	81,912	11,609	14.2%
California	2,759,046	382,876	13.9%
United States	34,096,898	5,537,063	16.2%

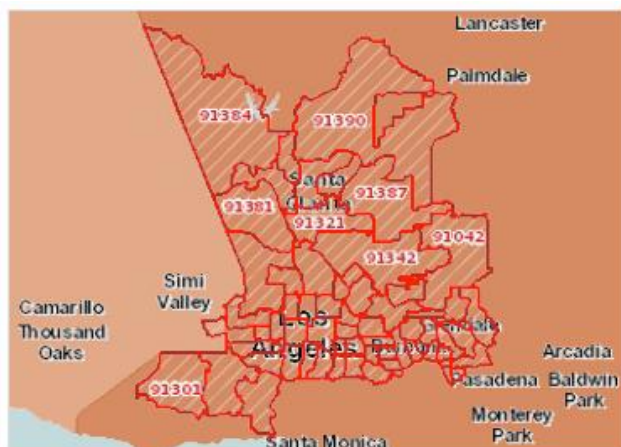
Percentage of Medicare Beneficiaries with Depression



- San Fernando Valley, Service Planning Are 2 (15.29%)
- California (13.9%)
- United States (16.2%)

Note: This indicator is compared with the state average.

Data Source: [Centers for Medicare and Medicaid Services](#). 2014. Source geography: County



Beneficiaries with Depression, Percent by County, CMS 2014

- Over 18.0%
- 15.1 - 18.0%
- 12.1 - 15.0%
- Under 12.1%
- No Data or Data Suppressed
- Report Area

Source: Community Commons, reported by Valley Community Care Consortium



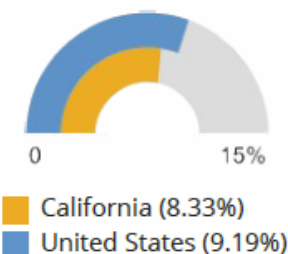
## Diabetes

### **Diabetes – Population 20 and older**

This indicator reports the percentage of adults aged 20 and older who have ever been told by a doctor that they have diabetes. This indicator is relevant because diabetes is a prevalent problem in the U.S.; it may indicate an unhealthy lifestyle and puts individuals at risk for further health issues. While no specific data for SPA 2 is provided, the overall incidence of diabetes reported for all of Los Angeles County slightly exceeds rates for California as a whole, while remaining below the average for the U.S.

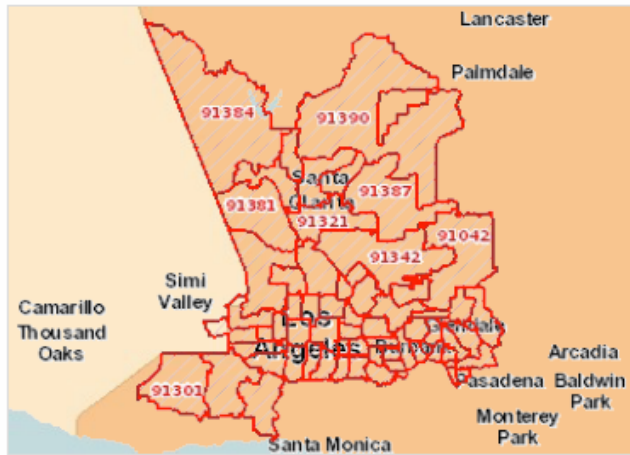
Report Area	Total Population Age 20	Population with Diagnosed Diabetes	Population with Diagnosed Diabetes, Crude Rate	Population with Diagnosed Diabetes, Age-Adjusted Rate
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data
Los Angeles County, CA	7,458,374	678,712	9.1	<b>9%</b>
Ventura County, CA	613,171	46,601	7.6	<b>7%</b>
California	28,210,468	2,440,812	8.65	8.33%
United States	236,919,508	23,685,417	10	9.19%

**Percent Adults with Diagnosed Diabetes (Age-Adjusted)**

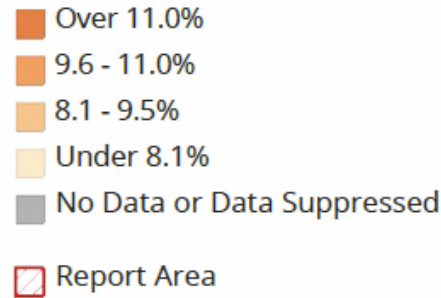


*Note: This indicator is compared with the state average.*

*Data Source: Centers for Disease Control and Prevention, [National Center for Chronic Disease Prevention and Health Promotion](#). 2013. Source geography: County*

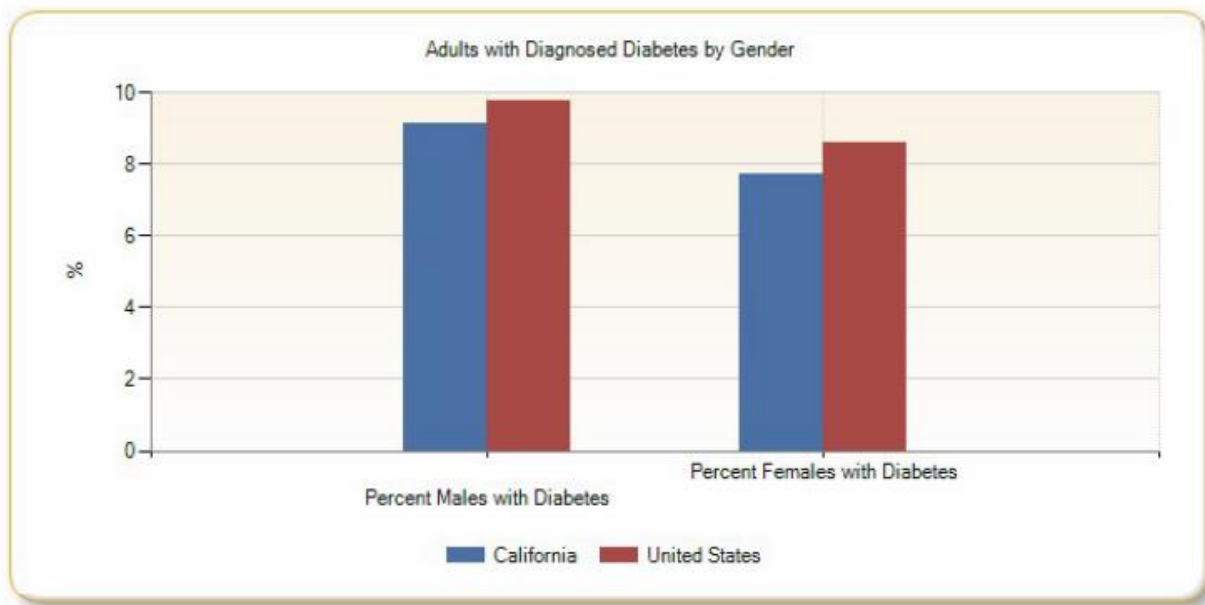


**Diabetes Prevalence, Percent of Adults Age 20 by County, CDC NCCDPHP 2013**



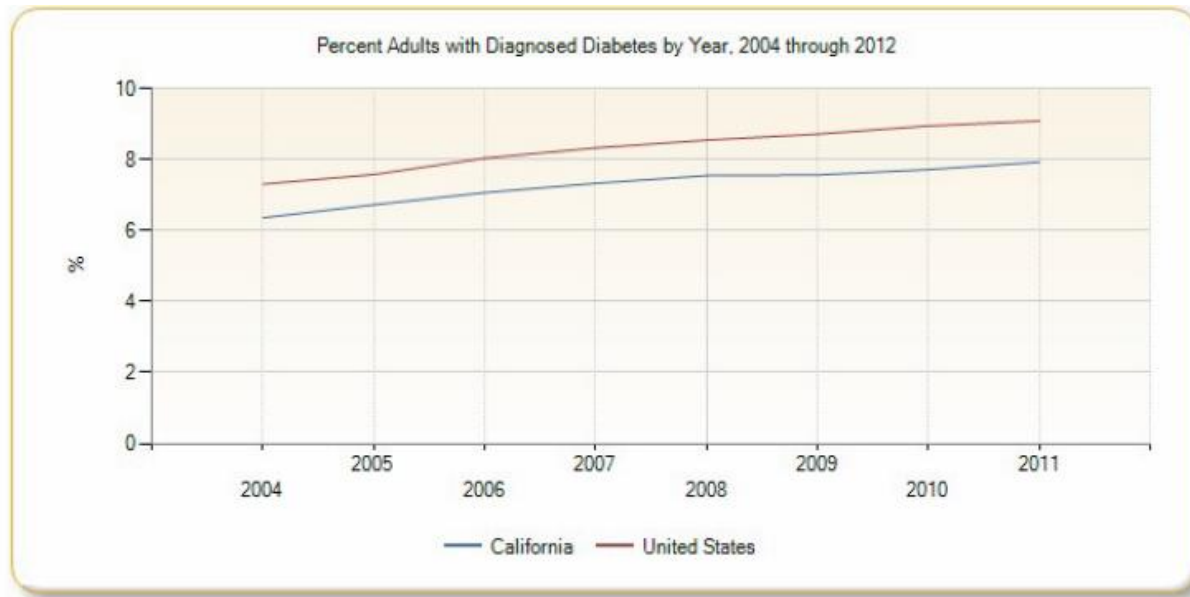
**Adults with Diagnosed Diabetes by Gender**

Report Area	Total Males with Diabetes	Percent Males with Diabetes	Total Females with Diabetes	Percent Females with Diabetes
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data
Los Angeles County, CA	343,792	9.8%	334,919	8.4%
Ventura County, CA	24,737	7.8%	21,864	6.3%
California	1,265,272	9.11%	1,175,529	7.7%
United States	11,735,558	9.77%	11,518,723	8.6%



**Percent Adults with Diagnosed Diabetes by Year, 2004 through 2012**

Report Area	2004	2005	2006	2007	2008	2009	2010	2011
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data	no data	no data	no data
Los Angeles County, CA	6%	6.6%	7.3%	7.7%	7.9%	7.7%	7.8%	8.1%
Ventura County, CA	6.4%	7%	6.9%	7.1%	6.8%	6.8%	6.7%	6.6%
California	6.36%	6.73%	7.07%	7.33%	7.55%	7.57%	7.72%	7.93%
United States	7.31%	7.58%	8.04%	8.33%	8.55%	8.72%	8.95%	9.09%



Source: Community Commons, reported by Valley Community Care Consortium

### ***Diabetes – Medicare Population***

A separate analysis covers Medicare fee-for-service clients reporting a diabetes diagnosis. The following indicators address that population. Note that this disease category is more prevalent in SPA 2 and Los Angeles County than in either California or the U.S.

Report Area	Total Medicare Beneficiaries	Beneficiaries with Diabetes	Percent with Diabetes
San Fernando Valley, Service Planning Are 2	114,070	34,207	<b>29.99%</b>
Los Angeles County, CA	529,583	158,855	<b>30%</b>
Ventura County, CA	81,912	21,446	<b>26.18%</b>
California	2,759,046	707,119	25.63%
United States	34,096,898	9,110,725	26.72%

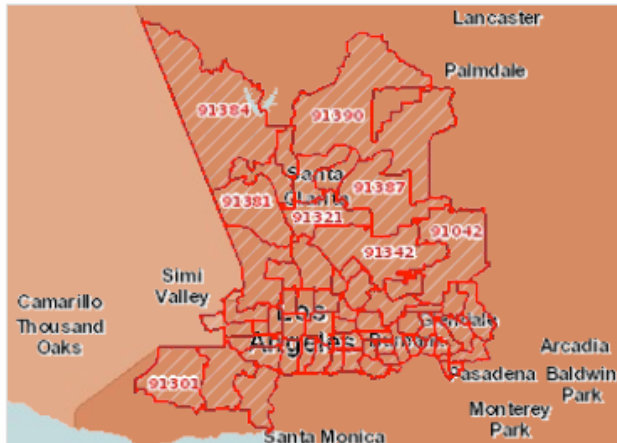
**Percentage of Medicare Beneficiaries with Diabetes**



- San Fernando Valley, Service Planning Are 2 (29.99%)
- California (25.63%)
- United States (26.72%)

Note: This indicator is compared with the state average.

Data Source: [Centers for Medicare and Medicaid Services](#). 2014. Source geography: County



**Beneficiaries with Diabetes, Percent by County, CMS 2014**

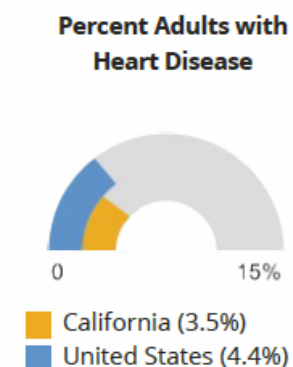
- Over 30.0%
- 27.1 - 30.0%
- 24.1 - 27.0%
- Under 24.1%
- No Data or Data Suppressed
- Report Area

Source: Community Commons, reported by Valley Community Care Consortium

## Heart Disease (Adult)

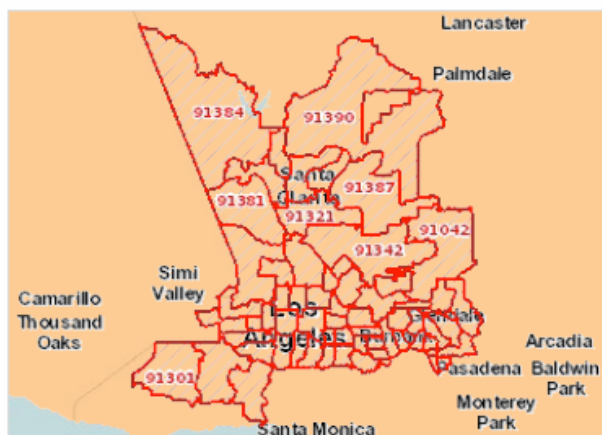
This indicator reports the percentage of adults aged 18 and older who have ever been told by a doctor that they have coronary heart disease or angina. This indicator is relevant because coronary heart disease is a leading cause of death in the U.S. and is also related to high blood pressure, high cholesterol, and heart attacks.

Report Area	Survey Population (Adults Age 18 )	Total Adults with Heart Disease	Percent Adults with Heart Disease
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	6,421,021	182,490	2.8%
Ventura County, CA	561,636	13,389	2.4%
California	28,256,677	974,929	3.5%
United States	236,406,904	10,407,185	4.4%



Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Additional data analysis by [CARES](#). 2011-12. Source geography: County

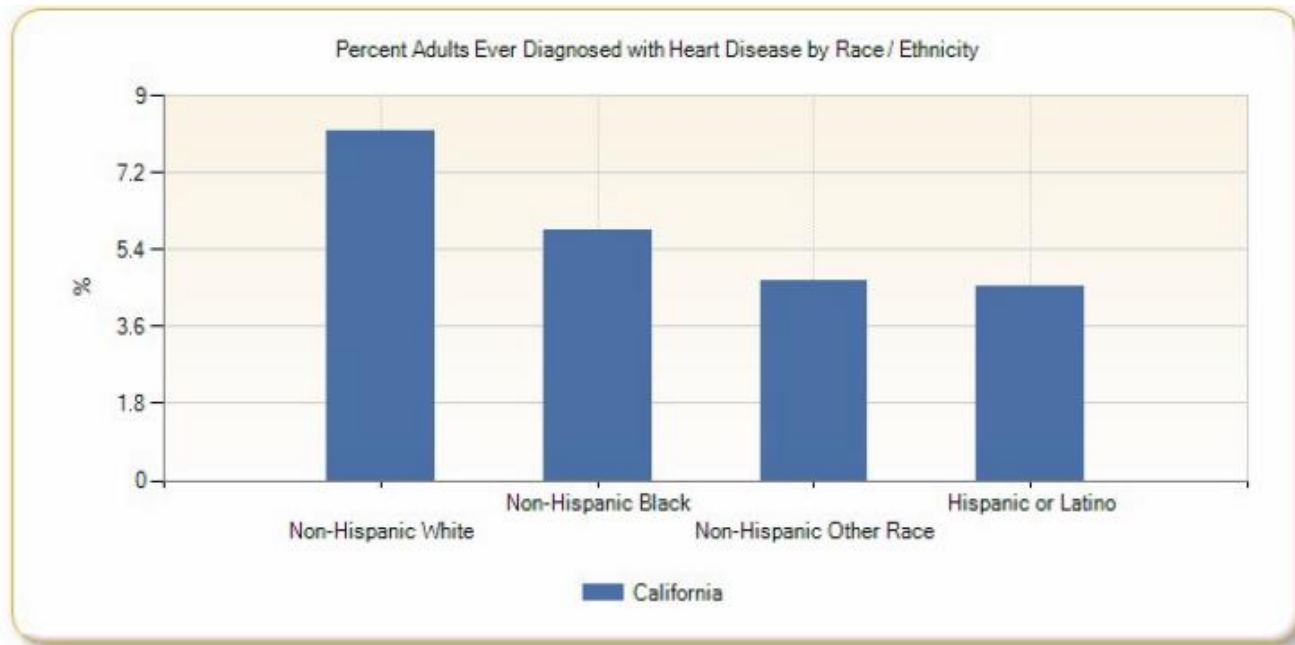


### Heart Disease (Diagnosed), Percentage of Adults Age 18 by County, BRFSS 2011-12



**Percent Adults Ever Diagnosed with Heart Disease by Race / Ethnicity**

Report Area	Non-Hispanic White	Non-Hispanic Black	Non-Hispanic Other Race	Hispanic or Latino
San Fernando Valley, Service Planning Are 2	no data	no data	no data	no data
Los Angeles County, CA	8.3%	6%	5%	3.9%
Ventura County, CA	9.6%	5.5%	5.7%	3.8%
California	8.16%	5.86%	4.68%	4.55%



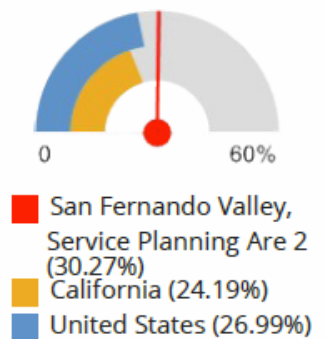
Source: Community Commons, reported by Valley Community Care Consortium

### Heart Disease (Medicare Population)

In contrast to the Adult population analyzed earlier, the SPA2 and Los Angeles County Medicare Fee-for-service populations report a higher percentage of ischemic heart disease when compared to California and the U.S.

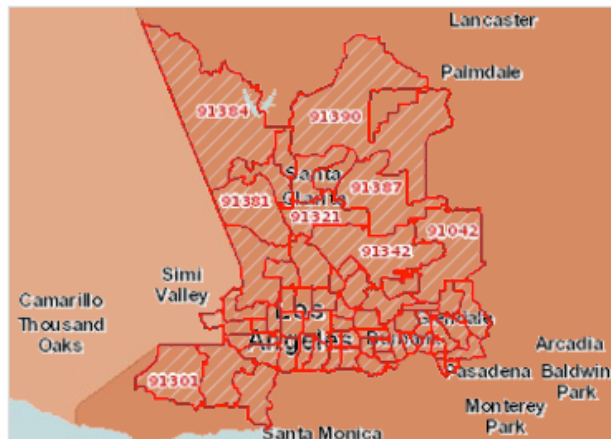
Report Area	Total Medicare Beneficiaries	Beneficiaries with Heart Disease	Percent with Heart Disease
San Fernando Valley, Service Planning Are 2	114,070	34,531	<b>30.27%</b>
Los Angeles County, CA	529,583	160,351	<b>30.28%</b>
Ventura County, CA	81,912	22,394	<b>27.34%</b>
California	2,759,046	667,383	24.19%
United States	34,096,898	9,202,548	26.99%

**Percentage of Medicare Beneficiaries with Heart Disease**



Note: This indicator is compared with the state average.

Data Source: [Centers for Medicare and Medicaid Services](#). 2014. Source geography: County



**Beneficiaries with Ischemic Heart Disease, Percent by County, CMS 2014**

- Over 32.0%
- 28.1 - 32.0%
- 24.1 - 28.0%
- Under 24.1%
- No Data or Data Suppressed
- Report Area



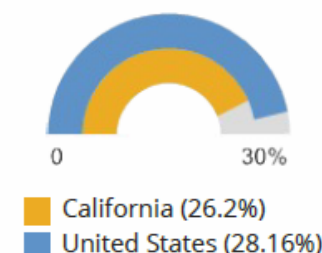
Source: Community Commons, reported by Valley Community Care Consortium

### High Blood Pressure (Adult)

While no data is available for SPA2, the incidence of high blood pressure in Los Angeles County is nearly the same as the California average, and lower than the rate for the entire U.S.

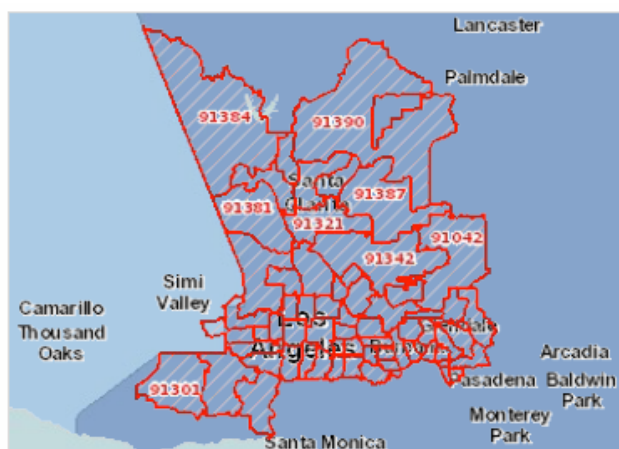
Report Area	Total Population (Age 18 )	Total Adults with High Blood Pressure	Percent Adults with High Blood Pressure
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	7,359,916	1,935,658	26.3%
Ventura County, CA	603,605	139,433	23.1%
California	27,665,678	7,248,408	26.2%
United States	232,556,016	65,476,522	28.16%

Percent Adults with High Blood Pressure



Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Additional data analysis by [CARES](#), 2006-12. Source geography: County



High Blood Pressure, Percent of Adults Age 18 by County, BRFSS 2006-12

- Over 35.0%
- 30.1 - 35.0%
- 25.1 - 30.0%
- Under 25.1%
- No Data or Data Suppressed
- Report Area

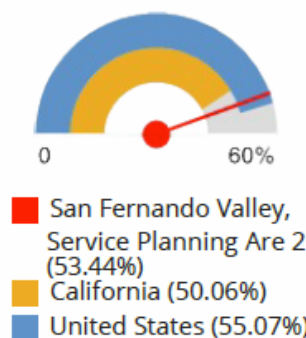
Source: Community Commons, reported by Valley Community Care Consortium

### High Blood Pressure (Medicare Population)

In contrast to the Adult population, the Medicare component of the population experienced greater incidence of high blood pressure than California, but still lower levels than across the U.S.

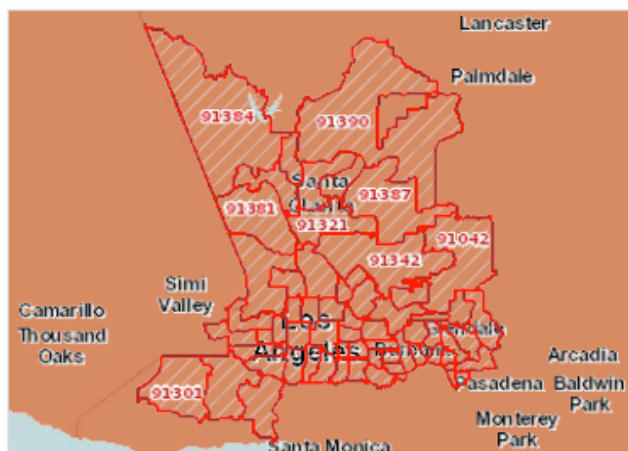
Report Area	Total Medicare Beneficiaries	Beneficiaries with High Blood Pressure	Percent with High Blood Pressure
San Fernando Valley, Service Planning Are 2	114,070	60,964	<b>53.44%</b>
Los Angeles County, CA	529,583	283,043	<b>53.45%</b>
Ventura County, CA	81,912	43,120	<b>52.64%</b>
California	2,759,046	1,381,156	50.06%
United States	34,096,898	18,775,968	55.07%

**Percentage of Medicare Beneficiaries with High Blood Pressure**



Note: This indicator is compared with the state average.

Data Source: [Centers for Medicare and Medicaid Services](#), 2014. Source geography: County



**Beneficiaries with High Blood Pressure, Percent by County, CMS 2014**

- Over 60.0%
- 52.1 - 60.0%
- 44.1 - 52.0%
- Under 44.1%
- No Data or Data Suppressed
- Report Area

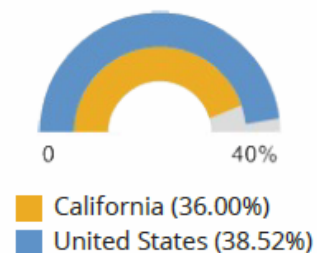
Source: Community Commons, reported by Valley Community Care Consortium

### High Cholesterol (Adult)

This indicator reports the percentage of adults aged 18 and older who self-report that they have ever been told by a doctor, nurse, or other health professional that they had high blood cholesterol.

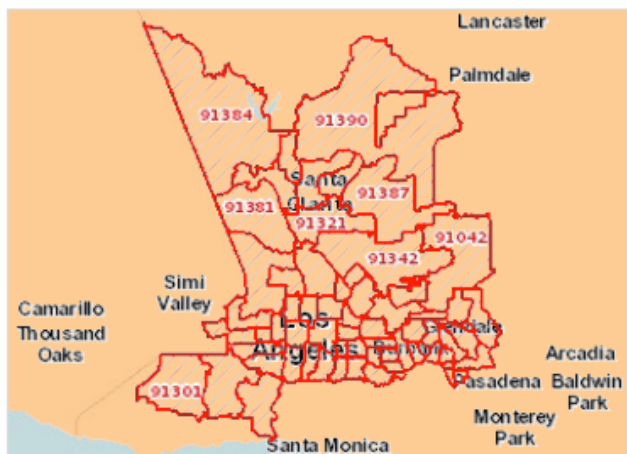
Report Area	Survey Population (Adults Age 18 )	Total Adults with High Cholesterol	Percent Adults with High Cholesterol
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	5,020,728	1,804,546	35.94%
Ventura County, CA	441,694	154,096	34.89%
California	21,543,499	7,755,976	36.00%
United States	180,861,326	69,662,357	38.52%

Percent Adults with High Cholesterol

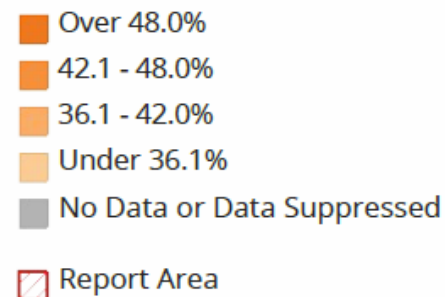


Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Additional data analysis by [CARES](#). 2011-12. Source geography: County



**High Cholesterol (Diagnosed), Percentage of Adults Age 18 by County, BRFSS 2011-12**



Source: Community Commons, reported by Valley Community Care Consortium

### High Cholesterol (Medicare Population)

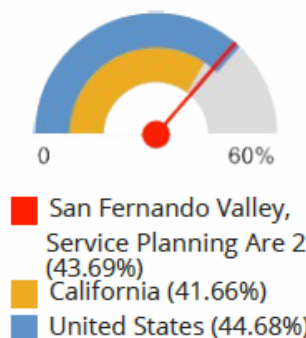
As is the case with High Blood Pressure, the Medicare population for SPA2 and Los Angeles County reports a higher incidence of the problem than the California average, although the rate is exceeded by the U.S. average.

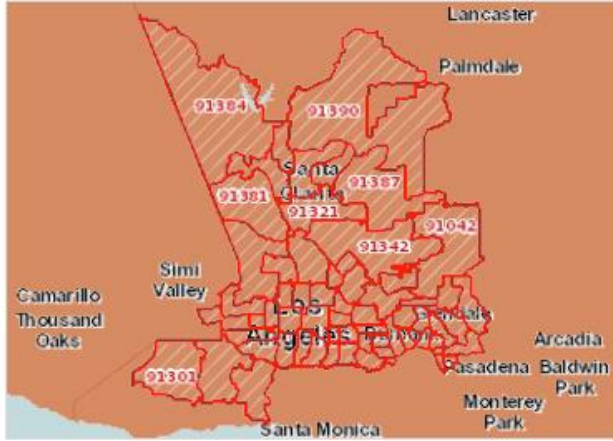
Report Area	Total Medicare Beneficiaries	Beneficiaries with High Cholesterol	Percent with High Cholesterol
San Fernando Valley, Service Planning Are 2	114,070	49,835	<b>43.69%</b>
Los Angeles County, CA	529,583	231,344	<b>43.68%</b>
Ventura County, CA	81,912	37,203	<b>45.42%</b>
California	2,759,046	1,149,294	41.66%
United States	34,096,898	15,234,051	44.68%

Note: This indicator is compared with the state average.

Data Source: [Centers for Medicare and Medicaid Services](#), 2014. Source geography: County

**Percentage of Medicare Beneficiaries with High Cholesterol**





**Beneficiaries with High Cholesterol, Percent by County, CMS 2014**

- Over 48.0%
- 42.1 - 48.0%
- 36.1 - 42.0%
- Under 36.1%
- No Data or Data Suppressed
- Report Area

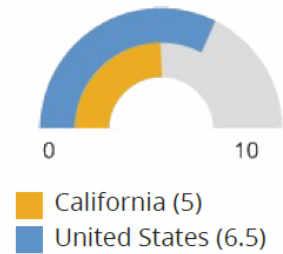
Source: Community Commons, reported by Valley Community Care Consortium

### Infant Mortality

Infant mortality rates are closely watched indicators of maternal health care adequacy. The U.S. Government’s Healthy People 2020 (HP2020) program has set a goal of no more than 6 deaths per thousand live births, which Los Angeles County and California already meet. The U.S. on average is a little higher, at 6.5 deaths per thousand. It should be noted that the data presented covers a time period from 2006 to 2010.

Report Area	Total Births	Total Infant Deaths	Infant Mortality Rate (Per 1,000 Births)
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	715,145	3,576	5
Ventura County, CA	58,720	305	5.2
California	2,705,510	13,528	5
United States	20,913,535	136,369	6.5
<u>HP 2020 Target</u>			<b>&lt;= 6.0</b>

**Infant Mortality Rate  
(Per 1,000 Births)**



Note: This indicator is compared with the state average.

Data Source: US Department of Health & Human Services, Health Resources and Services Administration, [Area Health Resource File](#), 2006-10. Source geography: County



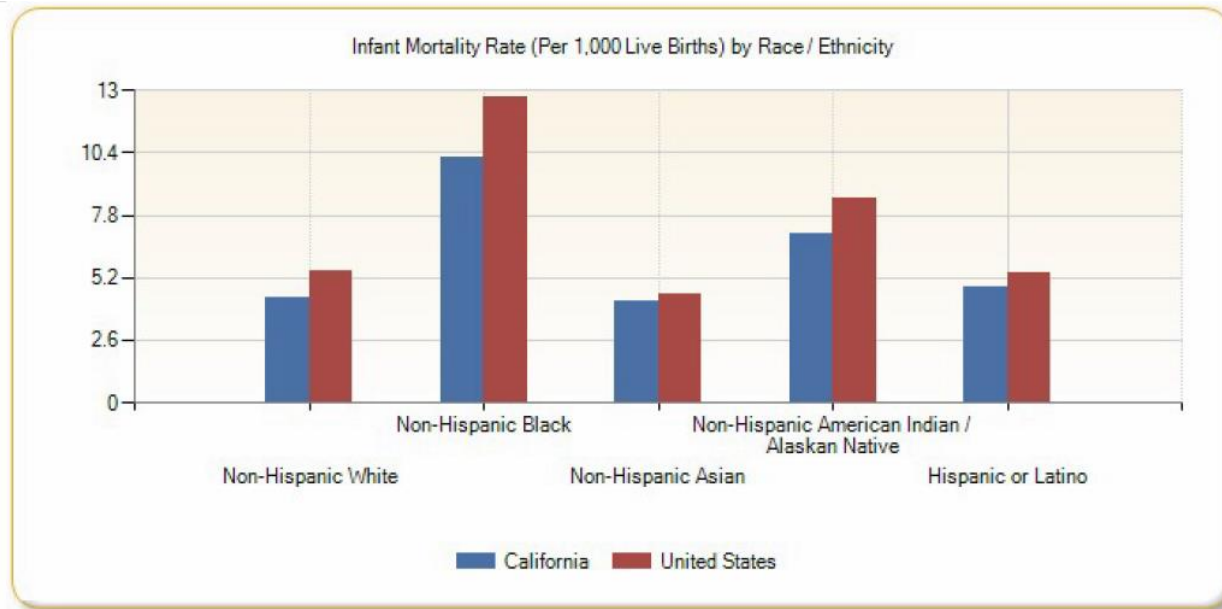
**Infant Mortality, Rate (Per 1,000 Live Births) by County, AHRF 2006-10**

- Over 10.0
- 8.1 - 10.0
- 5.1 - 8.0
- Under 5.1
- No Data or Data Suppressed
- Report Area

**Infant Mortality Rate (Per 1,000 Live Births) by Race / Ethnicity**

Report Area	Non-Hispanic White	Non-Hispanic Black	Non-Hispanic Asian	Non-Hispanic American Indian / Alaskan Native	Hispanic or Latino
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data
Los Angeles County, CA	3.6	10	no data	no data	4.5
Ventura County, CA	4.4	no data	no data	no data	6
California	4.4	10.2	4.2	7	4.8
United States	5.5	12.7	4.5	8.5	5.4





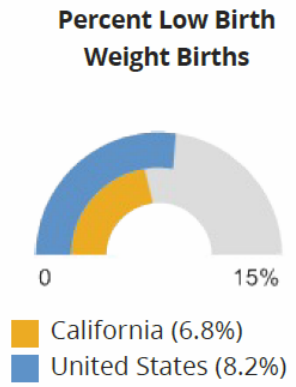
Source: Community Commons, reported by Valley Community Care Consortium

### Low Birth Weight

This indicator reports the percentage of total births that are low birth weight (under 2500g). This indicator is relevant because low birth weight infants are at high risk for health problems. This indicator can also highlight the existence of health disparities. Although the Los Angeles County rate is higher than the overall rate for California, it is lower than the U.S. average, and is also lower than the HP2020 goal.



Report Area	Total Live Births	Low Weight Births (Under 2500g)	Low Weight Births, Percent of Total
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	1,045,653	75,287	7.2%
Ventura County, CA	84,217	5,390	6.4%
California	3,842,377	261,282	6.8%
United States	29,300,495	2,402,641	8.2%
<a href="#">HP 2020 Target</a>			<b>&lt;= 7.8%</b>



Note: This indicator is compared with the state average.  
 Data Source: US Department of Health & Human Services, [Health Indicators Warehouse](#). Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2006-12. Source geography: County



**Low Birth Weight, Percent of Live Births by County, NVSS 2006-12**

- Over 10.0%
- 8.1 - 10.0%
- 6.1 - 8.0%
- Under 6.1%
- No Data or Data Suppressed
- Report Area

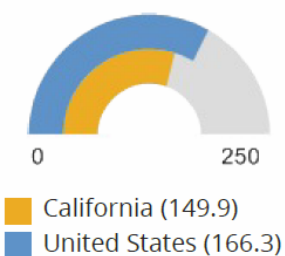
Source: Community Commons, reported by Valley Community Care Consortium

## Mortality - Cancer

This indicator reports the rate of death due to malignant neoplasm (cancer) per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because cancer is a leading cause of death in the United States. The Los Angeles County rate is below the rate for California, and significantly below both the national average and the HP2020 goal.

Report Area	Total Population	Average Annual Deaths, 2010-2014	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,960,259	14,057	141.13	<b>145.4</b>
Ventura County, CA	835,317	1,244	148.88	<b>142.4</b>
California	38,021,542	57,341	150.81	149.9
United States	313,836,267	581,919	185.42	166.3
<a href="#">HP 2020 Target</a>				<b>&lt;= 160.6</b>

**Cancer Mortality, Age-Adjusted Death Rate (Per 100,000 Pop.)**



Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2010-14. Source geography: County



**Cancer Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2010-14**

- Over 200.0
- 180.1 - 200.0
- 160.1 - 180.0
- Under 160.1
- Data Suppressed (<20 Deaths)
- Report Area

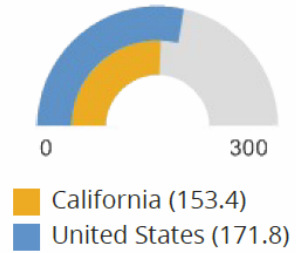
Source: Community Commons, reported by Valley Community Care Consortium

### Mortality – Heart Disease

This indicator reports the rate of death due to heart disease per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because heart disease is a leading cause of death in the United States. The Los Angeles County death rate for heart disease exceeds the rate for California, but is lower than the U.S. average.

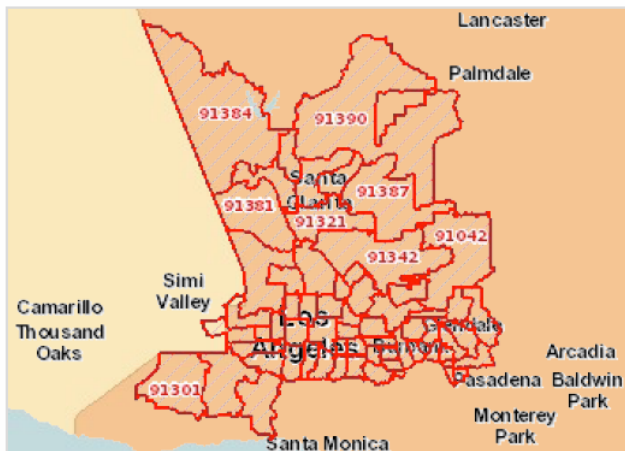
Report Area	Total Population	Average Annual Deaths, 2010-2014	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,960,259	15,986	160.5	<b>163.3</b>
Ventura County, CA	835,317	1,208	144.64	<b>135</b>
California	38,021,542	59,254	155.84	153.4
United States	313,836,267	603,698	192.36	171.8

**Heart Disease Mortality, Age-Adjusted Death Rate (Per 100,000 Pop.)**



Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#), 2010-14. Source geography: County



**Heart Disease Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2010-14**

- Over 240.0
- 200.1 - 240.0
- 160.1 - 200.0
- Under 160.1
- Data Suppressed (<20 Deaths)
- Report Area

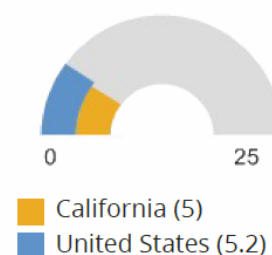
Source: Community Commons, reported by Valley Community Care Consortium

## Mortality – Homicide

This category is one in which Los Angeles County is unfortunate to be above average, and recent increases in the murder rate indicate that the average rate shown in the table may understate the current rate.

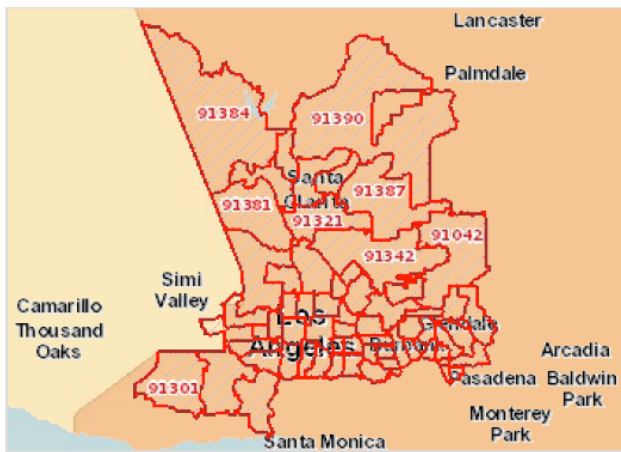
Report Area	Total Population	Average Annual Deaths, 2010-2014	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,960,259	596	5.98	<b>5.8</b>
Ventura County, CA	835,317	22	2.66	<b>2.7</b>
California	38,021,542	1,917	5.04	5
United States	313,836,267	16,221	5.17	5.2
<a href="#">HP 2020 Target</a>				<b>&lt;= 5.5</b>

**Homicide, Age-Adjusted Death Rate (Per 100,000 Pop.)**

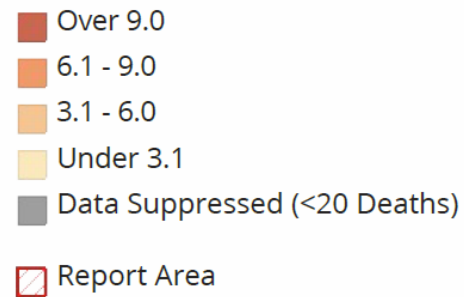


Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2010-14. Source geography: County



**Homicide Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2010-14**



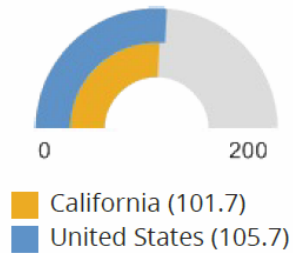
Source: Community Commons, reported by Valley Community Care Consortium

### Mortality – Coronary Heart Disease

This indicator reports the rate of death due to coronary heart disease per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because heart disease is a leading cause of death in the United States. As mortality rates from homicide, the Los Angeles County average substantially exceeds that of California and the U.S., and is an unmet HP2020 goal.

Report Area	Total Population	Average Annual Deaths, 2010-2014	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,960,259	11,733	117.8	<b>120.1</b>
Ventura County, CA	835,317	763	91.32	<b>85.5</b>
California	38,021,542	39,215	103.14	101.7
United States	313,836,267	372,125	118.57	105.7
<a href="#">HP 2020 Target</a>				<b>&lt;= 103.4</b>

**Coronary Heart Disease Mortality, Age-Adjusted Death Rate (Per 100,000 Pop.)**



Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2010-14. Source geography: County





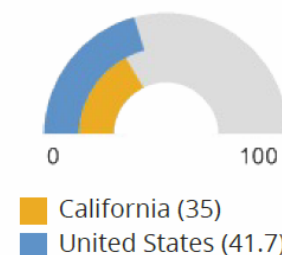


## Mortality –Lung Disease

This indicator reports the rate of death due to chronic lower respiratory disease per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are resummarized for report areas from county level data, only where data is available. This indicator is relevant because lung disease is a leading cause of death in the United States.

Report Area	Total Population	Average Annual Deaths, 2007-2011	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,960,259	2,874	28.85	<b>30.4</b>
Ventura County, CA	835,317	270	32.3	<b>31.4</b>
California	38,021,542	13,137	34.55	35
United States	313,836,267	144,125	45.92	41.7

**Lung Disease Mortality, Age-Adjusted Death Rate (Per 100,000 Pop.)**

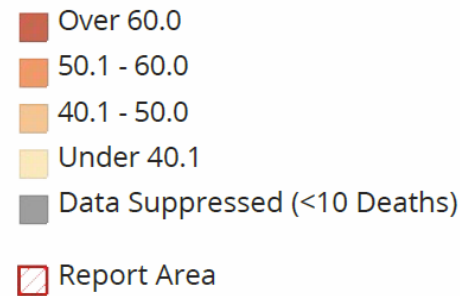


Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2010-14. Source geography: County



**Lung Disease Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2010-14**



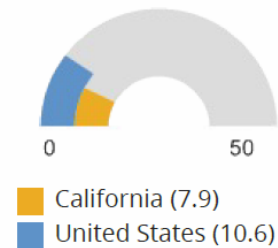
Source: Community Commons, reported by Valley Community Care Consortium

### Mortality –Motor Vehicle Crashes

This indicator reports the rate of death due to motor vehicle crashes per 100,000 population, which include collisions with another motor vehicle, a non-motorist, a fixed object, and a non-fixed object, an overturn, and any other non-collision. This indicator is relevant because motor vehicle crash deaths are preventable and they are a cause of premature death.

Report Area	Total Population	Average Annual Deaths, 2010-2014	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,960,259	680	6.83	6.7
Ventura County, CA	835,317	61	7.33	7.2
California	38,021,542	3,050	8.02	7.9
United States	313,836,267	33,977	10.83	10.6

**Motor Vehicle Crash Death, Age-Adjusted Death Rate (Per 100,000 Pop.)**



Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2010-14. Source geography: County



**Motor Vehicle Crash Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2010-14**

- Over 25.0
- 20.1 - 25.0
- 10.1 - 20.0
- Under 10.1
- Data Suppressed (<20 Deaths)
- Report Area

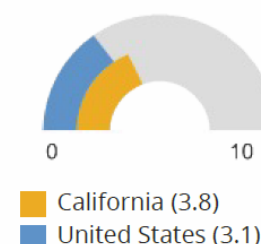
Source: Community Commons, reported by Valley Community Care Consortium

## Mortality – Pedestrian Motor Vehicle Crashes

In contrast to the non-pedestrian motor vehicle accident rate, the vehicle-pedestrian fatality rate is much higher in Los Angeles County than in California or the U.S., and triple the HP2020 target rate.

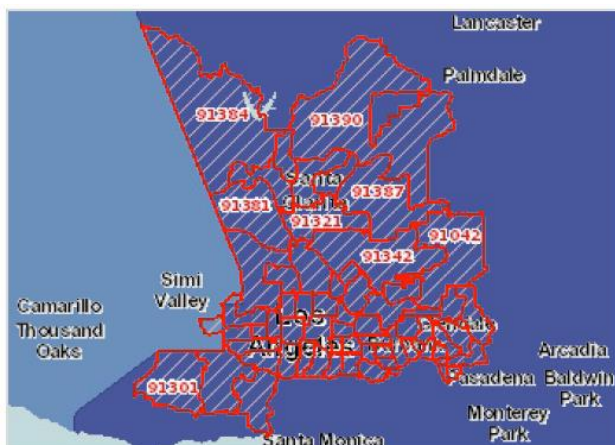
Report Area	Total Population (2010)	Total Pedestrian Deaths, 2011-2015	Average Annual Deaths, Rate per 100,000 Pop.
San Fernando Valley, Service Planning Area 2	no data	198	no data
Los Angeles County, CA	9,818,605	1,135	<b>3.9</b>
Ventura County, CA	823,318	75	<b>3</b>
California	37,253,956	4,292	3.8
United States	312,732,537	28,832	3.1
<a href="#">HP 2020 Target</a>			<b>&lt;= 1.3</b>

**Pedestrian Motor Vehicle Mortality, Crude Death Rate (Per 100,000 Pop.)**



Note: This indicator is compared with the state average.

Data Source: US Department of Transportation, National Highway Traffic Safety Administration, [Fatality Analysis Reporting System](#). 2011-2015. Source geography: County



**Pedestrian Motor Vehicle Crash Mortality, Rate (Per 100,000 Pop.) by County, NHTSA 2011-2015**



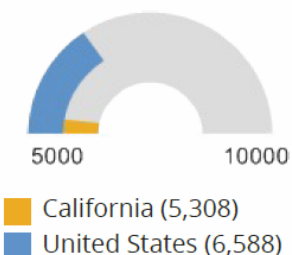
Source: Community Commons, reported by Valley Community Care Consortium

### Mortality – Premature Death

This indicator reports Years of Potential Life Lost (YPLL) before age 75 per 100,000 population for all causes of death, age-adjusted to the 2000 standard. YPLL measures premature death and is calculated by subtracting the age of death from the 75-year benchmark. This indicator is relevant because a measure of premature death can provide a unique and comprehensive look at overall health status.

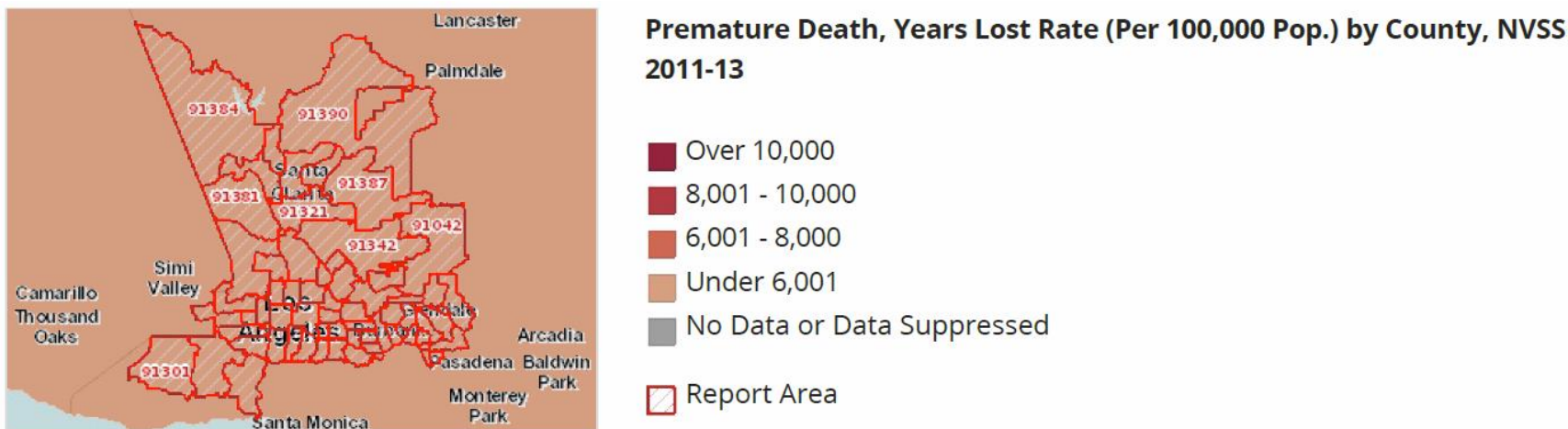
Report Area	Total Population, Census 2010	Total Premature Deaths, 2011-2013 Average	Total Years of Potential Life Lost, 2011-2013 Average	Years of Potential Life Lost, Rate per 100,000 Population
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,818,605	25,527	491,843	<b>5,009</b>
Ventura County, CA	823,318	2,017	39,326	<b>4,777</b>
California	37,253,956	104,209	1,977,392	5,308
United States	312,732,537	1,119,700	20,584,925	6,588

**Years of Potential Life Lost, Rate per 100,000 Population**



Note: This indicator is compared with the state average.

Data Source: University of Wisconsin Population Health Institute, [County Health Rankings](#). Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#), 2011-13. Source geography: County



Source: Community Commons, reported by Valley Community Care Consortium

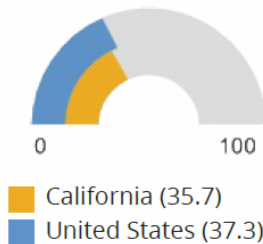
### Mortality – Stroke

This indicator reports the rate of death due to cerebrovascular disease (stroke) per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because stroke is a leading cause of death in the United States.

The reported rate for Stroke mortality in Los Angeles County is lower than comparable rates in California or the U.S. and is very close (although still higher) than the HP2020 goal.

Report Area	Total Population	Average Annual Deaths, 2010-2014	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,960,259	3,300	33.13	34.2
Ventura County, CA	835,317	301	36.03	34.2
California	38,021,542	13,627	35.84	35.7
United States	313,836,267	129,754	41.34	37.3
<a href="#">HP 2020 Target</a>				<b>&lt;= 33.8</b>

**Stroke Mortality, Age-Adjusted Death Rate (Per 100,000 Pop.)**



Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2010-14. Source geography: County



**Stroke Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2010-14**

- Over 70.0
- 55.1 - 70.0
- 40.1 - 55.0
- Under 40.1
- Data Suppressed (<20 Deaths)
- Report Area

Source: Community Commons, reported by Valley Community Care Consortium

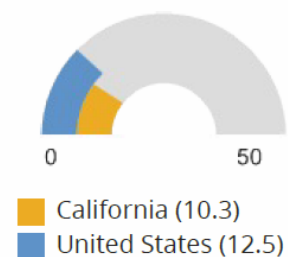


## Mortality – Suicide

Suicide rates reported for Los Angeles and Ventura County differ, with Ventura County’s rate above California averages and more than the HP2020 target, while Los Angeles County is below all comparables.

Report Area	Total Population	Average Annual Deaths, 2010-2014	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,960,259	794	7.98	<b>7.8</b>
Ventura County, CA	835,317	96	11.52	<b>11.2</b>
California	38,021,542	4,008	10.54	10.3
United States	313,836,267	40,466	12.89	12.5
<a href="#">HP 2020 Target</a>				<b>&lt;= 10.2</b>

**Suicide, Age-Adjusted Death Rate (Per 100,000 Pop.)**



Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#). 2010-14. Source geography: County





**Suicide Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2010-14**

- Over 20.0
- 16.1 - 20.0
- 12.1 - 16.0
- Under 12.1
- Data Suppressed (<20 Deaths)
- Report Area

Source: Community Commons, reported by Valley Community Care Consortium

### Mortality – Unintentional Injury

This indicator reports the rate of death due to unintentional injury (accident) per 100,000 population. Figures are reported as crude rates, and as rates age-adjusted to year 2000 standard. Rates are re-summarized for report areas from county level data, only where data is available. This indicator is relevant because accidents are a leading cause of death in the U.S.

Overall, Los Angeles County is substantially lower in incidents of accidents than any of the comparison areas, and well below the HP2020 goal. While Ventura County’s rate exceeds the California average, it is also lower than both the nationwide rate and the HP2020 goal.

Report Area	Total Population	Average Annual Deaths, 2010-2014	Crude Death Rate (Per 100,000 Pop.)	Age-Adjusted Death Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	9,960,259	2,119	21.27	20.9
Ventura County, CA	835,317	252	30.22	29.5
California	38,021,542	11,101	29.2	28.5
United States	313,836,267	128,295	40.88	39.2
<a href="#">HP 2020 Target</a>				<b>&lt;= 36.0</b>

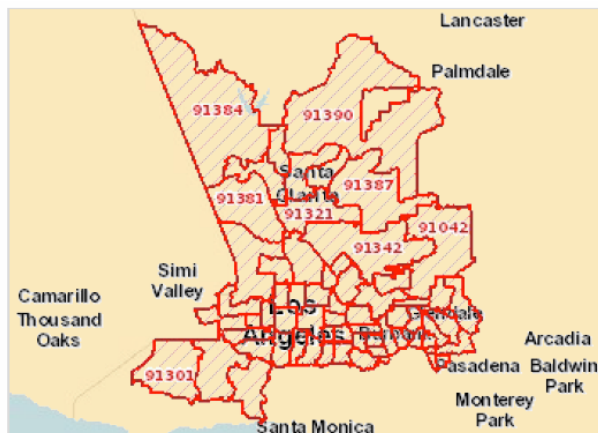
**Unintentional Injury (Accident) Mortality, Age-Adjusted Death Rate (Per 100,000 Pop.)**



California (28.5)  
United States (39.2)

Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Vital Statistics System](#). Accessed via [CDC WONDER](#), 2010-14. Source geography: County



**Unintentional Injury (Accident) Mortality, Age Adj. Rate (Per 100,000 Pop.) by County, NVSS 2010-14**

- Over 70.0
- 50.1 - 70.0
- 40.1 - 50.0
- Under 40.1
- Data Suppressed (<20 Deaths)
- Report Area

Source: Community Commons, reported by Valley Community Care Consortium

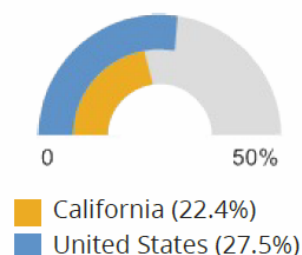
## Obesity

This indicator reports the percentage of adults aged 20 and older who self-report that they have a Body Mass Index (BMI) greater than 30.0 (obese). This indicator is relevant because excess weight is a prevalent problem in the U.S.; it indicates an unhealthy lifestyle and puts individuals at risk for further health issues. Persons in the obesity category are particularly susceptible to maladies such as diabetes and high blood pressure, and are at increased risk for heart attacks and strokes.

The rate for both Los Angeles and Ventura Counties is lower than the California average, and substantially lower than the nationwide level. Interestingly, there is no HP2020 goal for this problem. Obesity is also more pronounced in the male populations of Los Angeles and Ventura Counties, and although the disparity exists in all the comparative groups, the differential is less among the comparison groups.

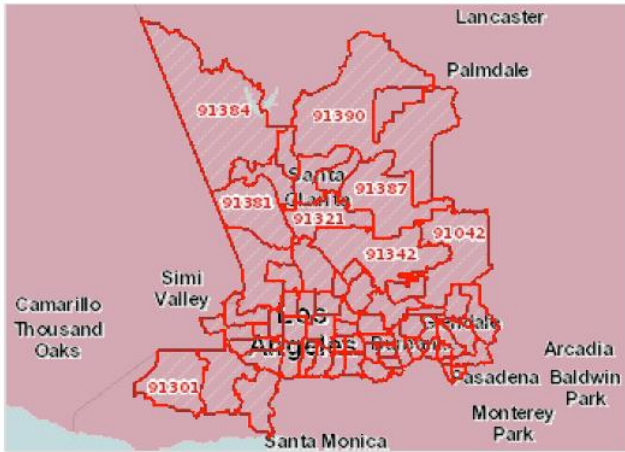
Report Area	Total Population Age 20	Adults with BMI > 30.0 (Obese)	Percent Adults with BMI > 30.0 (Obese)
San Fernando Valley, Service Planning Area 2	no data	no data	no data
Los Angeles County, CA	7,441,234	1,592,424	21.2%
Ventura County, CA	610,517	123,935	19.8%
California	28,174,046	6,390,985	22.4%
United States	234,188,203	64,884,915	27.5%

Percent Adults with BMI > 30.0 (Obese)

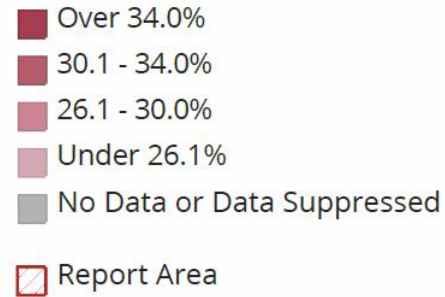


Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [National Center for Chronic Disease Prevention and Health Promotion](#). 2013. Source geography: County

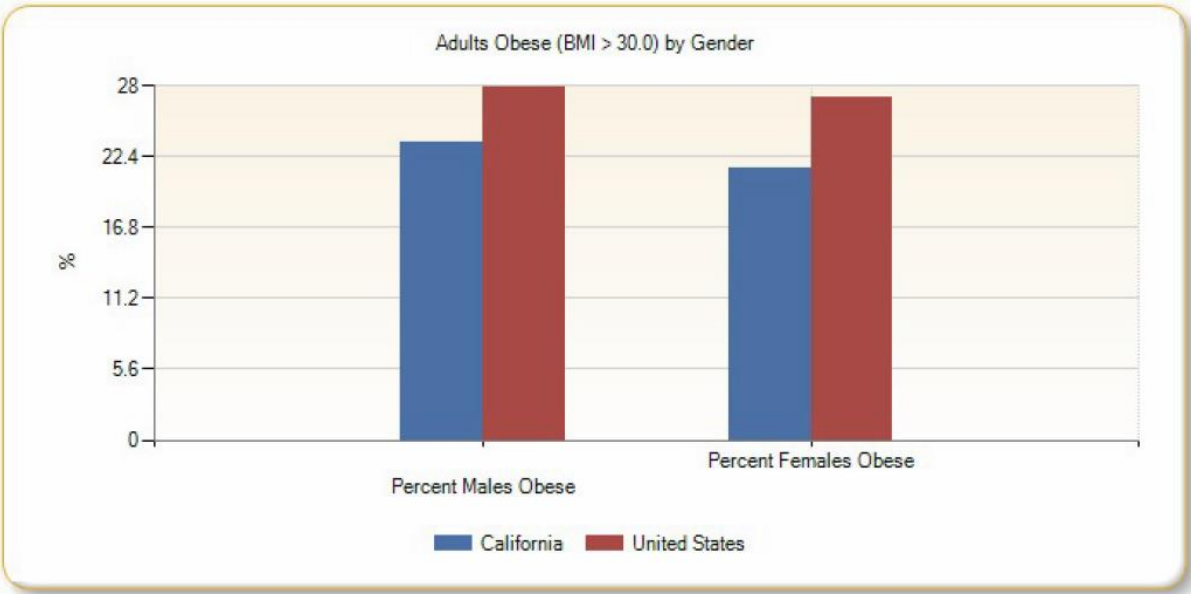


**Obese (BMI >= 30), Adults Age 20 , Percent by County, CDC NCCDPHP 2013**



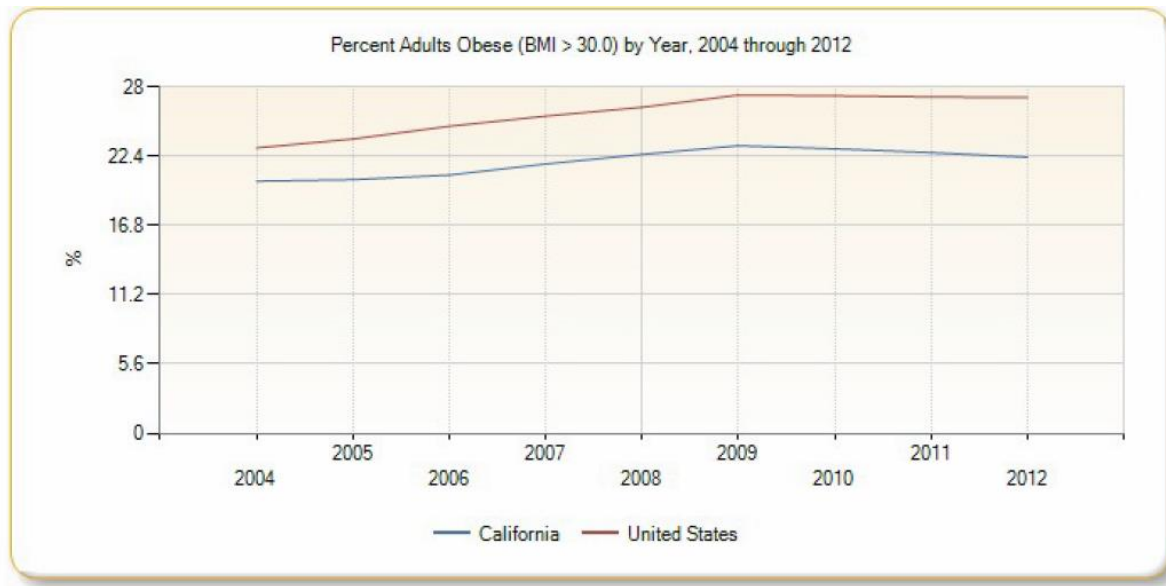
**Adults Obese (BMI > 30.0) by Gender**

Report Area	Total Males Obese	Percent Males Obese	Total Females Obese	Percent Females Obese
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data
Los Angeles County, CA	802,924	22.1%	789,501	20.4%
Ventura County, CA	65,290	21.3%	58,646	18.4%
California	3,278,861	23.46%	3,112,128	21.47%
United States	32,051,606	27.92%	32,833,321	27.06%



**Percent Adults Obese (BMI > 30.0) by Year, 2004 through 2012**

Report Area	2004	2005	2006	2007	2008	2009	2010	2011	2012
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data	no data	no data	no data	no data
Los Angeles County, CA	19.4%	19.2%	19.5%	20.3%	20.8%	21.4%	21.2%	21.1%	20.8%
Ventura County, CA	19.8%	19.58%	20.8%	22.7%	23.2%	22.9%	21.6%	21%	20.2%
California	20.38%	20.5%	20.88%	21.77%	22.55%	23.25%	23%	22.69%	22.32%
United States	23.07%	23.79%	24.82%	25.64%	26.36%	27.35%	27.29%	27.19%	27.14%



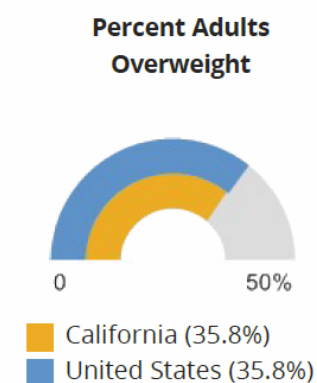
Source: Community Commons, reported by Valley Community Care Consortium

## Overweight

This indicator reports the percentage of adults aged 18 and older who self-report that they have a Body Mass Index (BMI) between 25.0 and 30.0 (overweight). This indicator is relevant because excess weight is a prevalent problem in the U.S.; it indicates an unhealthy lifestyle and puts individuals at risk for further health issues. While these people are at lower risk for health problems than those listed as obese (shown previously), they share many of the maladies and risks associated with overweight conditions.

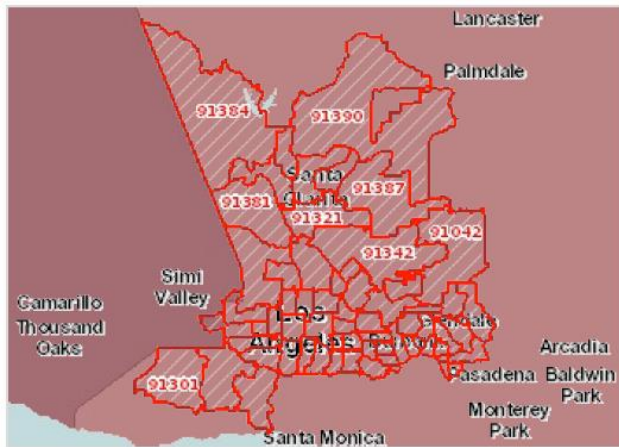
In contrast with the Obesity rates above, the percentage of overweight adults in the two counties shown is above the averages for California and the U.S.

Report Area	Survey Population (Adults Age 18 )	Total Adults Overweight	Percent Adults Overweight
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed
Los Angeles County, CA	6,242,974	2,242,968	<b>35.9%</b>
Ventura County, CA	529,263	192,189	<b>36.3%</b>
California	26,907,825	9,646,443	35.8%
United States	224,991,207	80,499,532	35.8%



*Note: This indicator is compared with the state average.*

*Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Additional data analysis by [CARES](#), 2011-12. Source geography: County*



**Overweight (BMI 25.0-29.9), Adults Age 18 , Percent by County, BRFSS 2011-12**



Source: Community Commons, reported by Valley Community Care Consortium

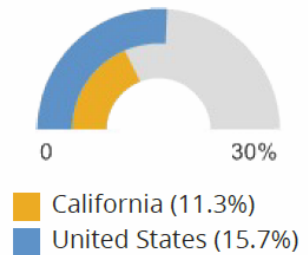
### Poor Dental Health

This indicator reports the percentage of adults age 18 and older who self-report that six or more of their permanent teeth have been removed due to tooth decay, gum disease, or infection. This indicator is relevant because it indicates lack of access to dental care and/or social barriers to utilization of dental services. There is a significant disparity between Los Angeles and Ventura Counties in dental health status, with Los Angeles County reporting worse-than-California-average rates of dental problems while Ventura County is substantially healthier on this indicator. It is important to note, however, that California reports much lower incidence of dental problems than is found in the U.S. overall.



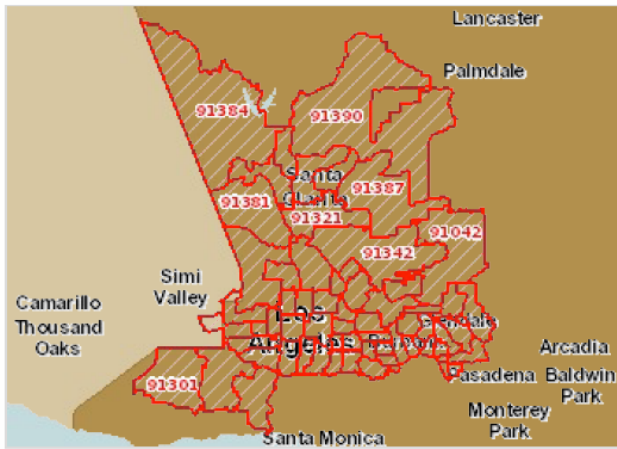
Report Area	Total Population (Age 18 )	Total Adults with Poor Dental Health	Percent Adults with Poor Dental Health
San Fernando Valley, Service Planning Are 2	suppressed	suppressed	suppressed
Los Angeles County, CA	7,297,743	845,641	<b>11.6%</b>
Ventura County, CA	595,982	51,108	<b>8.6%</b>
California	27,665,678	3,116,539	11.3%
United States	235,375,690	36,842,620	15.7%

**Percent Adults with Poor Dental Health**



Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Additional data analysis by [CARES](#), 2006-10. Source geography: County



**Adults Age 18 Without Dental Exam in Past 12 Months, Percent by County, BRFSS 2006-10**

- Over 42.0%
- 34.1 - 42.0%
- 26.1 - 34.0%
- Under 26.1%
- No Data or Data Suppressed
- Report Area

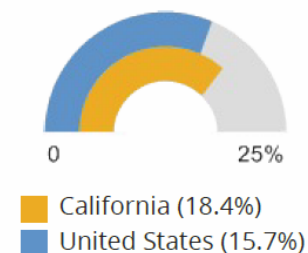
Source: Community Commons, reported by Valley Community Care Consortium

## Poor General Health

This indicator reports the percentage of adults age 18 and older who self-report having poor or fair health. This indicator is relevant because it is a measure of general poor health status. This indicator is one of the most disparate items in the list of indicators, with Los Angeles County significantly higher than all comparable areas. Since the survey it references was taken before 2012, it will be interesting to see if changes resulting from provisions of the Affordable Care Act and Covered California result in changes to the percentage of Los Angeles County residents reporting poor health in ensuing years.

Report Area	Total Population Age 18	Estimated Population with Poor or Fair Health	Crude Percentage	Age-Adjusted Percentage
San Fernando Valley, Service Planning Area 2	suppressed	suppressed	suppressed	suppressed
Los Angeles County, CA	7,359,916	1,641,261	22.3%	<b>22.4%</b>
Ventura County, CA	603,605	98,388	16.3%	<b>16.3%</b>
California	27,665,678	5,118,150	18.5%	18.4%
United States	232,556,016	37,766,703	16.2%	15.7%

**Percent Adults with Poor or Fair Health (Age-Adjusted)**

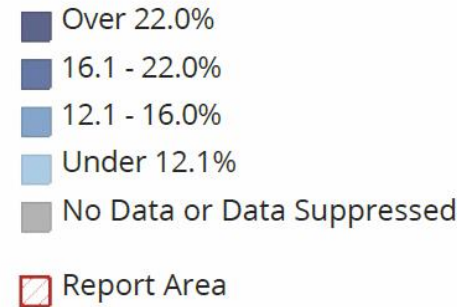


Note: This indicator is compared with the state average.

Data Source: Centers for Disease Control and Prevention, [Behavioral Risk Factor Surveillance System](#). Accessed via the [Health Indicators Warehouse](#). US Department of Health & Human Services, [Health Indicators Warehouse](#). 2006-12. Source geography: County



**Adults with Poor or Fair Health, Percent by County, BRFSS 2006-12**



Source: Community Commons, reported by Valley Community Care Consortium

### STI - Chlamydia

This indicator reports incidence rate of chlamydia cases per 100,000 population. This indicator is relevant because it is a measure of poor health status and indicates the prevalence of unsafe sex practices. STI's are among the few indicators for which DHS allows isolation of specific planning areas. SPA2 results are reported by county in the following table. Los Angeles County's incidence rate is substantially greater than the comparable large areas.

Report Area	Total Population	Total Chlamydia Infections	Chlamydia Infection Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Are 2	2,609	8	295.25
San Fernando Valley, Service Planning Are 2	2,068,946	11,335	547.87
Los Angeles County, CA	10,017,068	54,881	547.87
Ventura County, CA	839,620	2,479	295.25
California	38,333,188	176,026	459.2
United States	316,128,839	1,441,789	456.08

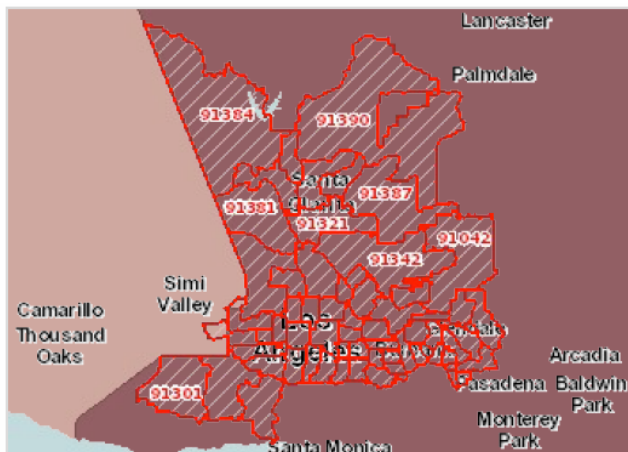
**Chlamydia Infection Rate (Per 100,000 Pop.)**



- San Fernando Valley, Service Planning Are 2 (547.87)
- California (459.2)
- United States (456.08)

Note: This indicator is compared with the state average.

Data Source: US Department of Health & Human Services, [Health Indicators Warehouse](#). Centers for Disease Control and Prevention, [National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention](#), 2014. Source geography: County



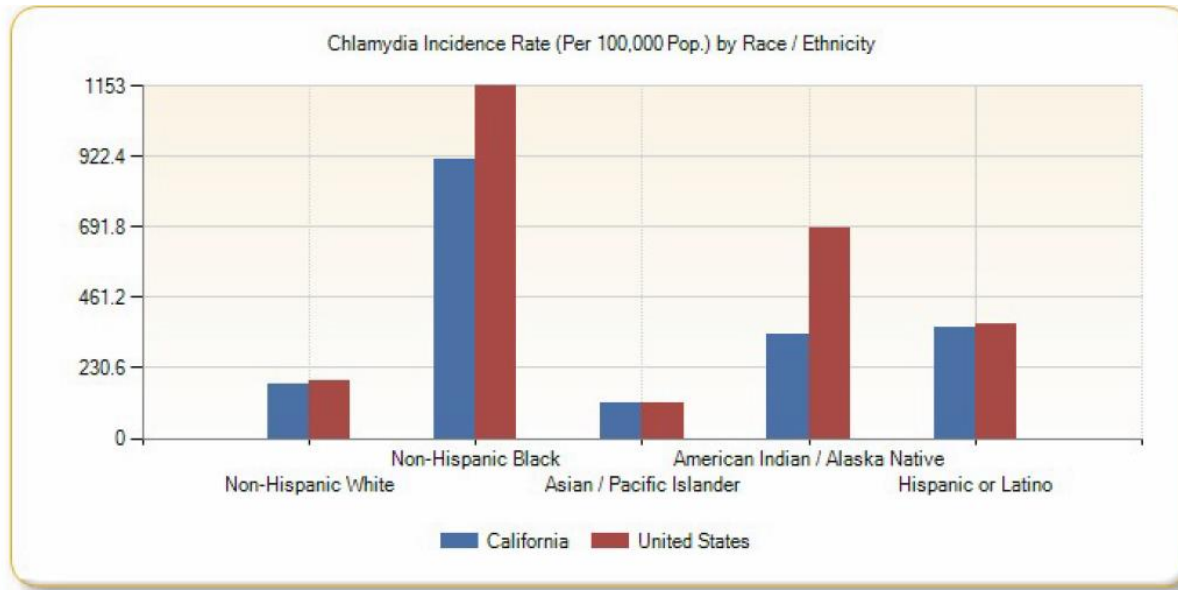
**Chlamydia, Infection Rate per 100,000 Population by County, NCHHSTP 2014**

- Over 500.0
- 300.1 - 500.0
- 150.1 - 300.0
- 0.1 - 150.0
- Suppressed (< 4 Cases)
- Report Area

**Chlamydia Incidence Rate (Per 100,000 Pop.) by Race / Ethnicity**

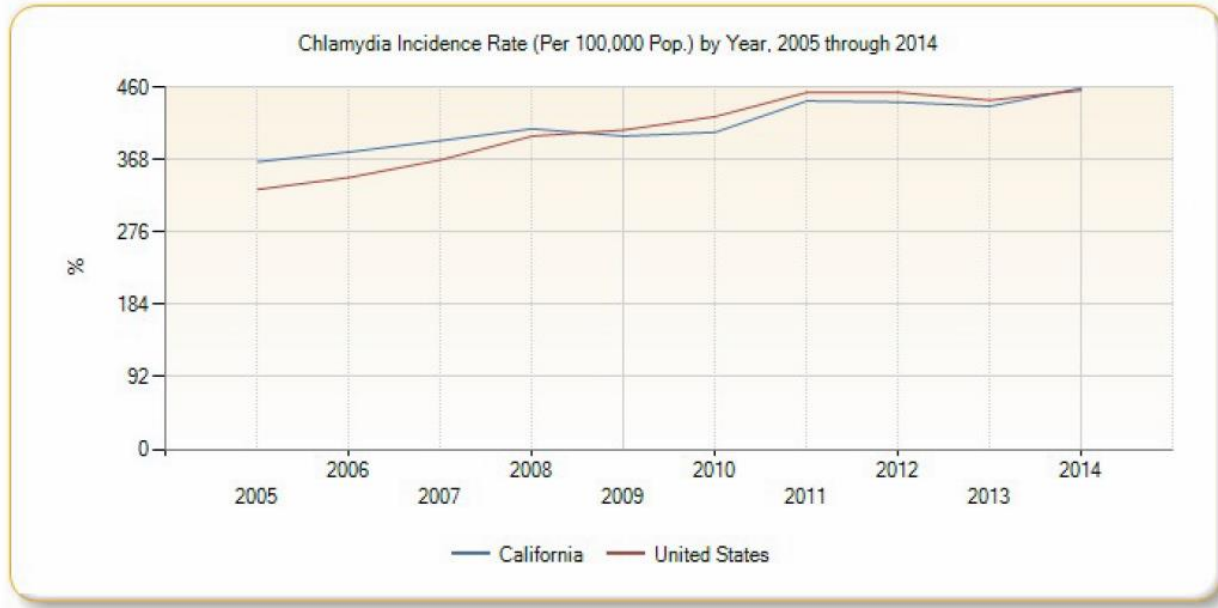
Report Area	Non-Hispanic White	Non-Hispanic Black	Asian / Pacific Islander	American Indian / Alaska Native	Hispanic or Latino
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data
California	176.1	909.8	117	339.4	362.7
United States	187	1,152.6	115.8	689.1	376.2

*Note: No county data available.*



**Chlamydia Incidence Rate (Per 100,000 Pop.) by Year, 2005 through 2014**

Report Area	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
Los Angeles County, CA	421.5	431.67	445.71	473.6	477.02	484.22	511.09	521.68	506.88	547.87
Ventura County, CA	195.33	149.18	236.98	261.86	289.17	277.17	297.68	321.36	299.06	295.25
California	365.43	377.85	392.22	407.24	397.95	402.97	442.74	441.3	436	459.2
United States	330.3	345.4	367.7	398	405.7	422.8	453.4	453.4	443.5	456.1



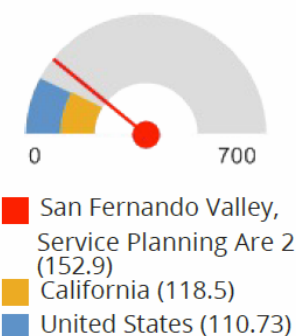
Source: Community Commons, reported by Valley Community Care Consortium

## STI – Gonorrhea

This indicator reports incidence rate of Gonorrhea cases per 100,000 population. This indicator is relevant because it is a measure of poor health status and indicates the prevalence of unsafe sex practices. As with Chlamydia, Los Angeles County’s incidence rates are greater than all comparable areas.

Report Area	Total Population	Total Gonorrhea Infections	Gonorrhea Infection Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Are 2	2,609	1	43.23
San Fernando Valley, Service Planning Are 2	2,068,946	3,163	152.9
Los Angeles County, CA	10,017,068	15,316	152.9
Ventura County, CA	839,620	363	43.23
California	38,318,987	45,408	118.5
United States	316,128,839	350,062	110.73

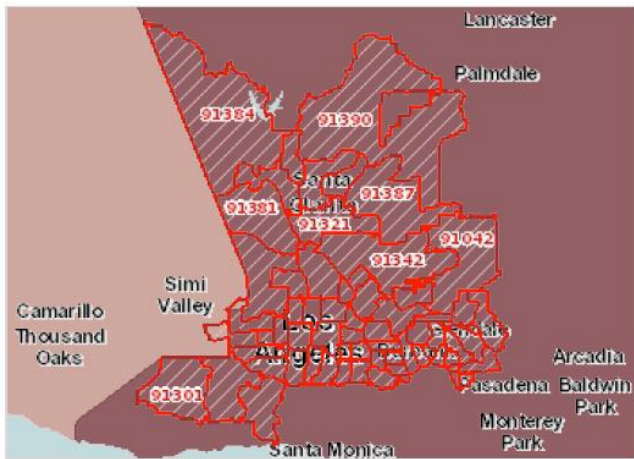
**Gonorrhea Infection Rate (Per 100,000 Pop.)**



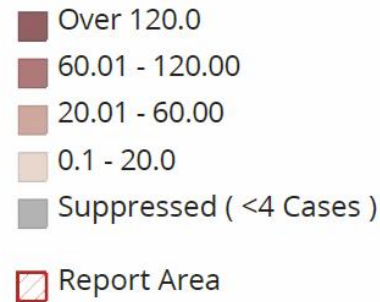
*Note: This indicator is compared with the state average.*

*Data Source: US Department of Health & Human Services, [Health Indicators Warehouse](#). Centers for Disease Control and Prevention, [National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention](#). 2014. Source geography: County*





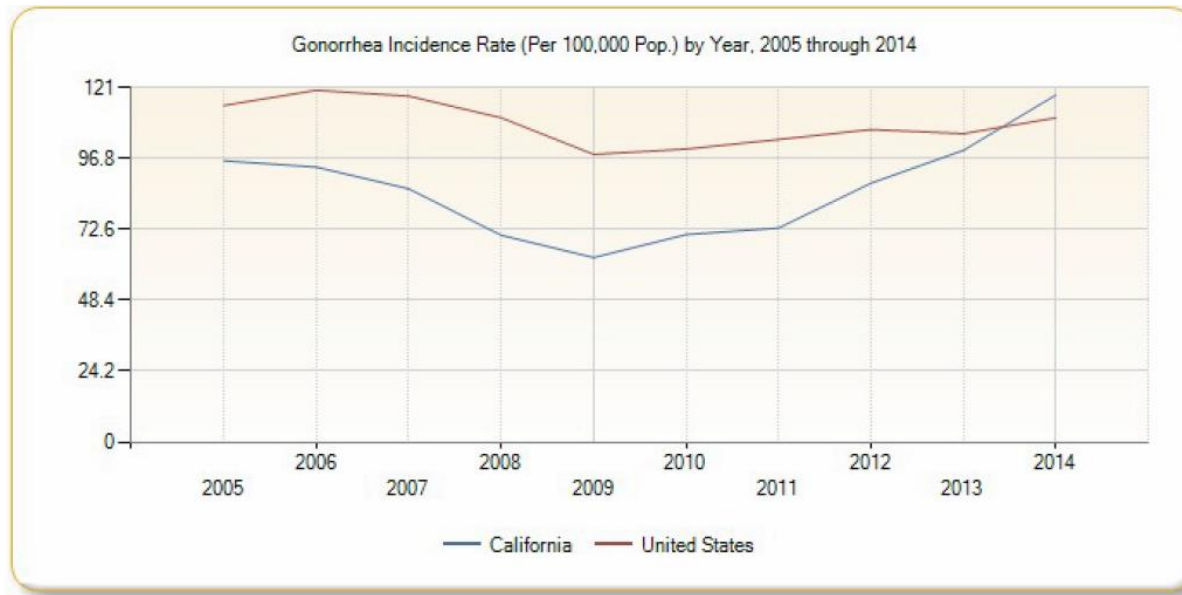
**Gonorrhea, Infection Rate per 100,000 Population by County, NCHHSTP 2014**



**Gonorrhea Incidence Rate (Per 100,000 Pop.) by Year, 2005 through 2014**

Report Area	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014
San Fernando Valley, Service Planning Area 2	no data	no data	no data	no data	no data	no data	no data	no data	no data	no data
Los Angeles County, CA	113.8	112.2	101.87	90.84	91.59	101.78	102.35	120.67	129.75	152.9
Ventura County, CA	27.01	18.51	21.04	19.43	18.56	20.77	23.8	46.77	39.18	43.23
California	95.99	93.86	86.48	70.58	62.97	70.82	73.05	88.37	99.6	118.5
United States	114.9	120.1	118.1	110.7	98.2	100	103.3	106.7	105.3	110.7





Source: Community Commons, reported by Valley Community Care Consortium

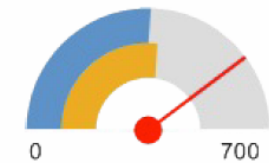
### STI – HIV Prevalence

This indicator reports prevalence rate of HIV per 100,000 population. This indicator is relevant because HIV is a life-threatening communicable disease that disproportionately affects minority populations and may also indicate the prevalence of unsafe sex practices. The San Fernando Valley has a large population of HIV-positive residents and an active cadre of organizations devoted to helping clients manage their condition. Thus the incidence of HIV is much higher than any of the comparison areas.

The prevalence of HIV among ethnic groups is highly variable, with greater concentrations in the non-Hispanic Black populations and lower concentrations in the non-Hispanic White cohort. White Hispanics have the lowest incidence among the three groups.

Report Area	Population Age 13	Population with HIV / AIDS	Population with HIV / AIDS, Rate (Per 100,000 Pop.)
San Fernando Valley, Service Planning Are 2	2,159	3	<b>128.92</b>
San Fernando Valley, Service Planning Are 2	1,735,016	9,653	<b>556.36</b>
Los Angeles County, CA	8,400,303	46,736	<b>556.36</b>
Ventura County, CA	694,995	896	<b>128.92</b>
California	31,860,457	119,845	376.16
United States	263,765,822	931,526	353.16

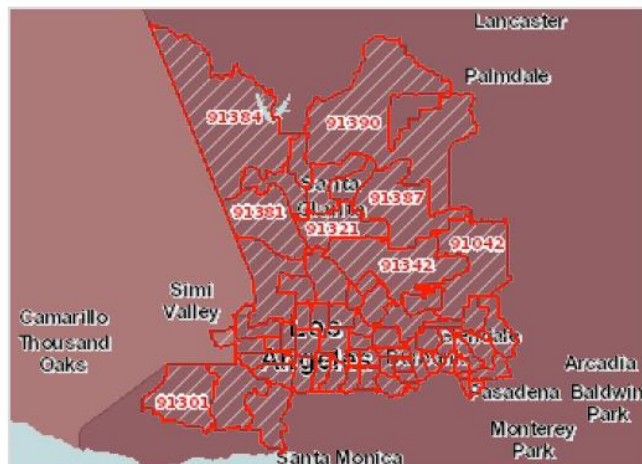
**Population with HIV / AIDS, Rate (Per 100,000 Pop.)**



- San Fernando Valley, Service Planning Are 2 (556.36)
- California (376.16)
- United States (353.16)

Note: This indicator is compared with the state average.

Data Source: US Department of Health & Human Services, [Health Indicators Warehouse](#). Centers for Disease Control and Prevention, [National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention](#). 2013. Source geography: County

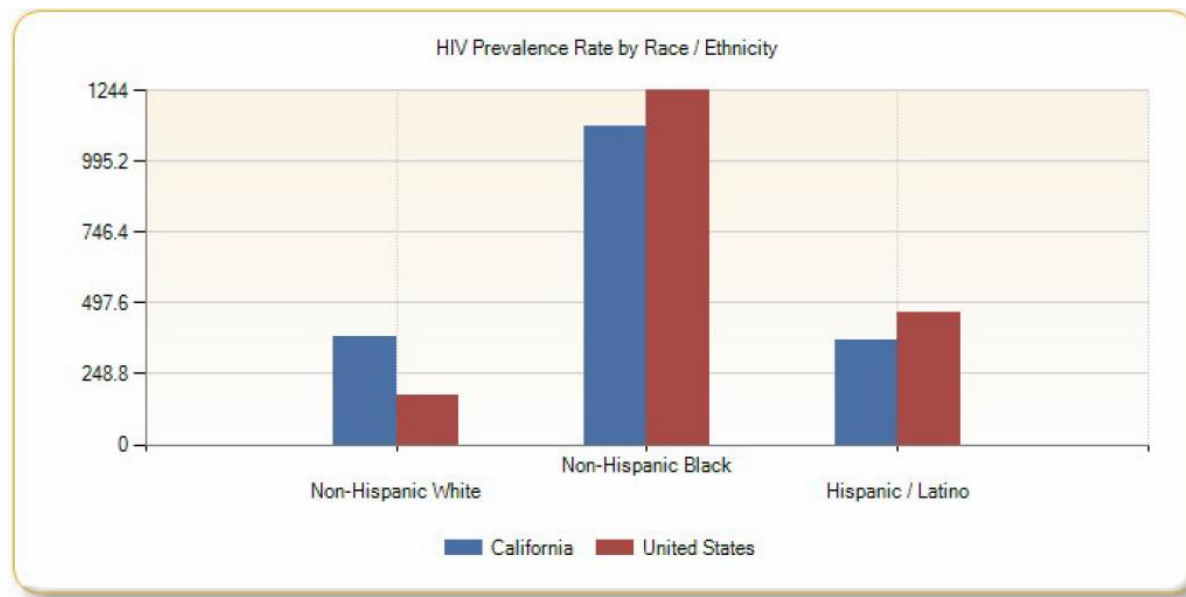


**HIV Prevalence, Rate (Per 100,000 Pop.) by County, NCHHSTP 2013**

- Over 200.0
- 100.1 - 200.0
- 50.1 - 100.0
- Under 50.1
- No Data or Data suppressed
- Report Area

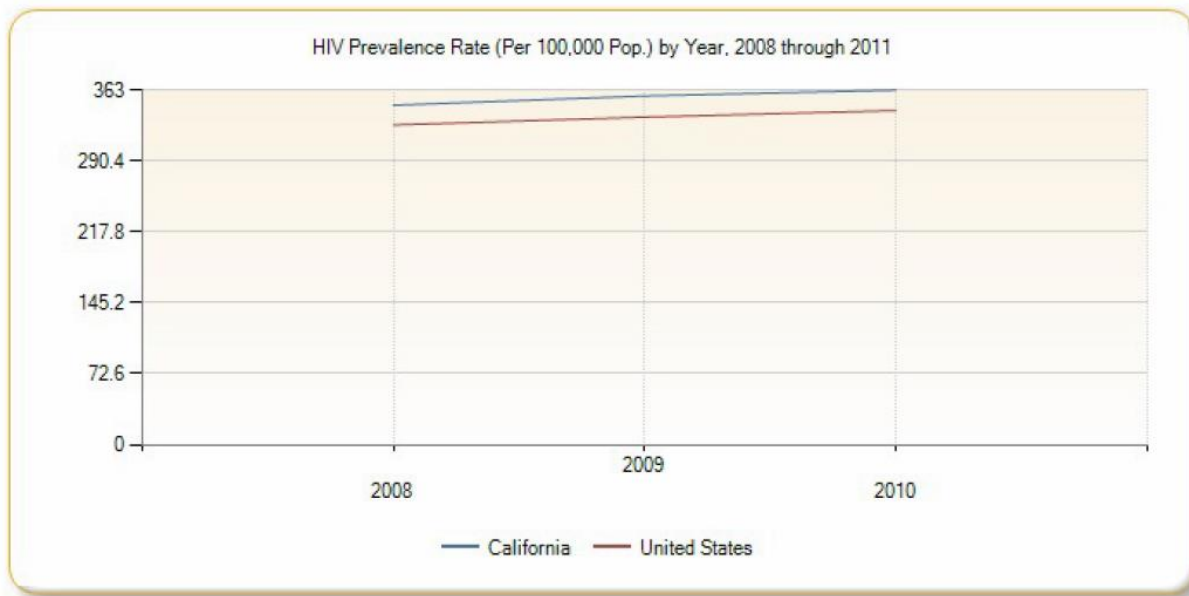
### HIV Prevalence Rate by Race / Ethnicity

Report Area	Non-Hispanic White	Non-Hispanic Black	Hispanic / Latino
San Fernando Valley, Service Planning Area 2	no data	no data	no data
Los Angeles County, CA	609.49	1,293.79	522.01
Ventura County, CA	114.66	371.37	157.53
California	380.2	1,115.1	363.6
United States	174	1,243.8	462



**HIV Prevalence Rate (Per 100,000 Pop.) by Year, 2008 through 2011**

Report Area	2008	2009	2010
San Fernando Valley, Service Planning Area 2	no data	no data	no data
Los Angeles County, CA	480.5	498.1	513
Ventura County, CA	114.4	120.5	124.2
California	347.58	357.06	363
United States	327.37	335.38	342.17



Source: Community Commons, reported by Valley Community Care Consortium

## PRIMARY DATA KEY FINDINGS

### Community Input

The longstanding partnership and collaboration with various local agencies including L.A County departments helped Encino Hospital, KeyGroup and VCCC to identify representatives from health and mental health departments who serve the broad interests of the communities in the Encino Hospital service area. In addition, focus groups were conducted with patients, school staffs, and other community residents. A list of stakeholders can be found in the Appendix.

Encino Hospital's Health Need Ranking identified 60 needs. They include the following:

- Access to Dentists
- Access to Primary Care
- Affordability
- Air
- Allergies
- Alzheimer's
- Asthma
- Cancer
- Caregiver Support Groups
- Central Community Resource
- Chlamydia
- Cholesterol
- Chronic Pain
- Cognitive Impairment
- Coordination of Care between Care Providers
- Dental Health
- Diabetes
- Drought Severity
- Drugs
- Economy
- Education on How to Qualify

- Emergency ID Card Information
- End of Life Options Information
- Fat
- Furniture
- Gangs
- Heart Disease
- High Blood Pressure
- HIV/Aids
- Homeless (elders)
- Homelessness
- How to Market Information
- How to Serve Middle Class Group
- Hypertension
- Junk food
- Lack of discipline (from parents to kids)
- Language Issues
- Legal Planning
- Long Term Care Insurance Policies
- Low Birth Weight
- Mental Health
- Obesity
- Patient Access to Medical Records
- Poverty
- Premature pregnancies
- Providers
- Robbery
- Sugary drinks

- Street vendors
- Stress
- Stroke
- Substance Abuse Disorder
- Suicide
- Teen Births
- Transitional Care
- Trash
- Unemployment
- Unplanned pregnancies
- Walk-In Mental Health
- Wellness Care

### ***Access to Dentists***

Dental care is particularly important in children, but many area residents may have never seen a dentist. Dental problems can generate issues with diet, disease, and overall health. Until the advent of the ACA, dental services were generally not covered, and many existing healthcare policies still provide minimal, if any, coverage. Data is unavailable for the hospital service area.

### ***Access to Primary Care***

Many residents in the EH PSA have historically gone without health insurance, although provisions of the Affordable Care Act and Covered California programs have allowed some to obtain insurance for the first time. Many of the insurance plans have limited numbers of Primary Care Providers (PCPs), and new members often do not have a relationship with a specific PCP. These barriers result in difficulties making appointments and/or seeing a PCP when health issues arise, and result in emergency department visits that could be addressed in doctor's office if a relationship existed. Another large cohort of the local population does not qualify for Covered California assistance due to immigration status, and these people are generally users of either emergency departments or free clinics, which are often overwhelmed with client demand.

### ***Affordability***

Health insurance is an important key driver to the health status of the individual. Recent changes to healthcare laws and rollout of CoveredCalifornia ([www.CoveredCA.com](http://www.CoveredCA.com)) insurance offerings have resulted in much higher proportions of the population having access to health insurance. Much of this increased access has been accomplished by signing residents up for MediCal coverage, and it is reported that one-third of the population in California is now covered by MediCal. People with incomes too high to qualify for MediCal have access to insurance plans at CoveredCA's website which meet the ACA's requirements. Many residents also get subsidies to help them pay the premiums. However, most of the non-MediCal plans available carry significant deductibles and co-payment requirements that result in unaffordable costs to use the coverage. So issues remain in terms of affordability, both of the premiums for health insurance, and of the costs of covering the non-covered expenses associated with use of the insurance.

### ***Air***

The Los Angeles Basin is well-known as an area with low air quality. This affects health most directly in the incidence of respiratory diseases, and other maladies such as eye problems and increased sensitivity to allergens.

### ***Allergies***

Allergies involve the body's reaction to foreign substances in ways that trigger immune responses, and often generate painful responses. The allergens may be airborne (pollen, smog components, etc.), spread by contact, or may simply be triggered by a bodily reaction to its environment. Many allergies are treatable.

### ***Alzheimer's***

Alzheimer's disease is the most common form of dementia among older adults. Alzheimer's disease involves parts of the brain that control thought, memory, and language and can seriously affect a person's ability to carry out daily activities (CDC, 2013). Per the Alzheimer's Association of Los Angeles County, the number of people living in the county with Alzheimer's in 2008 was 147,000, and the number was predicted to almost double to 270,000 by 2030.

### ***Asthma***

Asthma is a chronic lung condition where the airways get inflamed and narrow, causing wheezing, chest tightness, coughing, and shortness of breath. Asthma can affect people of all ages and frequently begins in the childhood (NIH: Asthma, 2012). According to the California Department of Public Health, 9.1% of children from 0-17 years of age are currently with asthma (CDPH, Key Indicators of Health, 2013).



### ***Cancer***

Cancers of all types are among the most common killers of Americans nationwide, and Los Angeles is no exception. The incidence of various cancer types was discussed in previous sections of this report, and it is one of the areas that hospitals are well equipped to assist residents in treating.

### ***Caregiver Support Groups***

Diseases affect the person with the disease, but they also impact those who provide care to the affected individuals. The effects may be physical (injuries from assisting patients to move), or mental, as the need to be constantly “on call” takes a toll on the caregiver. Most medical organizations are ill-equipped to assist caregivers, and services addressing them are typically distributed throughout the community with limited ability to interface with the providers caring for the patient.

### ***Central Community Resource***

Several participants noted the lack of a single source to inform residents of services available to disease sufferers and their caregivers (see previous item), and suggested that ideas be explored to provide information in a central location.

### ***Chlamydia***

Chlamydia was one of two Sexually Transmitted Infections (STIs) mentioned by focus group participants. It serves as a proxy for a multitude of STIs tracked by the Los Angeles Department of Public Health. These diseases were discussed in earlier sections, along with incidence data.

### ***Cholesterol***

Cholesterol is an integral part of the body’s chemistry, and in appropriate amounts is important in making proteins and digestive enzymes. In excessive amounts, it can build up in arteries and cause blockages. As such it is an indicator of potential cardiac problems.

### ***Chronic Pain***

Chronic pain can be associated with numerous illnesses and pain management is a recognized medical specialty. People suffering from chronic pain can range from those with minor dysfunction to complete incapacitation.

### ***Cognitive Impairment***

Mild Cognitive Impairment (MCI) is generally defined as significant memory loss without the loss of other cognitive functions. People with MCI have more memory problems than would be expected from someone at a similar age. People with MCI can function independently and do not show other signs of dementia, such as impaired reasoning or judgment. The condition may be seen as a precursor to greater impairment, such as Alzheimer’s Disease or dementia, and thus is a concern when encountered.

### ***Coordination of Care Between Care Providers***

This issue is one of the primary concerns discussed in the Executive Summary. As was noted there, providers at various levels of care have limited ability to coordinate with providers at other levels, resulting in fragmented care delivery, and occasional relapses among patients who don't get appropriate referral care. This is one of the issues that EH will be attempting to address with other care providers in its Primary Service Area.

### ***Coronary Heart Disease***

Coronary heart disease is a subset of Heart Disease, which is another one of the primary concerns mentioned in the Executive summary. It occurs when plaque builds inside the coronary artery, which supplies oxygen-rich blood to the heart muscle. When the plaque hardens or breaks, the coronary artery pathways become narrower reducing the flow of oxygen rich blood to the heart. When the plaque breaks away from the coronary artery it can cause a clot blocking blood flow through the coronary artery (NIH, 2012).

### ***Dental Health***

For residents who live in areas where a dentist is not available or who cannot afford treatment, getting dental care can be difficult. This indicator is relevant because engaging in preventive behaviors decreases the likelihood of developing future dental health problems.

### ***Diabetes***

Diabetes is a condition resulting from high blood sugar levels. There are three types: Type I, where the pancreas produces little or no insulin; Type II, which is most commonly a result of overweight and obesity, where the body becomes resistant to insulin; and gestational diabetes, where pregnant women who were free of diabetes in the past develop high blood sugar (CDC, 2012). Once again, this problem is one of the primary concerns discussed in the Executive Summary.

### ***Drought Severity***

This issue was mentioned in relation to the risk of fires and increased threats from wild animals entering residential areas seeking food. Fires create air pollution and risk of damage and injury due to burns and/or smoke inhalation. Predators entering residential areas present risks of bites or scratches which may transmit diseases, as well as the possibility of heart attacks or strokes due to the shock of encountering unanticipated animals.

### ***Drugs***

This category covers several others that are more limited, but as an umbrella category includes both prescription and illicit pharmaceuticals. The increasing use and misuse of prescription medications is a growing problem, and new and old versions of illicit drugs are proliferating. Hospitals have limited ability to deal with illicit drugs, although many users are frequent visitors to the emergency departments. To the extent that the drug reactions manifest as ED visits, hospitals need to address the immediate problem and develop protocols to coordinate care upon discharge.

### ***Economy***

While the economy is not a health problem per se, economic reverses in households often result in problems that manifest as health care issues, including decisions to stop buying prescriptions, delay routine care for chronic problems such as diabetes or high blood pressure, and decisions to buy less-expensive (and less nutritious) food.

### ***Education in How to Qualify for Benefits***

The introduction of ConnectCA and other programs under the Affordable Care Act have provided new avenues into the health insurance market and increase the potential for coverage, but as with any new program, there is a lag in the public's understanding of how the programs work. This topic is akin to the Lack of Knowledge about Health Services primary concern discussed in the Executive Summary.

### ***Emergency ID Card Information***

The person who mentioned this noted that many persons coming to the Emergency Department may not have identification on them which allows staff to determine their identity, or understand what kinds of healthcare coverage they may have. These problems complicate the process of treating whatever malady brings them to the ED, and make the process of coordinating stepdown care more convoluted.

### ***End of Life Options Information***

End of Life issues are becoming more prominent with SB-128, California's Right to Die legislation becoming law. The topic has always been considered a "hot" topic, but passage of the law has brought it into the open, and it is being more openly discussed. Information is often presented with a point of view, and unbiased discussions of the process are relatively rare.

### ***Fat***

Fat is the manifestation of Obesity, and while both terms were used in the brainstorming discussion, Obesity was the term which was selected for use in further discussions of problems related to weight.

### ***Furniture***

Furniture was mentioned as a potential hazard if it is poorly maintained, creating potential for falls or other injuries.

### ***Gangs***

The presence of gang activity in certain areas around the hospital was mentioned. Shootings and other gang-related violence have increased in the two LAPD divisions that cover the EH Primary Service Area.

### ***Heart Disease***

Heart Disease is one of the primary issues discussed in the Executive Summary section. As noted there, coronary diseases are the number 1 and 2 causes of death in the area.

### ***Hypertension (High Blood Pressure)***

High blood pressure is a serious condition that can lead to coronary heart disease, heart failure, stroke, kidney failure, and other health issues (NIH, 2012). This is controllable with medication and dietary modification, but is a chronic disease that is more appropriately treated outside of institutional settings.

### ***HIV/AIDS***

This is the second sexually transmitted disease listed specifically by the group. HIV was once a death sentence, but advances in treatment now make it possible for persons with the disease to live long lives with proper care and management regimens. As is the case with Hypertension, the disease is chronic (and currently incurable), so it is best managed in home settings, with regular supervision by medical staff.

### ***Homeless (elders)***

Homelessness was mentioned twice by group members, with homelessness among the elderly singled out due to its different causes and manifestations. Most elderly homeless are victims of poverty, or family problems, and while substance abuse is common, few elderly become homeless due to their substance abuse habits.

### ***Homelessness***

The second homelessness category described included those living on the streets, often dealing with substance abuse issues which create medical problems that result in Emergency Department visits.

### ***How to Market Information***

This category was subsumed under Education on How to Qualify, since both items focus on the need to get information to people unfamiliar with the healthcare system that will allow them to access it more easily.

### ***How to Serve the Middle Class***

One focus group noted that support systems created by the Affordable Care Act make health insurance more affordable for low-income families, but that the subsidies that allow this affordability phase out as family income increases, and middle-class workers

without employer-paid insurance still face substantial insurance costs to cover their families. The terms of most CoveredCA policies include tradeoffs: the policies that have the most affordable payments have the highest deductibles, and as deductibles decrease in more comprehensive policies, the monthly payments increase. The result is that health insurance is still relatively unaffordable for families in middle-income categories.

### ***Junk Food***

While few people in the EH PSA are truly starving, many more are malnourished due to their diets. Some of this problem is blamed on restaurants and food stores that feature high-fat, high-sugar menu items. It was suggested that hospitals could be information providers to their clients, to assist them in determining how to avoid less-nutritious diet items and focus on healthier choices.

### ***Lack of Discipline (from parents to kids)***

Several members of the group felt that undisciplined children were health hazards to themselves and to people around them. No consensus could be reached regarding how to enforce discipline, however.

### ***Language Issues***

Language barriers were mentioned by several participants, and the sheer number of languages spoken in the home of various clients was considered a major issue. Data for SPA 2 indicates that only 45% of area residents speak English as their first language at home, with another 33% speaking Spanish as a first language. “Other Indo-European Languages” as a group accounted for another 13% and “Other Pacific-Asian Languages” came in at 8%, with “Other Languages” comprising the remaining amount. The number of languages that comprise the last three categories is not discernable from the data. This presents a significant problem for hospitals attempting to treat clients whose language is not understood by the medical staff.

### ***Legal Planning***

Hospitals are places in which many people spend their final days or hours. In many cases, decisions must be made as to the course or treatment for these clients, and the clients themselves may not be in any condition to control their own treatment. If plans have not been codified and made available to staff, some decisions may be required of staff that would not be those of the client or his/her loved ones. Cases like this present legal and ethical problems for medical personnel.

### ***Long Term Care Insurance***

Almost all health insurance policies cover acute care services, and to a lesser extent, the costs of rehabilitation. Very few standard policies provide for long term custodial care. To meet this shortcoming, Long Term Care Insurance policies are available, but they are currently available only on a voluntary basis. Thus, the vast majority of U.S. citizens do not have coverage that will pay the costs of care beyond a few months.

### ***Low Birth Weight Babies***

Advances in Neonatology have made the occurrence of premature birth less of an automatic death sentence, and many children born weeks premature survive to healthy adulthood. But for children born at low birth weights, the risks involved in growing to normal weight are much greater than the dangers associated with normal birth weights. Neonatology as a specialty is an important discipline, and the technology available to assist neonatologists is advancing rapidly. The costs associated with caring for low birth weight children are very high, and to the extent that prenatal care can be delivered to mothers-to-be, the costs and risks can be minimized.

### ***Mental Health***

Mental Health is one of the primary issues outlined in the Executive Summary. Mental health insurance has historically been less fully covered by health insurers, but the Affordable Care Act promoted “Mental Health Parity” as part of the basic set of benefits required of all insurers eligible for inclusion in ACA-compliant plans. Mental health issues are often comorbidities with physical ailments that cause clients to seek care, and hospital EDs often are forced to cope with trauma cases in which the mental state of the patient is a secondary malady.

### ***Obesity***

Obesity is one of the primary issues listed in the Executive Summary. The condition itself is not a disease, but it often leads to many lifestyle-related diseases such as diabetes, coronary disease and heart attacks. As a lifestyle issue, it is best addressed with behavior management programs and offered in non-institutional settings.

### ***Patient Access to Medical Records***

Medical records are typically maintained by the provider that created them. As more and more clients start to request copies of their medical records, the question of who owns the records has arisen. Cases are now in court that will determine the conditions under which patients are entitled to their records, and what privacy issues must be addressed to meet existing regulations.

### ***Poverty***

Poverty, like obesity, is not a health condition, but poverty status is both a positive indicator that medical care will be needed, and a situation that creates opportunities for poor health status. The ACA attempted to address the poverty-related issue of insurance affordability by expanding eligibility for Medicaid services and providing subsidies for low-income families buying health insurance. But low-income people face daily decisions about what they can afford to buy, and health insurance often is an option on the “don’t buy” list.

### ***Premature Pregnancies***

Premature deliveries create complications related to low birth weight. Many premature births are accompanied by issues related to substance abuse or unhealthy lifestyles that generate complications in the delivery process, as well as low-birth-weight children, who may need extensive support to survive to normal birth weight.

### ***Providers***

Providers were mentioned as a healthcare issue, since they are the sources of acute care within the healthcare system, and are the sources of many issues related to customer service, medical malpractice, billing problems, and bureaucracy. These specific issues were mentioned and are discussed elsewhere in this list.

### ***Robbery***

Along with other criminal behaviors, robbery is a source of apprehension and often a cause of hospitalization when the robbery is accompanied by violence. As was noted earlier, violent crimes including robbery increased from 2014 to 2016 in the EH PSA.

### ***Sugary Drinks***

Many soft drinks and other refreshments contain sugar, which has recently become a focus of dieticians as a contributor to obesity and the diseases associated with obesity. Ballot measures to tax sugar-containing drinks have been introduced nationwide, and more measures are expected.

### ***Street Vendors***

In many neighborhoods, street vendors are common purveyors of fast food and drink, and many operate without licensure. This raises the possibility that the foods they serve may not meet restaurant standards, and may transmit diseases. The City of Los Angeles has made several attempts to regulate street commerce, but none of those attempts have stopped vendors from continuing to operate. Public health officials list street vendors as potential sources of food-borne pathogens, and warn consumers of the possible hazards.

### ***Stress***

Stress is often cited as a contributor to heart conditions, stroke, and other diseases. Like obesity, it is not a direct cause of disease, but its presence increases the probability of disease occurrence.

### ***Stroke***

Strokes involve blood clots in the brain that impede blood flow. They are like heart attacks, except that the brain is the affected organ. Strokes are amenable to speedy treatment, and thus are the subject of research on ways to facilitate quick response to stroke symptoms.

### ***Substance Abuse Disorder***

Substance abuse disorder is a clinical term for a set of behaviors and symptoms that indicate drug dependency and are amenable to treatment. Different drugs are classified under the general category, with each drug having a specific set of symptoms.

### ***Suicide***

Suicide prevention is a hotly discussed topic among public health practitioners. Per the Centers for Disease Control (CDC), California had a lower rate of suicides (9.4 per hundred thousand residents) than the U.S. as a whole (11.1 per 100,000), and Los Angeles had the lowest rate among regions within the state at 8 per 100,000.

### ***Teen Births***

Births to teenage mothers are a public health issue, since most teenagers are poorly prepared to perform parenting duties. The good news is that the birthrate among females aged 15-19 has declined 42% between 2007 and 2014, per the CDC. The California Department of Public Health (CDPH) reports a 55% decline in teen births between 200 and 2014, and notes that the birthrate declined 10% from 2013 to 2014.

### ***Transitional Care***

Transitional care includes the process of managing clients after they leave the hospital as they move to lower-level care settings, and hopefully back home. Many options are available to patients leaving hospitals, but coordination among the various providers is an evolving process, with multiple organizations and government entities involved in transition management and payment for services. This item is one of the primary issues discussed in the Executive Summary.

### ***Trash***

Trash in public places presents multiple public health issues, from germs on various surfaces, to toxic waste improperly disposed, to potential for needle sticks when syringes are improperly discarded.

### ***Unemployment***

Employment issues have historically been intimately linked to health insurance, since the largest portion of the U.S. population is covered by employer-based insurance policies. Unemployment breaks that relationship, leaving unemployed people with both a lack of income and a loss of healthcare coverage. The Affordable Care Act contains provisions making it easier for unemployed people to obtain insurance, but unemployment remains a significant factor in lack of health insurance.

### ***Unplanned Pregnancies***

Unplanned pregnancies present both problems and opportunities. For those whose pregnancy constitutes a problem, alternatives are available from various providers. The primary issue for healthcare providers is to assure that whatever solution is selected, the medical care associated with it is provided at appropriate sites and by appropriate providers.



### ***Walk-In Mental Health***

One of the primary complaints of emergency department staff at almost any hospital is the fact that after normal clinic hours, the ED becomes the only choice for walk-in care. Many of these walk-in visits involve mental health issues as well as more medical problems, but the ED staff is generally composed of experts in the care of trauma and other sudden changes in health status. Treating patients with severe mental issues is outside the expertise of most clinicians, and there are very few options to which the ED staff can refer psychological problems.

### ***Wellness Care***

The idea of assisting clients to stay well so they don't require hospitalization seems obvious, but current reimbursement programs and licensing laws make it difficult for institutional care providers to reach out beyond their walls to potential patients. Under ACA provisions, this issue is addressed punitively by reducing hospitals' reimbursement if discharged patients are readmitted within thirty days. But proactive programs to help residents with problems that could result in hospitalization if not corrected are still rare.

## APPENDIX A

### STEERING COMMITTEE

- The steering committee for the CHNA is composed of the operating management of the hospital, along with board members overseeing the foundation.

<b>Steering Committee - Encino Hospital</b>		
<b>Name</b>	<b>Title</b>	<b>Role in Community</b>
Bockhi Park	Acting Chair	CEO
J. Nathan Rubin, MD	Chief of Staff	Chief of Staff
Jason Greenspan, MD	Member-at-Large	Member-at-Large
David Thorson	Member-at-Large	Community Member
Christopher Cooper	Member-at-Large	Community Member
Kenn Phillips	Member-at-Large	Community Member
EM V. Garcia	Member-at-Large	Administrator
Roland Santos	Member-at-Large	CNO

Not all members of the steering committee were available for meetings, but the committee approved the analysis of needs and will oversee the implementation of programs to meet the needs as outlined in the Implementation program.

## APPENDIX B

### FOCUS GROUPS

<b>Encino Hospital Focus Group Participants</b>		
4/27/2016 Focus Group		
First Name	Last Name	Organizaiton
Paul	Davis	Paul Davis Insurance
Tricia	Ercoli	Prime Healthcare
Sally	Hartinian	Advantage Plus Caregivers
Melissa	Jones	Partners In Care Foundation
Gerald	Kane	Law Offices of Gerald L. Kane
Barbara	Kingston	Law Offices of Gerald L. Kane
Bob	Rothman	Los Angeles Police Dept
Roland	Santos	Sherman Oaks Hospital
Richard	Weatherman	Advantage Plus Caregivers
Michelle	Weisman	The Next Residential Board & Care
3/17/2016 Focus Group		
Dane	Anderson	Belmont Village
Molly	Buck	Los Robles Homecare
Kari	Carlstrom	Skirball Hospice
Jacob	Cohen	South Pacific
Andrea	Daniels	Heart Light
Anthony	Davenport	A Link to Care
Josh	Gargoles	Windsor Terrace
Gisella	Magaling	Windsor Terrace
Nune	Miasyan	Valley Palms Care
Vicki	Nusbauer	Sherman Oaks Chamber of Commerce
Lisa	O'laughlin	Fairwinds
Verna	Paschia	Sunrise Retirement
Connie	Richardson	AAATLC Health Care
Tom	Rokowski	Brookdale of Chatsworth
Ruth	Rosenberg	LivHome
Sandy	Rossnauer	Senior Resources
Roland	Santos	Sherman Oaks Hospital
Sharon	Schoenberger	Atria Senior Living
Jose	Speede	Belmont Village
Josephine	Villaluz	Home Health 4
Lisa	Villasenor	Brookdale of Chatsworth
Marissa	Widz	W6 Valley
Klara	Zimmerman	Maps / Garden Park Balboa

## APPENDIX C

### COMMUNITY RESOURCES

The following lists are extracted from various websites. Los Angeles County maintains a health information website which allows searches for specific services near a given zip code. Go to [www.211LA.com](http://www.211LA.com), and use the **Find Resources Now** function.

#### *Asthma*

Agency	Address	City	Zip	Telephone
Advance Health Medical Group	333 E. Magnolia Blvd., Unit 103	Burbank	91502	(818)848-1555
Allergy and Asthma Institute of the Valley – West Hills	7230 Medical Center Dr Ste 602	West Hills	91307	(818)769-5998
Allergy and Asthma Institute of the Valley – Granada Hills	10515 Balboa Blvd., #390	Granada Hills	91344	(818)366-8112
Allergy and Asthma Institute of the Valley – Studio City	12660 Riverside Dr., #325	Studio City	91607	(818)769-5998
Asthma and Allergy Foundation of America, California Chapter	3435 Wilshire Blvd., Ste. 350	Los Angeles	90010	(800) 624-0044 (323)937-7859
Glendale Healthy Kids	735 Lexington Dr.	Glendale	91206	(818)548-7931

#### *Cancer Resources*

Agency	Address	City	Zip	Telephone
American Cancer Society	4454 Van Nuys Blvd. #100	Sherman Oaks	91403	(818)905-9141
Circle of Hope Inc.	23560 Lyons Ave.	Newhall	91322	(661)254-5218
El Proyecto Del Barrio - Arleta Health Center	13641 Van Nuys Blvd.	Pcoima	91331	(818)896-1135
Elysia Skye Breast Cancer Organization	5805 Whitsett Ave. # 211	Valley Village	91607	(310)402-5163
Hats Off for Cancer Inc.	3850 Poppyseed Ln.	Calabasas	91302	
LAC DHS - San Fernando Health Center	10605 Balboa Blvd., Ste. 100	Granada Hills	91344	(818)832-2400
Leukemia and Lymphoma Society's Greater L.A Chapter	6033 West Century Blvd, Suite 300	Los Angeles	90045	(310)342-5800
Los Angeles County Department of Health Service (LAC DHS) - Mid Valley Comprehensive Health Center	7515 Van Nuys Blvd.	Van Nuys	91405	(818)947-4000

Meet Each Need With Dignity (MEND)	10641 N. San Fernando Rd.	Pacoima	91331	(818)686-7300
Mission City Community Network, Inc.	15206 Parthenia St.	North Hills	91343	(818)895-3100
NEVHC - Pacoima Health Center and WIC Site	12756 Van Nuys Blvd.	Pacoima	91331	(818)270- 9777
Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
Ovarian Cancer Coalition of Greater California	P.O. Box 40035	Studio City	91614	(800)500-1877 (818)985-0288
Planned Parenthood Los Angeles Canoga Park Health Center	21001 Sherman Way, Ste. 9	Canoga Park	91303	(800)576-5544
The Robert Urich Foundation Inc.	10060 Riverside Dr. #1001	Toluca Lake	91602	(310)817-0945
The Wellness Community	9410 Owensmouth Ave.	Chatsworth	91311	(818)379-4777
WeSPARK Resource Center	13520 Ventura Blvd.	Sherman Oaks	91423	(818)906-3022

***Child Abuse and Prevention***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Child Help USA				(800)422-4453
Children's Institute International	711 S. New Hampshire Ave.	Los Angeles	90005	(213)385-5100
Department of Social Services	21731 Ventura Blvd. #250	Woodland Hills	91364	(818)596-4334
El Nido Family Center	13460 Van Nuys	Pacoima	91331	(818)896-7776
El Nido Family Centers	10200 Sepulveda Blvd. #350	Mission Hills	91345	(818)830-3646
El Proyecto del Barrio	9140 Van Nuys Blvd.	Panorama City	91402	(818)895-0824
First 5 LA Champions For Our Children	750 North Alameda St., Ste. 300	Los Angeles	90012	(213)482-5902
L.A. County Department of Children and Family Services	425 Shatto Place	Los Angeles	90020	Headquarters: (213)351-5507 Public line: (213)351-5602
Los Angeles Police Department	100 West 1st. St. Room	Los Angeles	90012	911
Safe Passage - Women Crowned in Glory Inc.	P.O. Box 40034	Studio City	91614	(818)232-7476
The Help Group	13130 Burbank Blvd.	Sherman Oaks	91401	(818)779-5262
Valley Interfaith Council	10824 Topanga Canyon Blvd. #7	Chatsworth	91311	(818)718-6460

### ***Community Clinics***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Alzheimer's Greater San Fernando Valley Regional Office	16933 Parthenia St. #200	Northridge	91343	(800)272-3900
American Cancer Society	4940 Van Nuys Blvd.	Sherman Oaks	91403	(818)905-7766
American Cancer Society SFV Unit	500 N. Victory Blvd.	Burbank	91502	(818)841-2969
CareNex Health Services	15477 Ventura Blvd., Ste. LL	Sherman Oaks	91403	(877)367-6428 (818)205-2500
Columbus Middle School Columbus School Based Clinic	22250 Elkwood St.	Canoga Park	91304	(818)702-1270
Community Clinic Association of Los Angeles County	1055 Wilshire Blvd.	Los Angeles	90017	(213)201-6500
Community Speech and Hearing Center	18740 Ventura Blvd. #100	Tarzana	91356	(818)774-0224
Comprehensive Community Health Center	12157 Victory Blvd.	North Hollywood	91606	(818)755-8000
Comprehensive Community Health Centers Inc.	801 S. Chevy Chase Dr. #250	Glendale	91205	(818)265-2264
Del Carmen Medical Center	19234 Vanowen St.	Reseda	91335	(818)705-1157
East Valley District Office	14545 Lanark St.	Panorama City	91402	(818)901-4120
El Proyecto del Barrio	8902 Woodman Ave.	Arleta	91331	(818)830-7033
El Proyecto del Barrio	9140 Van Nuys Blvd.	Panorama City	91402	(818)895-0824
El Proyecto del Barrio/Family Health Care Clinic	20800 Sherman Way	Canoga Park	91304	(818)883-2273
Goodwill Southern California	342 San Fernando Rd.	Los Angeles	90031	(323)223-1211
Hart St. School Health Center	21006 Hart St.	Canoga Park	91303	(818)883-0360
Hungry Children Project	16520 Vintage St.	North Hills	91343	(818) 349-2093
International Myeloma Foundation	12650 Riverside Dr. #206	North Hollywood	91607	(800)452-2873 (818)487-7455
Joni and Friends	30009 Ladyface Ct.	Agoura Hills	91301	(818)707-5664
Kennedy High School Based Clinic	11254 Gothic Ave.	Granada Hills	91344	(818)271-2547
Los Angeles Jewish Home	7150 Tampa Ave.	Reseda	91335	(818)774-3000
Los Angeles Unified School District - PTA Vision Clinics - Telfair Avenue Health Center	10911 Telfair Ave.	Pacoima	91311	(818)899-6113
Medicina Familiar	13500 Van Nuys Blvd.	Pacoima	91331	(818)896-2999
Meet Each Need With Dignity (MEND)	10641 No. San Fernando Rd.	Pacoima	91331	(818)896-0246
Mission City Community Clinic, Inc.	4842 Hollywood Blvd.	Los Angeles	90027	(323)644-1110

Mission City Community Network Inc.	15206/15210 Parthenia St.	North Hills	91343	(818)895-3100
Motion Picture & Television Fund Foundation	23388 Mulholland Dr.	Woodland Hills	91364	(855)7606783 (818)876-1900
NEVHC - Pacoima Health Center and WIC Site	12756 Van Nuys Blvd.	Pacoima	91331	(818)270- 9777
NEVHC - San Fernando Health Center	1600 San Fernando Rd.	San Fernando	91340	(818)365-8086
Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
ONEgeneration	17400 Victory Blvd.	Van Nuys	91406	(818)705-2345
Pacific Lodge Youth Services	4900 Serrani Ave.	Woodland Hills	91364	(818)347-1577
Partners in Care Foundation	732 Mott St., Ste.150	San Fernando	91340	(818)837-3775
Planned Parenthood Los Angeles Canoga Park Health Center	21001 Sherman Way, Ste. 9	Canoga Park	91303	(800)576-5544
School Health Services Division San Fernando High School	11133 O'Melveny St.	San Fernando	91340	(818)365-7517
Tarzana Treatment Center	8330 Reseda Blvd.	Northridge	91324	(818)996-7019
Tarzana Treatment Center	7101 Baird Ave.	Reseda	91335	(818)342-5897
Telfair School Health Center	10911 Telfair Ave.	Pacoima	91331	(818)899-6113
The Saban Free Clinic - Is the Los Angeles Free Clinic	8405 Beverly Blvd.	Los Angeles	90048	(323)653-8622
Therapeutic Living Centers for the Blind Inc.	7915 Lindley Ave.	Reseda	91335	(818)708-1740
Total Family Support Clinic	13788 Foothill Blvd. Unit 8	Sylmar	91342	(818)833-9789
UCP Wheels for Humanity	12750 Raymer St. Unit 4	North Hollywood	91605	(818)255-0100
United Cerebral Palsy of Los Angeles, Ventura and Santa Barbara Counties	6430 Independence Ave.	Woodland Hills	91367	(818)782-2211
Valley Community Clinic	6801 Coldwater Canyon Ave.	North Hollywood	91605	(818)763-8836
Valley Interfaith Council	4505 Las Virgenes Rd. #211	Calabasas	91302	(818)880-4842
Valley View Family Clinic	14400 Roscoe Blvd.	Panorama City	91402	(818)830-6888
Valley Village	20830 Sherman Way	Winnetka	91306	(818)587-9450
Willie Ross Foundation	6621 Van Nuys Blvd.	Van Nuys	91405	(818)786-7677
Women, Infants and Children (WIC)				(916)558-1784



### ***Community Organizations***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Activities Recreation & Care (ARC)	6456 Whitsett Ave.	North Hollywood	91606	(818)762-365
Alliance for a Better Community	350 South Bixel St., Ste. 180	Los Angeles	90017	
Arthritis Foundation	800 W. 6th St., Ste. 1250	Los Angeles	90017	(323)954-5750
Boys & Girls Club of Burbank	2244 N. Buena Vista St.	Burbank	91504	(818)842-333
Boys & Girls Club of San Fernando Valley	11251 Glenoaks Blvd.	Pacoima	91331	(818)896-261
Boys & Girls Club of the West Valley	7245 Remmet Ave.	Canoga Park	91303	(818)610-054
Build Rehabilitation Industries	12432 Foothill Blvd.	Sylmar	91342	(818)898-020
Build Worksource	9207 Eton Ave.	Chatsworth	91311	(818)701-800
Canoga Park Village Ready for School	22250 Elkwood St.	Canoga Park	91304	(818)716-1376
Center for Living and Learning	14549 Archwood St. #221	Van Nuys	91405	(818)781-1073
Child & Family Guidance Center	9650 Zelzah Ave.	Northridge	91325	(818)993-9311
Child care Resource Center - Customer Support and Information	20001 Prairie St.	Chatsworth	91311`	(818)717-1000
Chrysalis	14015 Van Nuys Blvd., Ste. E	Pacoima	91331	(818)794-4200
Community Enhancement Services (CES)	16743 Schoenborn St.	North Hills	91343	(818)894-8121
County of Los Angeles Public Health - Immunization Program Public Health	3530 Wilshire Blvd., Ste. 700	Los Angeles	90010	(213)351-7800
East Valley PALS	11640 Burbank Blvd	North Hollywood	91601	(818)623-4001
EL Nido Family Center	13460 Van Nuys	Pacoima	91331	(818)896-7776
El Nido Family Centers	10200 Sepulveda Blvd. #350	Mission Hills	91345	(818)830-3646
El Proyecto del Barrio	9140 Van Nuys Blvd.	Panorama City	91402	(818)895-0824
El Proyecto del Barrio/Family Health Care Clinic	20800 Sherman Way	Canoga Park	91304	(818)883-2273
Fernando Award Foundation Inc.	12520 Magnolia Blvd. #212	North Hollywood	91607	(818)817-4218
Friends of the Family	15350 Sherman Way #140	Van Nuys	91406	(818)988-4430
Glendale Healthy Kids	735 Lexington Dr.	Glendale	91206	(818)548-7931
Guadalupe Center	6933 Remmet Ave.	Canoga Park	91303	(818)340-2050
Halcyon Center	10842 Alta View Dr.	Studio City	91604	(323)654-4307
Haven Hills	P.O. Box 260	Canoga Park	91305	(800)799-7233 (818)887-7481

Independent Living Center of Southern California	14407 Gilmore St. #101	Van Nuys	91401	(818)785-6934 (800)524-5272
Jewish Community and Recreational Center of the West Valley	22622 Vanowen St.	West Hills	91307	(818)464-3300
Jewish Family Service of Los Angeles	13949 Ventura Blvd. #308	Sherman Oaks	91423	(818)789-1293
Jewish Family Services Los Angeles				(877)275-4537
Jewish World Watch	17514 Ventura Blvd. #206	Encino	91316	(818)501-1836
JFS/ Valley Storefront Senior Center	12821 Victory Blvd.	North Hollywood	91606	(818)984-1380
Joni and Friends	30009 Ladyface Ct.	Agoura Hills	91301	(818)707-5664
Leonis Adobe Museum	23537 Calabasas Rd.	Calabasas	91302	(818)222-6511
Lutheran Social Services	80 E. Hillcrest Dr.	Thousand Oaks	91360	(805)497-6207
Meet Each Need with Dignity (MEND)	10641 No. San Fernando Rd.	Pacoima	91331	(818)896-0246
Mid Valley Jeopardy Foundation	6015 Woodman Ave.	Van Nuys	91401	(818)756-9802
New Directions for Youth	7315 North Lankershim Blvd.	North Hollywood	91605	(818)375-1000
New Horizons	15725 Parthenia St.	North Hills	91343	(818)894-9301
Old Town Newhall Association	24336 Main St.	Newhall	91321	(661)253-0730
Operation Gratitude	16444 Refugio Rd.	Encino	91436	(818)909-0039
Penny Lane Centers	15305 Rayen St.	North Hills	91343	(818)892-3423
Pleasantview Industries Inc.	27921 Urbandale Ave.	Santa Clarita	91350	(661)296-6700
Project SAFE - The Help Group	6455 Coldwater Canyon Blvd.	Valley Glen	91606	(818)623-6383 (818)623-6382
Project Youth Green	444 South Brand Blvd., Ste. 201	San Fernando	91340	(818)890-2928
Pueblo y Salud Inc.	1024 N. Maclay Ave.	San Fernando	91340	(818)837-2272
Rickey and Robbi Gelb Charitable Foundation	17547 Ventura Blvd. #201	Encino	91316	(818)377-2277
Ride On L.A.	10860 Topanga Canyon Blvd.	Chatsworth	91311	(818)700-2971
San Fernando Valley Community Foundation	5121 Van Nuys Blvd. #200	Sherman Oaks	91403	(818)379-7000
Special Olympics Southern California - Tri-Valley	24779 Valley St.	New Hall	91321	(818)342-0017
The Valley Economic Alliance	5121 Van Nuys Blvd.	Sherman Oaks	91403	(818)379-7000
Topanga BOOSTERS	21501 Schoenborn St.	Canoga Park	91304	(818)756-4800
Total Family Support Clinic	13788 Foothill Blvd. Unit 8	Sylmar	91342	(818)833-9789
Travelers Aid Society of Los Angeles	800 N. Alameda St.	Los Angeles	90012	(213)625-2160

United Cerebral Palsy of Los Angeles, Ventura and Santa Barbara Counties	6430 Independence Ave.	Woodland Hills	91367	(818)782-2211
Valley Economic Alliance	5121 Van Nuys Blvd. #200	Sherman Oaks	91403	(818)379-7000
Valley Economic Development Center Inc.	5121 Van Nuys Blvd. 3rd Floor	Van Nuys	91403	(818)907-9977
Valley group	17547 Ventura Blvd. #201	Encino	91316	(818)377-2277
Valley Industry & Commerce Association (VICA)	5121 Van Nuys Blvd. #203	Sherman Oaks	91403	(818)817-0545
Valley Interfaith Council	4505 Las Virgenes Rd. #211	Calabasas	91302	(818)880-4842
Valley Nonprofit Resources	5435 Balboa Blvd. #115	Encino	91316	(818)591-9321
Volunteer Center of Los Angeles	8134 Van Nuys Blvd. #200	Panorama City	91402	(818)908-5066
Volunteers of America Greater Los Angeles	3600 Wilshire Blvd., Ste. 1500	Los Angeles	90010	(213)389-1500
Wellness Works Therapy				(877)884-3089
West Valley Police BOOSTERS	17547 Ventura Blvd. #201	Encino	91316	(818)377-2277
Zev Yaroslavsky Third District Office	14340 Sylvan St., Ste. A	Van Nuys	91401	(818)901-3831

***Crisis Prevention***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Access (LAC DMH Crisis Assistance)				(800)854-7771
American Red Cross	14717 Sherman Way	Van Nuys	91405	(818)376-1700
California Youth Crisis Line				(800)843-5200
Counseling Center				(661)702-0000
County of Los Angeles Dept. of Mental Health (LAC DMH) West Valley Mental Health	7621 Canoga Ave.	Canoga Park	91304	(818)598-6900
El Centro De Amistad Inc.	6800 Owensmouth Ave.	Canoga Park	91303	(818)347-8565
LAC DMH Valley Care Children's Services	19231 Victory Blvd. Ste. 110	Reseda	91335	(818)708-4500 (800)854-771
Los Angeles County Department of Mental Health - Disaster Services	550 S. Vermont Ave.	Los Angeles	90020	(800)854-7771 (213)738-924
Los Angeles County Mental/Behavioral Health - Psychiatric Emergency Team (PET)		Los Angeles		(800)854-7771
Los Angeles Police Department Foothill Jeopardy Family Center	11844 Glenoaks Blvd.	San Fernando	91340	(818)837-1167

Los Angeles Police Department Jeopardy Program - Reseda	19020 Vanowen St.	Reseda	91335	(818)756-8671
Peace Over Violence formally known as LACAAW	1015 Wilshire Blvd., Ste. 200	Los Angeles	90017	(213)955-9090 (310)392-8381
Suicide Prevention Services, Los Angeles Unified School District	333 S. Beaudry Ave.	Los Angeles	90017	(213)241-1000
The Los Angeles Police Department	12760 Osborne St.	Pacoima	91331	(818)756-8866
Therapeutic Living Centers for the Blind	7915 Lindley Ave.	Reseda	91335	(818)708-1740
Valley Center for Prevention of Family Violence	13655 Victory Blvd., Ste. 201	Van Nuys	91405	(818)786-2079
Valley Trauma	7116 Sophia Ave.	Van Nuys	91406	(818)756-5330

### ***Dental Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
CaliforniaKids- Los Angeles	5200 Lankershim Blvd. Ste. 360	North Hollywood	91601	(818)755-9708
Hart St. School Health Center	21006 Hart St.	Canoga Park	91303	(818)883-0360
Kids Community Clinic of Burbank	400 West Elmwood Ave.	Burbank	91506	(818)841-8010
LAC DHS - Olive View- UCLA Medical Center	14445 Olive View Dr.	Sylmar	91342	(818)364-1555
LAC DPH - Pacoima Health Center	13300 Van Nuys Blvd.	Pacoima	91331	(818)896-1903
Meet Each Need With Dignity (MEND)	10641 N San Fernando Rd.	Pacoima	91331	(818)686-7300
Mission City Community Network	15206 Parthenia St.	North Hills	91343	(818)895-3100
NEVHC - San Fernando Health Center	1600 San Fernando Rd.	San Fernando	91340	(818)365-8086
Northeast Valley Health Corporation	1172 North Maclay Ave.	San Fernando	91340	(818)898-1388
Northeast Valley Health Corporation	7107 Remmet Ave.	Canoga Park	91303	(818)340-3570
Olive View Medical Center Dental Clinic	14445 Olive View Dr.	Sylmar	91352	(818)947-4028
Tarzana Treatment Center	8330 Reseda Blvd.	Northridge	91324	(818)996-7019
UCLA Dental Clinic - Mission Community Hospital	732 Mott St. Ste. 110	San Fernando	91340	(818)837-0398
Valley Community Clinic	6801 Coldwater Canyon Blvd.	North Hollywood	91605	(818)763-8836

### ***Diabetes Resources***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
American Diabetes Association				(800)EFA-1000
Columbus Middle School (School Based Clinic)	22250 Elkwood St.	Canoga Park	91304	(818)702-1270

Meet Each Need With Dignity (MEND)	10641 N San Fernando Rd.	Pacoima	91331	(818)686-7300
Mission Community Hospital-San Fernando Campus For Health and Education	700 Chatsworth Dr.	San Fernando	91340	(818)365-5059
Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
North East Valley Community Clinic	1600 San Fernando Rd.	San Fernando	91340	(818)365-8086
North Valley Health Corporation	1172 North Maclay Ave.	San Fernando	91340	(818)898-1388
Tarzana Treatment Center	8330 Reseda Blvd.	Northridge	91324	(818)996-7019

### ***Domestic Violence***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Counseling West	20700 Ventura Blvd., Ste. 210	Woodland Hills	91364	(818)999-6164
Domestic Abuse Center	8817 Reseda Blvd., #C	Northridge	91324	(818)772-0176
Jewish Family Services	22622 Vanowen St.	West Hills	91307	(818)464-3333
Valley Center for the Prevention of Family Violence	20944 Sherman Way, #209	Canoga Park	91303	(818)883-2132
Valley Trauma Counseling Center	7116 Sophia Ave.	Van Nuys	91406	(818)756-5330

### ***Drugs and Alcohol Recovery Programs***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
AA Alcoholics Anonymous	7417 Van Nuys Blvd., Ste. E	Van Nuys	91405	(818)988-3001
Al-Anon	4936 Lankershim Blvd.	North Hollywood	91601	(818)760-7122
CRI-Help Inc.	11027 Burbank Blvd.	North Hollywood	91601	(818)985-8323
CRI-Help Inc.	2029 Keith St.	Los Angeles	90031	(323)222-7660
CRI-Help Inc.	8330 Lankershim Blvd.	North Hollywood	91605	(818)504-0505
El Dorado Community Service Center	24625 Arch St.	Newhall	91321	(661)288-2644
El Sereno Manor Sylmar Health and - Rehabilitation Center	12220 Foothill Blvd.	Sylmar	91342	(818)834-5082 ext. 118
I-ADARP - Drug and Substance Abuse Programs	6911 Hayvenhurst Ave., Ste. 101	Van Nuys	91406	(818)994-7454
Kingpins of Sobriety - Candlelight	7552 Remmet St.	Canoga Park	91303	
Narcotics Anonymous World Services	19737 Nordhoff Pl.	Chatsworth	91311	(818)773-9999
NEVHC - Pacoima Health Center and WIC Site	12756 Van Nuys Blvd.	Pacoima	91331	(818)270- 9777
New Directions for Youth	7315 N. Lankershim Blvd.	North Hollywood	91605	(818)503-6330

Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	( 818)270-9777
Now & Forever Foundation	8745 Parthenia Pl.	North Hills	91343	(818)895-5002
People in Progress	8140 Sunland Blvd.	Sun Valley	91352	(818)768-7494
Phoenix House	11600 Eldridge Ave.	Sylmar	91342	(818)896-1121 (877)769-9668
Provides referrals for drug treatment - Tarzana Treatment Center	18646 Oxnard St.	Tarzana	91356	(818)996-1051
San Fernando Valley Partnership	1131 Celis St.	San Fernando	91340	(818)837-7767
Tarzana Treatment Center	8330 Reseda Blvd.	Northridge	91324	(818)996-1051
Tarzana Treatment Center	7101 Baird Ave.	Reseda	91335	(818)342-5897
Total Family Support Clinic	13788 Foothill Blvd.	Sylmar	91342	(818)833-9789
Via Avanta	11643 Glenoaks Blvd.	Pacoima	91331	(818)897-2609
We will be Clean	6006 Laurel Canyon Blvd.	North Hollywood	91606	

### ***Employment Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Canoga Park Work Source Center	21010 Vanowen St.	Canoga Park	91303	(818)596-4116
Chatsworth Work Source Center	9207 Eton Ave.	Chatsworth	91311	(818)701-9800
Chrysalis	14015 Van Nuys Blvd., Ste. E	Pacoima	91331	(818)794-4200
El Camino Community Adult School (LAUSD)	5440 Valley Circle	Woodland Hills	91367	(818)595-8000
El Proyecto del Barrio	8902 Woodman Ave.	Arleta	91331	(818)830-7181
Employment Development Department	11623 Glenoaks Blvd.	Pacoima	91331	(818)890-9400
Goodwill Southern California	342 San Fernando Rd.	Los Angeles	90031	(323)223-1211
Kennedy Community Adult School (LAUSD)	11254 Gothic Ave	Granada Hills	91340	(818)271-2550
Loaves & Fishes II - Van Nuys	14640 Keswick St.	Van Nuys	91405	(818)997-0943
Los Angeles ORT Technical Instituto - Van Nuys Campus	14519 W. Sylvan St.	Van Nuys	91411	(818)646-4714
Meet Each Need with Dignity (MEND)	10641 No. San Fernando Rd.	Pacoima	91331	(818)896-0246
New Directions for Youth	7315 North Lankershim Blvd.	North Hollywood	91605	(818)503-6330
North Valley Occupational Center (LAUSD)	11450 Sharp Ave.	Mission Hills	91345	(818)365-9645
Pacoima Skills Center (LAUSD)	13545 Van Nuys Blvd.	Pacoima	91331	(818)896-9558

Worksource of California - Adult	9024 Laurel Canyon Blvd.	Sun Valley	91352	(818)504-0334
----------------------------------	--------------------------	------------	-------	---------------

### ***Eye Exams***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Hart St. School Health Center	21006 Hart St.	Canoga Park	091303	(818)883-0360
Castaic Lions Club	P.O. Box 312	Castaic	91310	

### ***Food Programs***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Alpa Food Bank	7336 Bellaire Ave.	North Hollywood	91605	(818)255-0080
Children's Hunger Fund	13931 Balboa Blvd.	Sylmar	91342	(818)979-7100
Eliza Shanks Home, Inc.	13055 Weidner St.	Pacoima	91331	(818)335-1233
Family Rescue Center	22103 Vanowen St.	Canoga Park	91303	(818)884-7587
Guadalupe Community Center	21600 Hart St.	Canoga Park	91303	(818)340-2050
Holy Rosary Church	7800 Vineland Ave.	Sun Valley	91352	(818)765-3350
Interfaith Food Pantry Coalition Greater Community Church	10824 Topanga Cyn. Blvd. #7	Chatsworth	91311	(818)718-6460
Meet Each Need With Dignity (MEND)	10641 N. San Fernando Rd.	Pacoima	91331	(818)686-7300
North Hollywood Interfaith Food Pantry	4387 Troost Ave.	Studio City	91604	(818)760-3575
North Valley Caring Services	15435 Rayen St.	North Hills	91343	(818)891-0481
Our Lady of The Holy Rosary Parish	7800 Vineland Ave.	Sun Valley	91352	(818)765-3350
Saint James Presbyterian Church	19414 Ventura Blvd.	Tarzana	91356	(818)345-2057
Salvation Army Corps Community Center - San Fernando Valley	14917 Victory Blvd.	Van Nuys	91411	(818)781-5739
San Fernando Valley Japanese-American Community Center	12953 Branford St.	Pacoima	91331	(818)899-1989
Santa Clarita Valley Food Pantry	34133 Railroad Ave.	Santa Clarita	91321	(661)255-9078
Sova Food Pantry - Valley	16439 Vanowen St.	Van Nuys	91406	(818)988-7682
St Elizabeth Service Center Distribution Site	6640 Cedros St.	Van Nuys	91405	(818)779-1775
St. Ferdinand Outreach Center	1109 Coronel St.	San Fernando	91340	(818)365-3194
Total Family Support Clinic	13788 Foothill Blvd., Unit 8	Sylmar	91342	(818)833-9789
United Methodist Church of Sepulveda	15435 Rayen St.	North Hills	91343	(818)892-1164



Valley Food Bank	12701 Van Nuys Blvd., Ste. A	Pacoima	91331	(800)417-5678 ext. 5060 or (818)510-4140
Valley Interfaith Council	4505 Las Virgenes Rd., #211	Calabasas	91302	(818)880-4842
West Valley Food Pantry	5700 Rudnick Ave.	Woodland Hills	91367	(818)346-6968
WIC Program (Women, Infants, and Children)				(916)558-1784

### ***Health Care Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
AIM Health Care Foundation	4630 Van Nuys Blvd. 1 <sup>st</sup> Floor	Sherman Oaks	91403	(818)981-5681
CareNex Health Services	15477 Ventura Blvd. Ste. LL	Sherman Oaks	91403	(818)205-2500
Community Speech and Hearing Center	18740 Ventura Blvd. #100	Tarzana	91356	(818)774-0224
Grandparents As Parents, Inc.	22048 Sherman Way #217	Canoga Park	91303	(818)264-0880
Guadalupe Center	6933 Remmet Ave.	Canoga Park	91303	(818)340-2050
Inner Circle Foster Care & Adoption Services	7120 Hayvenhurst Ave. #204	Van Nuys	91406	(818)988-6300
Joni and Friends	30009 Ladyface Ct.	Agoura Hills	91301	(818)707-5664
Los Angeles Jewish Home	7150 Tampa Ave.	Reseda	91335	(818)774-3000
Motion Picture & Television Fund Foundation	22388 Mulholland Dr.	Woodland Hills	91364	(818)876-1900
ONE generation	17400 Victory Blvd.	Van Nuys	91406	(818)705-2345
Pacific Lodge Youth Services	4900 Serrani Ave.	Woodland Hills	91364	(818)347-1577
Ride On L.A.	10860 Topanga Canyon Blvd.	Chatsworth	91311	(818)700-2971
Therapeutic Living Centers for the Blind Inc.	7915 Lindley Ave.	Reseda	91335	(818)708-1740
United Cerebral Palsy of Los Angeles, Ventura and Santa Barbara Counties	6430 Independence Ave.	Woodland Hills	91367	(818)782-2211
Valley Interfaith Council Inc.	4505 Las Virgenes Canyon Rd., #211	Calabasas	91302	(818)880-4842
Valley Village	20830 Sherman Way	Winnetka	91306	(818)587-9450

### ***Health Coverage for Adults and Children***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Antelope Valley Health Center	335-B E. Ave. K-6	Lancaster	93535	(661)723-4511
Columbus Middle School (School Based Clinic)	22250 Elkwood St.	Canoga Park	91304	(818)702-1270



Glendale Health Center	501 N. Glendale Ave.	Glendale	91206	(818)500-5785
Health Consumer Center	13327 Van Nuys	Pacoima	91331	(800)896-3203
Kennedy High School Based Clinic	11254 Gothic Ave.	Granada Hills	91344	(818)271-2547
Medi-Cal for children for LA County	21415 Plummer St.	Chatsworth	91311	818-718-5003 (818)380-6010
Mid-Valley Comprehensive Health Center	7515 Van Nuys Blvd.	Van Nuys	91405	(818)947-4000
San Fernando Health Center	1212 Pico St.	San Fernando	91340	(818)837-6969
Tarzana Family Resource Center	AT: Tarzana Elementary School	Tarzana	91356	(818)705-4988

### *Heart Disease*

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
American Heart Association	4741 Laurel Canyon Blvd.	Valley Village	91607	(818)984-0004
American Heart Association	816 S. Figueroa St.	Los Angeles	90017	(213)291-7000
American Heart Association	1055 Wilshire Blvd., Ste. 900	Los Angeles	90017	(213)580-1408

### *HIV Services*

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
AHF Healthcare Center – San Fernando Valley	4835 Van Nuys Blvd., Ste. 200	Sherman Oaks	91403	(818)380-2626
El Proyecto del Barrio - Arleta Health Center	8902 Woodman Ave.	Arleta	91331	(818)830-7133
LAC DHS - Olive View UCLA Medical Center and Health Center	14445 Olive View Dr.	Sylmar	91342	(818)364-1555
Los Angeles Mission College	13356 Eldridge Ave.	Sylmar	91342	(818)362-6182
Mary Magdalene Project – Drop in Center	7136 Haskell Ave., Ste. 125	Van Nuys	91406	(818)988-4970
Northeast Valley Health Corporation - Van Nuys HIV Division	6551 Van Nuys Blvd., Ste. 201	Van Nuys	91401	(818)988-6335
Pacifica Hospital of the Valley	9449 San Fernando Rd.	Sun Valley	91352	(818)252-2142
Planned Parenthood Los Angeles- Van Nuys Health Center	7100 Van Nuys Blvd., Ste. 108	Van Nuys	91405	(800)576-5544
Tarzana Treatment – Transitional Housing for Parolees with HIV/ AIDS	7101 Baird Ave.	Reseda	91335	(818)342-5897
Tarzana Treatment Center Inc.	18646 Oxnard St.	Tarzana	91356	(800)996-1051

Valley Community Clinic	6801 Coldwater Canyon Ave., Ste. 1B	North Hollywood	91605	(818)763-1718
-------------------------	--	-----------------	-------	---------------

***Homeless Services and Shelters***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
211 L.A. County (formerly Info Line of Los Angeles)				(800)339-6993
Abode Communities	701 East 3rd St., Ste. 400	Los Angeles	90013	(213)629-2702
Aviva Family and Children's Services - Wallis Annenberg Center	1701 Camino Palmero	Los Angeles	90046	(323)876-0550
Aviva Girls Graduate	6603 Whitman Ave.	Van Nuys	91406	(818)781-8020
Beyond Shelter	11243 Glenoaks Blvd., Ste. 3	Pacoima	91331	(818)834-4885
CARE Housing Services Corporation	18757 Burbank Blvd., #102	Tarzana	91356	(818)774-1550
Children of the Night	14530 Sylvan St.	Van Nuys	91411	(818)908-4474 (800)551-1300
Chrysalis	14015 Van Nuys Blvd., Ste. E	Pacoima	91331	(818)794-4200
Corner Stone Christian Ministry	11449 Sproule Ave.	Pacoima	91331	(818)899-5900
Corporation for Better Housing	15303 Ventura Blvd., #1100	Sherman Oaks	91403	(818)905-2430
Department of Public Social Services - Cal Works, West Valley	21415 Plummer St.	Chatsworth	91311	(818)-718-5000 (818)718-5216
Department of Public Social Services (DPSS)	12847 Arroyo St.	Sylmar	91342	(818)837-6393
East Valley Community Action Group - Valley Food Bank	11210 Otsego St.	North Hollywood	91601	(818)980-7370
Habitat for Humanity	11257 Borden Ave.	Pacoima	91331	(818)899-6180
Hábitat for Humanity San Fernando/Santa Clarita Valleys	21031 Ventura Blvd., #610	Woodlands Hills	91364	(818)884-8808
Homeless Health Care Project	7843 Lankershim Blvd.	North Hollywood	91605	(818)765-8656
Housing Authority of Los Angeles	10995 Lehigh Ave.	Pacoima	91331	(818)899-5228
Interfaith Food Pantry Coalition Greater Comm Church	10824 Topanga Canyon Blvd., #7	Chatsworth	91311	(818)718-6460
JFS/ Valley Storefront Senior Center	12821 Victory Blvd.	North Hollywood	91606	(818)984-1380
L.A. County CSS - San Fernando Valley Service Center	7555 Van Nuys Blvd.	Van Nuys	91405	(818)901-3501

L.A. County Victim - Witness Assistance Program San Fernando Valley Branch Office	900 Third St., Room 3rd Floor	San Fernando	91340	(818)898-2404
L.A. Family Housing	7843 Lankershim Blvd.	North Hollywood	91605	(818)982-4091
LAC - Canoga Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)340-3570
Loaves & Fishes II - Van Nuys	14640 Keswick St.	Van Nuys	91405	(818)997-0943
Local District 1 Nursing The Wellness Center - Zelzah Site	6505 Zelzah Ave.	Reseda	91335	(818)654-1670
Los Angeles Family Housing Corp. -Valley Shelter	10995 Lehigh Ave.	Pacoima	91331	(818)982-4091
Lutheran Social Services of Southern California San Fernando/Antelope Valley Area Office	6425 Tyrone Ave.	Van Nuys	91401	(818)901-9480
Manna From Heaven (Valley Vineyard) - Valley Food Bank	6642 Reseda Blvd.	Reseda	91335	(818)343-3626
Many Mansions	1459 E. Thousand Oaks Blvd., Bldg. D	Thousand Oaks	91362	(818)496-4948
Meet Each Need With Dignity (MEND)	10641 N. San Fernando Rd.	Pacoima	91331	(818)686-7300
Neighborhood Legal Services of Los Angeles County	13327 Van Nuys Blvd.	Pacoima	91331	(818)485-0913
NEVHC - San Fernando Health Center	1600 San Fernando Rd.	San Fernando	91340	(818)365-8086
NEVHC - Sun Valley Health Center	7223 North Fair Ave.	Sun Valley	91352	(818)432-4400
North Valley Caring Services	15435 Rayen St.	North Hills	91343	(818)891-0481
Our Lady of Peace Catholic Church	15444 Nordhoff	North Hills	91343	(818)894-1176
Panorama Baptist Church of Pacoima - Valley Food bank	8767 Woodman Ave.	Arleta	91331	(818)894-2281
Redeemer Lutheran Church	20025 Chase St.	Winnetka	91306	(818)341-1629
Rock of The Valley - Church of Christ in God - Valley Food Bank	7722 Kester Ave.	Van Nuys	91405	(818)781-4156
Salvation Army Corps Community Center - San Fernando Valley	14917 Victory Blvd.	Van Nuys	91411	(818)781-5739
San Fernando Community Clinic MHC Inc. - Homeless CalWORKS Families Project	6842 Van Nuys Blvd. 6th Floor	Van Nuys	91405	(818)908-3855
San Fernando Valley Rescue Mission	13422 Saticoy St.	North Hollywood	91605	(818)785-4476
School Health Services Division SF High School	11133 O'Melveny St.	San Fernando	91340	(818)365-7517
St. Didacus Church Parish Center	14339 Astoria St.	Sylmar	91342	(818)896-0246

St. Elizabeth Service Center Distribution Site	6640 Cedros St.	Van Nuys	91405	(818)779-1775
Sun Valley WorkSource Center	9024 Laurel Canyon Blvd.	Sun Valley	91352	(818)504-1974
Sunland-Tujunga Temporary Aid Center	7747 Foothill Blvd.	Tujunga	91402	(818)352-2421
Tamar House (previously Hope Cottage)	(confidential Site)			(818)505-0900
Tarzana Treatment Center	7101 Baird Ave.	Reseda	91335	(818)342-5897
The Harbor - San Fernando Valley Community Mental Health	5519 Elmer Ave.	North Hollywood	91601	(818)980-7576
Valley Lighthouse Church	6159 Tyrone Ave.	Van Nuys	91401	(818)780-8334
Victim Witness Assistance Program	11640 Burbank Blvd.	North Hollywood	91601	(818)623-4056
Victim Witness Assistance Program	6230 Sylmar Ave.	Van Nuys	91401	(818)374-3075
Volunteer League of the San Fernando Valley Clothes Corner	14603 Hamlin St.	Van Nuys	91411	(818)785-4134
Volunteers of America Greater Los Angeles - Women's Care Cottage (Headquarters)	3600 Wilshire Blvd., Ste. 1500	Los Angeles	90010	(213)500-6013
West Valley Food Pantry	5700 Rudnik Ave.	Woodland Hills	91367	(818)346-6968

**Hospitals OSHPD**

Agency	Address	City	Zip	Telephone
Cedars-Sinai Medical Center	8700 Beverly Blvd.	West Hollywood	90048	(310)423-3277
Encino Hospital Medical Center	16237 Ventura Blvd.	Encino	91436	(818)995-5000
Encino-Tarzana Regional Medical Center	18321 Clark St.	Tarzana	91356	(818)881-0800
Glendale Adventist Hospital	1509 Wilson Terrace	Glendale	91206	(818)409-8000
Henry Mayo Newhall Memorial Hospital	23845 McBean Pkwy.	Valencia	91355	(661)253-8000
Joyce Eisenberg Keefer Medical Center	7150 Tampa Ave.	Reseda	91335	(818)774-3000
Kaiser Permanente	13652 Cantara St.	Panorama City	91402	(818)375-2000
Kaiser Permanente Woodland Hills Medical Center	5601 De Soto Ave.	Woodland Hills	91367	(818)719-2000
Loa Angeles County USC Medical Center	1200 N. State St.	Los Angeles	90033	(323)409-1000
Los Angeles Orthopedic Hospital	2400 S. Flower St.	Los Angeles	90007	(213)742-1000
Mission Community Hospital	14850 Roscoe Blvd.	Panorama City	91402	(818)787-2222
Motion Picture & Television Fund Foundation	23388 Mulholland Dr.	Woodland Hills	91364	(855)7606783 (818)876-1900
Northridge Hospital - Behavioral Health/Crisis Services	18300 Roscoe Blvd.	Northridge	91328	(818)885-5484

Pine Grove Behavioral Healthcare System	7011 Shoup Ave.	Canoga Park	91307	(818)348-0500
Providence Holy Cross Medical Center	15031 Rinaldi St.	Mission Hills	91345	(818)365-8051
Providence Tarzana Medical Center	18321 Clark St.	Tarzana	91356	(818)881-0800
Sherman Oaks Hospital and Burn Center	4929 Van Nuys Blvd.	Sherman Oaks	91403	(818)981-7111 (818)904-4580
UCLA Medical Center - Olive View Medical Center	14445 Olive View Dr.	Sylmar	91342	(818)364-1555
UCLA Resnick Neuropsychiatric Hospital	150 UCLA Medical Plaza	Los Angeles	90095	(310)825-9111
Valley Presbyterian Hospital	15107 Vanowen St.	Van Nuys	91405	(818)782-6600
West Hills Hospital And Medical Center	7300 Medical Center Dr.	West Hills	91307	(818)676-4000

### ***Hotlines***

<b>Agency</b>	<b>Telephone</b>
Assaults Against Women Bilingual Hotlines	(800)548-2722
Battered Women Crisis Hotline	(818)887-6589
Boys Town National Counseling Hotline	(800)448-3000
CA Office of Family Planning & Information	(800)942-1054
California HMO Center	(800)400-0815
California Missing Children Hotline	(800)222-3463
California Youth Crisis Line	(800)843-5200
Care First Health Plan	(800)544-0088
Chicana Service Action Center	(800)548-2722
Child Abuse/DCFS	(800)540-4000
Child Help USA	(800)422-4453
Community Health Plan (County of L.A.)	(800)475-5550
Crisis Center	(310)392-8381
Crisis Hotline for Runaways Teens	(310)379-3620
Department of Community Services and Development	(866)675-6623 or (800)433-4327
Elder Abuse Hotline	(800)992-1660
Families Anonymous	(800)736-9805
Family Planning Referral Hotline	(800)942-1054
Gay/Lesbian Youth Talk Line	(800)773-5540

Haven Halls Crisis Hotline	(818)887-6589
Health Care Options	(800)430-4263 (800)430-6006 (800) 430-4091 (800)430-3003 (800)430-8008
HealthyCity/Advancement Project	<a href="http://www.healthycity.org">www.healthycity.org</a>
Homework Hotline	(800)527-8839
Jenesse Center	(800)479-7328 or (323)299-9496
Job Opportunities Hotline Bilingual	(800)843-9675
Kaiser Permanente	(800)464-4000
L.A. Care Health Plan	(888)4LA-CARE
L.A. Gay & Lesbian Center Anti-Violence Hotline Legal Services Department	(800)373-2227 or (323)993-7673
Loved Ones of Homicide Victims	(310)629-2551
Medi-Cal Information	(800)541-5555
National Domestic Violence Hotline	(800)799-7233
National Runaway Switchboard	(800)RUN-AWAY or (800)621-4000
Overeaters Anonymous	(818)342-2222
Parent Hotline - Complaint Resource Unity/ Parent Resource Network	(800)933-8133
Parents, Family & Friends of Lesbians and Gays	(888)735-2488
Pesticide Advice National Center	(800)858-7378
Planned Parenthood Locator	(800)230-7526
Poison Control Center	(800)222-1222
Rader Treatment Program	(818)880-3755
Rape and Battering Hotline	(310)392-8381
Substance Abuse	(800)564-6600
Suicide Prevention Center (Didi Hirsch Mental Health Services)	(877)727-4747 or 310-391-1253
Teen Line	(310)855-HOPE /(800)852-8336
ToughLove- Parent Support Line	(954)349-7260
Trevor Help Line	(866)4U-TREVOR
Valley Trauma Center	(818)886-0453
Valley Trauma Center - Battered Persons/Domestic Violence	(818)772-9981
Victims of Crime Resource Center	(800)VIC-TIMS
We Tip Reporting Hotline	(800)782-7463

Weapons on Campus /LAUSD School Police	(213)-625-6631
Winter Shelters Hotline (LAHSA)	(800)548-6047
Youth Talk line/Shelter	(800)773-5540

### ***Housing***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Department of Public Social Services - Cal Works, West Valley	21415 Plummer St.	Chatsworth	91311	(818)718-5000 (818)718-5216
Department of Social Services	3307 N. Glenoaks Blvd.	Burbank	91504	(818)557-4103
Department of Water and Power (DWP)				(800)342-5397
Eviction Defense Center	1930 Wilshire Blvd., Ste. 208	Los Angeles	90057	(213)385-8112
Fair Housing Council	8134 Van Nuys Blvd., #206	Panorama City	91402	(818)373-1185
Habitat for Humanity San Fernando/Santa Clarita Valleys	21031 Ventura Blvd., #610	Woodlands Hills	91364	(818)884-8808
Housing Right Center	3255 Wilshire Blvd., Ste. 1150	Los Angeles	90010	(800)477-5977
Housing Urban Development (HUD)				(800)347-3739
Los Angeles County Department of Consumer Affairs				(213)974-1452
Los Angeles Housing Department				(866)557-7368
Los Angeles Housing Department (LAHD)	1200 West 7th St., Floor 1	Los Angeles	90017	(866)557-7368
San Fernando Valley Neighborhood Legal Services	13327 Van Nuys Blvd.	Pacoima	91331	(818)896-5211
United Cerebral Palsy of Los Angeles, Ventura and Santa Barbara Counties	6430 Independence Ave.	Woodland Hills	91367	(818)782-2211

### ***Legal Assistance***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
Barrister - Los Angeles County Bar Association	1055 West Seventh St., Ste. 2700	Los Angeles	90017	(213)627-2727
Bet Tzedek Legal Services	3250 Wilshire Blvd., 3rd Floor	Los Angeles	90010	(323)939-0506
Los Angeles County Public Defender	900 3rd St. 2nd Floor	San Fernando	91340	(818)898-2440
Los Angeles County Public Defender	16350 Filbert St.	Sylmar	91342	(818)364-2133
Public Council Law Center	610 S. Ardmore Ave.	Los Angeles	90005	(213)385-2977

San Fernando Valley Bar Association	5567 Reseda Blvd.	Tarzana	91356	(818)227-0490
San Fernando Valley Neighborhood Legal Services	13327 Van Nuys	Pacoima	91331	(818)896-5211 or (800)433-6251
Van Nuys Self-Help Legal Access Center	6230 Sylmar Ave., Room A100 (Van Nuys Court House)	Van Nuys	91401	

### ***Mental Health and Counseling***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
31st District PTSA	17445 Cantlay St.	Van Nuys	91406	(818)344-3581
Asian Pacific Counseling and Treatment Center	15400 Sherman Way Ste., # 220	Van Nuys	91406	(818)267-1100
Because I Love You	18663 Ventura Blvd.	Tarzana	91356	(818)882-4881
Bridges - TruStart	6267 Variel Ave., Ste. B	Woodland Hills	91367	(818)657-0411
Cal Fam - California Family Counseling Center	5445 Balboa Blvd.	Encino	91316	(818)386-5600
Casa de Paz Housing Inc.	1459 E. Thousand Oaks Blvd., Ste. C	Thousand Oaks	91362	Phone unavailable
Center for Hope and Health	7334 Topanga Canyon. Blvd. #213	Canoga Park	91303	(818)708-8541 or (818)884-0910
Center for Psychological Services (Catholic Charities of LA)	7120 Hayvenhurst Ave. #200	Van Nuys	91406	(818)883-6015
Child and Family Center-Newhall 304 Office	23504 Lyons Ave. Ste. 304	Santa Clarita	91321	(661)286-2562
Child and Family Guidance Center	9650 Zelzah Ave.	Northridge	91325	(818)993-9311 (800)422-4453
Child and Family Guidance Center - Family Stress Center	16861 Parthenia St.	North Hills	91343	(818)830-0200
Child and Family Guidance Center -Van Nuys Office	6851 Lennox Ave. Ste. 100	Van Nuys	91405	(818)830-3270
Counseling Family Focus Resource Center	18111 Nordhoff St.	Northridge	91324	(818)677-5575
Counseling West	20700 Ventura Blvd., Ste. 210	Woodland Hills	91364	(818)990-9898 or (818)999-6164
CSUN Community Counseling and Resource Institute (Mitchell Family Counseling Clinic)	18111 Nordhoff St.	Northridge	91324	(818)677-2568
Down Syndrome Association of Los Angeles	16461 Sherman Way #180	Van Nuys	91406	(818)786-0001
El Centro de Amistad	566 S Brand Blvd.	San Fernando	91340	(818)898-0223



El Centro de Amistad	6800 Owensmouth Ste. 310	Canoga Park	91401	(818)347-8565
El Nido Family Centers - Administrative Office	10200 Sepulveda Blvd., Ste. 350	Mission Hills	91345	(818)830-3646
El Proyecto del Barrio/Family Health Care Clinic	20800 Sherman Way	Canoga Park	91304	(818)883-2273
Family Focus Resource Center -Antelope Valley	1028 W. Ave. L-12, Ste. 107	Lancaster	93534	(661)945-9598
Family Phases Counseling	21243 Ventura Blvd., Ste. 121	Woodland Hills	91364	(818)883-9962
Family Stress Center	16861 Parthenia St.	North Hills	91406	(818)830-0200
Friends of the Family	15350 Sherman Way #140	Van Nuys	91406	(818)988-4430
Hillview Mental Health Center Inc.	12450 Van Nuys Blvd.	Pacoima	91331	(818)896-1161
Imagination Connection	9667 Natick Ave.	North Hills	91343	(818)522-7904
Jewish Family Service of the San Fernando Valley	22622 Vanowen St.	West Hills	91307	(818)464-3333
LAC DMH - West Valley Mental Health Center	7621 Canoga Ave.	Canoga Park	91304	(818)610-6700
LAUSD Mental Health	6651 Balboa Blvd.	Van Nuys	91406	(818)997-2640
Mitchell Family Counseling Clinic	18111 Nordhoff St.	Northridge	91324	(818)677-2568
NAMI -San Fernando Valley	14545 Sherman Cir.	Van Nuys	91405	(818)994-6747
New Directions for Youth, Inc.	7315 N Lankershim Blvd.	North Hollywood	91605	(818)503-6330
New Horizons Housing and Independent Living	15725 Parthenia St.	North Hills	91343	(818)894-9301
North Los Angeles County Regional Center	15400 Sherman Way. #170	Van Nuys	91406	(818)778-1900
Our House	21860 Burbank Blvd. Ste. #195	Woodland Hills	91367	(818)222-3344
Personal Growth Institute Inc.	5536 Tampa Ave.	Tarzana	91356	(818)609-9989
Phillips Graduate Institute/ CalFam Counseling Center	18757 Burbank Blvd.	Tarzana	91356	(818)654-1700
San Fernando Valley Child Guidance Clinic	9650 Zelzah Ave.	Northridge	91325	(818)993-9311
San Fernando Valley Community Mental Health Center - Center for Family Living	14545 Sherman Cir.	Van Nuys	91405	(818)901-4854
San Fernando Valley Counseling Center	8350 Reseda Blvd	Northridge	91324	(818)341-1111
Suicide Unit, Los Angeles Unified School District /Valley School Mental Health Clinic	6651 Balboa Blvd.	Van Nuys	91406	(818)705-7326 818-997-2640
Tarzana Treatment Centers	18646 Oxnard St.	Tarzana	91356	(818)996-1051
The Help Group	15339 Saticoy St	Van Nuys	91405	(818)267-2747
Valley Community Clinic	6801 Coldwater Canyon Ave., Ste. 1B	North Hollywood	91605	(818)763-8836

Valley Community Treatment Center	22110 Roscoe Blvd., Ste. 204	Canoga Park	91304	(818)713-8700
Valley Coordinated Children's Services	19231 Victory Blvd., #110	Reseda	91335	(818)708-4500
Valley Counseling	17547 Ventura Blvd., #310	Encino	91316	(818)995-0368
Valley Family Center	302 S Brand Blvd.	San Fernando	91340	(818)365-8588
Valley Trauma Counseling Center	7116 Sophia Ave.	Van Nuys	91406	(818)756-5330
Valley Women's Center	14430 Sherman Way	Van Nuys	91405	(818)785-9119
Veterans Administration Greater L.A Healthcare System - Sepulveda Ambulatory Care Center	16111 Plummer St.	North Hills	91343	(818)891-7711
West Valley Mental Health Center	7621 Canoga Ave.	Canoga Park	91304	(818)598-6900
Yes ICAN (International Child Abuse Network)	7657 Winnetka Ave., #155	Canoga Park	91306	(888)224-4226

### ***Parenting Education Resources***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
31st District PTSA - Parent - Teacher- Student Association	17445 Cantlay St.	Van Nuys	91406	(818)344-3581
El Centro de Amistad	6800 Owensmouth Ave.	Canoga Park	91303	(818)347-8565
Friends of the Family/Young Moms	15350 Sherman Way, #140	Van Nuys	91406	(818)988-4430
LAUSD - Division of Adult and Career Education	6200 Winnetka	Woodland Hills	91364	(818)346-3540
LAUSD - Division of Adult and Career Education	333 S Beaudry Ave.	Los Angeles	90017	(213)62-LEARN

### ***Pregnant and Parenting Teens***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
EL Nido Family Center	13460 Van Nuys	Pacoima	91331	(818)896-7776
El Nido Family Centers	10200 Sepulveda Blvd. #350	Mission Hills	91345	(818)830-3646
Friends of the Family	15350 Sherman Way #140	Van Nuys	91406	(818)988-4430
LA Best Babies Network	1401 South Grand Ave., PHR Bldg., 3rd Floor	Los Angeles	90015	(213)250-7273
Los Angeles Unified School District	333 S. Beaudry Ave.	Los Angeles	90017	(213)241-1000
McAllister High School (located at Lokrantz Special Education Center)	7325 Calvin	Reseda	91335	(818)886-2573

McAllister High School (located at San Fernando High School)	11011 O'Melveny	San Fernando	91340	(818)365-0731
Mission City Community Clinic, Inc.	4842 Hollywood Blvd.	Los Angeles	90027	(323)644-1110
Pediatric Health & WIC Center	7138 Van Nuys Blvd.	Van Nuys	91405	(818)778-6240
Planned Parenthood Los Angeles Canoga Park Health Center	21001 Sherman Way, Ste. 9	Canoga Park	91303	(800)576-5544
Pregnancy Counseling Center	10211 Sepulveda Blvd.	Mission Hills	91345	(818)895-2500
Project SAFE - The Help Group	6455 Coldwater Canyon Blvd.	Valley Glen	91606	(818)623-6383 or (818)623-6382
Valley Community Clinic	6801 Coldwater Cyn.	North Hollywood	91605	(818)763-8836

### *Prenatal Education and Services*

Agency	Address	City	Zip	Telephone
Samuel Dixon Family Health Center- Newhall	23772 Newhall Ave.	Newhall	91321	(661)291-1777

### *Senior Services*

Agency	Address	City	Zip	Telephone
Alicia Broadous Duncan M/P Senior Center	11300 Glenoaks Blvd.	Pacoima	91331	(818)834-6100
Ararat Nursing Home	15099 Mission Hills Rd.	Mission Hills	91345	(818)837-1800
Arthritis Foundation	800 W. 6th St., Ste. 1250	Los Angeles	90017	(800)954-2873 or (323)954-5750
Canoga Park Senior Center	7326 Jordan Ave.	Canoga Park	91303	(818)340-2633
El Project del Barrio	9140 Van Nuys Blvd.	Panorama City	91402	(818)895-0824
El Proyecto del Barrio/Family Health Care Clinic	20800 Sherman Way	Canoga Park	91304	(818)883-2273
Guadalupe Center	6933 Remmet Ave.	Canoga Park	91303	(818)340-2050
JFS/ Valley Storefront Senior Center	12821 Victory Blvd.	North Hollywood	91606	(818)984-1380
Joyce Eisenberg Keefer Medical Center	7150 Tampa Ave.	Reseda	91335	(818)774-3000
Meet Each Need With Dignity (MEND)	10641 N. San Fernando Rd.	Pacoima	91331	(818)686-7300
NEVHC - Pacoima Health Center and WIC Site	12756 Van Nuys Blvd.	Pacoima	91331	(818)270-9777
Northeast Valley Health Corporation (NEVHC) - LAC - Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
ONEgeneration	17400 Victory Blvd.	Van Nuys	91406	(818)705-2345

ONEgeneration – Senior Enrichment Center	18255 Victory Blvd.	Reseda	91335	(818)705-2345
Partners in Care Foundation	732 Mott St., Ste. 150	San Fernando	91340	(818)837-3775
Providence Senior Outreach Programs	501 S. Buena Vista St.	Burbank	91505	(818)843-5111
Santa Clarita Valley Senior Center	22900 Market St.	Santa Clarita	91321	(661)259-9444
Sherman Oaks/East Valley Adult Center	5060 Van Nuys Blvd.	Sherman Oaks	91403	(818)981-1284
Sherman Oaks - SAGE Program	4929 Van Nuys Blvd.	Sherman Oaks	91403	(818)981-7111
The Adult Skill Center	17400 Vanowen St.	Van Nuys	91406	(818)996-3761
Valley Interfaith Council	4505 Las Virgenes Rd. #211	Calabasas	91302	(818)880-4842
Valley Interfaith Council	10824 Topanga Cyn. Blvd., #7	Chatsworth	91311	(818)718-6460
Valley Village	20830 Sherman Way	Winnetka	91306	(818)587-9450

***Sexual Transmitted Diseases Services***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
LAC DHS - Mid Valley Comprehensive Health Center	7515 Van Nuys Blvd.	Van Nuys	91405	(818)947-4000
LAC DPH - North Hollywood Public Health Center	5300 Tujunga Ave.	North Hollywood	91601	(818)487-0063
Mission City Community Network - Northridge	8363 Reseda Blvd. Ste. 11	Northridge	91324	(818)998-3579
NEVHC – LAC Canoga Park Health Center	7107 Remmet Ave.	Canoga Park	91303	(818)270-9777
Planned Parenthood Los Angeles - Van Nuys Health Center	7100 Van Nuys Blvd. Ste. 108	Van Nuys	91405	(800)576-5544
Planned Parenthood Los Angeles Canoga Park Health Center	21001 Sherman Way, Ste. 9	Canoga Park	91303	(800)576-5544
Valley Community Clinic	6801 Coldwater Canyon Ave. Ste. 1B	North Hollywood	91605	(818)763-1718

***Weight and Nutrition***

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
NEVHC -Newhall WIC Site	23630 Newhall Ave.	Newhall	91321	(818)361-7541
Santa Clarita Valley Senior Center	22900 Market St.	Santa Clarita	91321	(661)259-9444

### *Youth Development*

<b>Agency</b>	<b>Address</b>	<b>City</b>	<b>Zip</b>	<b>Telephone</b>
31st District PTSA	17445 Cantlay St.	Van Nuys	91406	(818)344-3581
BookEnds	6520 Platt Ave. #331	West Hills	91307	(818)716-1198
Boy Scouts of America - Western L.A.County Council	16525 Sherman Way Ste. C-8	Van Nuys	91406	(818)785-8700
Boys & Girls Club of Conejo and Las Virgenes	5137 Clareton Dr. #210	Agoura Hills	91301	(818)706-0905
Boys & Girls Club of the West Valley	7245 Remmet Ave.	Canoga Park	91303	(818)610-1054
Child Care Resource Center (CCRC)	20001 Prairie St.	Chatsworth	91311	(818)717-1000
Child Development Institute	6340 Variel Ave. Ste. A	Woodland Hills	91367	(818)888-4559
Gymnastics Olympica USA Inc.	7735 Haskell Ave.	Van Nuys	91406	(818)785-1537
LAPD Devonshire PALS	8721 Wilbur Ave.	Northridge	91324	(818)885-6432
Stone Soup- Child Care Programs	15910 Ventura Blvd. #1702	Encino	91436	(818)905-1441
Students Run LA	5252 Crebs Ave.	Tarzana	91356	(818)654-3360
West Valley Soccer League/Real So. Cal	P.O. Box 8842	Calabasas	91302	(818)999-9875
YMCA - North Valley	11336 Corbin Ave.	Northridge	91326	(818)368-3231

### *Parks and Recreations*

<b>Park</b>	<b>Street</b>	<b>City</b>	<b>Zip Code</b>
Aliso Canyon Park	18041 Rinaldi St.	Northridge	91326
Alizondo Drive Park	Mulholland and Alizondo	Woodland Hills	91364
Balboa Park	6300 Balboa Blvd	Van Nuys	91406
Bell Canyon Park	24501 Highlander Rd.	Canoga Park	91307
Blythe Street Park	14740 Blythe St.	Panorama City	91402
Brand Park (A.K.A Mission Park)	15174 San Fernando Mission Rd.	Mission Hills	91345
Branford Park	13310 Branford St.	Pacoima	91331
Browns Creek Park	Browns Canyon Rd.	Chatsworth	91311
Carey Ranch	Laurel Canyon Blvd. & Aztec St.	Mission Hills	91342
Chase Park	22525 Chase St.	Canoga Park	91304
Chatsworth Oaks Park	9301 Valley Circle Blvd.	Chatsworth	91311
Chatsworth Park North	22300 Chatsworth St.	Chatsworth	91311
Cohasset-Melba Park	7449 Melba Ave.	West Hills	91307

Dearborn Park	17141 Nordhoff St.	Northridge	91325
Delano Park	15100 Erwin St.	Van Nuys	91411
Devonshire/Arleta Park	14215 West Devonshire St.	Pacoima	91331
Devonwood Park	10230 Woodman Ave.	Panorama City	91402
Eddleston Park	11820 Reseda Blvd.	Reseda	91335
Encino Park	16953 Ventura Blvd.	Encino	91316
Fehlhaber-Houk Park	9521 Tujunga Canyon Blvd.	Tujunga	91042
Finn (Howard) Park	7747 Foothill Blvd.	Sunland	91042
Four Oaks Park	Melba Ave. & Cohasset St.	West Hills	91307
Garvanza Park	6240 Meridian St.	Los Angeles	90042
Haines Canyon Park	South Terminus Canyon Avenue (Foothill-Haines Canyon)	Tujunga	91402
Hartland Mini Park	Hartland & Woodman	Van Nuys	91605
Jessie Owens Mini Park	7100 White Oak	Reseda	91335
Jessup (Roger) Park	12467 West Osborne	Pacoima	91331
Kagel Canyon Park	11435 Kagel Canyon St.	Sylmar	91342
Kittridge Mini-Park	Kittridge & Greenbush	Van Nuys	91401
Knapp Ranch Park	25000 Kittridge	West Hills	91307
Libbit Park	5101 Libbit Ave.	Encino	91436
Limekiln Park	10300 Limekiln Canyon Rd.	Northridge	91326
Louise Park	7140 Louise Ave.	Van Nuys	91406
Mae Boyer Park	23936 Highlander Rd.	Canoga Park	91307
Mason Park	10500 Mason Ave.	Chatsworth	91311
Moonshine Canyon Park	West of Tampa Ave. and South of Sesnon	Northridge	91326
Moorpark Park	12061 Moorpark St.	Studio City	91604
North Hills Community Park	8756 Parthenia Place	North Hills	91343
O'Melveny Park	17300 Sesnon Blvd.	Granada Hills	91344
Panorama Park	8600 Hazeltine Ave.	Panorama City	91402
Parthenia Park	21444 Parthenia St.	Canoga Park	91304
Paxton Park	10731 Laurel Canyon Blvd.	Pacoima	91331
Porter Ridge Park	Reseda Blvd & Sesnon Blvd.	Northridge	91326
Quimby (John) Park	7008 Desoto Ave.	Canoga Park	91303

Reseda Parks	18411 Victory Blvd.	Reseda	91335
Ritchie Valens Park	10731 Laurel Canyon Blvd.	Pacoima	91331
Roscoe/Valley Circle Park	Valley Circle Roscoe Blvd.	Los Angeles	91307
Runnymede Park	20200 Runnymede St.	Winnetka	91306
Sepulveda Basin Dog Park	17550 Victory Blvd	Encino	91316
Sepulveda Park West	8756 Parthenia Pla.	North Hills	91343
Sepulveda Recreation Center	8801 Kester Ave.	Panorama City	91402
Serrania Avenue Park	20864 Wells Dr.	Woodland Hills	91364
Shadow Ranch Park	22633 Vanowen St.	West Hills	91307
Slavin (Jaime Beth) Park	12500 Strathern St.	North Hollywood	91605
Stetson Ranch Park	13877 Glenoaks Blvd.	Sylmar	91342
Stoney Point Park	Topanga Cyn Blvd and Chatsworth St. & 118 Fwy	Chatsworth	91311
Strathern Park North	Strathern and Whitsett	Sun Valley	91605
Strathern Park West	12541 Saticoy St.	Sun Valley	91605
Studio City Mini Park	12505 Moorpark St. at Whitsett Ave.	Studio City	91604
Sun Valley Park	8133 Vineland Ave.	Sun Valley	91352
Sylmar Park	13109 Borden Ave.	Sylmar	91342
Taxco Trails Park	23367 Ingomar St.	West Hills	91304
Valley Circle/Hillhurst Drive Park	24220 1/2 Clarington	Los Angeles	91304
Valley Glen Community Park	Erwin St. & Ethel Ave.	Van Nuys	91436
Valley Plaza Park	12240 Archwood St.	North Hollywood	91606
Valley Village Park	200 Westpark Dr.	North Hollywood	91601
Van Nuys/Sherman Oaks Recreation Center	14201 Huston St.	Sherman Oaks	91423
Vanalden Park	8956 Vanalden	Northridge	91324
Viking Park	Viking and Nau	Northridge	91326
Warner Center Park	21820 Califa Ave. (5800 Topanga Cyn Blvd.)	Woodland Hills	91367
West Valley Park	6731 Wilbur Ave.	Reseda	91335
Whitsett Fields Park	12240 Archwood St.	North Hollywood	91605
Woodbridge Park	11240 Moorpark St.	Studio City	91602
Woodley Park	6350 Woodley Ave.	Van Nuys	91436
Zelzah Park	11690 Zelzah Ave.	Granada Hills	91344





## APPENDIX D

### Primary Data Collection Instruments

#### Key Informant Interview Questions

Thank you for agreeing to be a Key Informant. KeyGroup and VCCC are conducting multiple needs assessments so the information you share will be part of a larger SPA 2 Community Health Needs Assessment Report as well as part of some specific hospital reports if your services are provided within their hospital service areas.

1. What are the most significant health problems in the community you serve? What ages and ethnic groups are affected by the issue?
2. What are the most significant educational/environmental & socio-economic factors affecting the community? What ages and ethnic groups are impacted?
3. What are the most risky behaviors affecting the community? What age groups most impacted?
4. What other problems or concerns affect the health of your clients/patients/people you serve? What age and ethnic group is most impacted?
5. What are the common concerns/issues you and/or your staff hear from your patients/clients?
6. If you could prioritize the issues in your community, what are the top 5 issues? Please rank the issues 1 being the most important and 5 being the least important.
7. You have shared a list of concerns, what are some of the community resources/assets that you are aware of that could help address the issues identified as a health need?
8. What are some of the barriers to accessing care?
9. What solutions would you like to share to address the identified community needs?
10. Thank you for participating as a key informant. Do you have any final health needs and or solutions you would like to offer?

## Appendix D 1: Focus Group Questionnaire

### *Focus Group Questions*

#### **Problems and concerns**

1. What are the most significant health problems in the community? What ages and ethnicities are most affected by the issue?
2. What is the most significant educational/environmental/socio-economic factors affecting the community. Who is most impacted?
3. What are the most risky health behaviors affecting the community? What age and ethnicity is most impacted?
4. What other problems or concerns are affecting the community?

#### **Resources and Barriers**

1. Reviewing the list of problems you mentioned, what are some the existing community resources to support the community to address the issues?
2. What are some of the barriers to accessing these resources?

#### **Solutions**

1. Suggest some possible solutions to the issues

#### **Prioritization**

1. Again reviewing the list, what are some of your suggestions for prioritization of the concerns/solutions listed?
2. Suggest methods for prioritization of issues?
3. What can be realistically accomplished?
4. Please prioritize the top 10 issues and concerns that you think need immediate attention.

## LACDHS Clinician Focus Group

- 1.) Physician's Age (multiple choice)
  - a. 25-34 years
  - b. 35-44 years
  - c. 45-54 years
  - d. 55-64 years
  - e. 65+
- 2.) Physician Specialty (fill in the blank)
- 3.) Physician Office Location- Choose all that apply (multiple choice)
  - a. OliveView
  - b. MVCHC
  - c. Glendale HC
  - d. SFHC
- 4.) What is your perception of the health of your patients? (multiple choice)

a. Very Poor	d. Average
b. Poor	e. Good
c. Fair	f. Excellent
- 5.) What percentage of your patients do you think are uninsured? (multiple choice)

a. 0-5%	d. 25-50%
b. 5-10%	e. 50-75%
c. 10-25%	f. More than 75%
- 6.) What do you think are the risky behaviors of your patients? (multiple choice)

a. Smoking	e. Over the counter drug abuse
b. Alcoholism	f. Poor diet
c. Narcotics	g. Sedentary lifestyle
d. Prescription drug abuse	h. Other
- 7.) What are the chronic diseases you see in the low-income communities? Choose all that may apply (multiple choice)

a. Diabetes	d. Stroke
b. Hypertension	e. Cancer
c. Cardiovascular Disease	f. Other
- 8.) In the 2010 CHNA we identified the following areas as greatest need- Rank the top Four (priority ranking)

- a. Housing that is affordable
  - b. Home care and long term care
  - c. Dental care: Affordable & Accessible
  - d. Health insurance that is affordable in portable
  - e. Mental health services: Affordable and accessible
  - f. Transportation
  - g. Primary medical care
  - h. Chronic disease management
  - i. Case management for individuals and families
  - j. Wellness, screening and prevention programs
- 9.) How many years of experience do you have working with vulnerable population? (multiple choice)
- a. 0-1 years
  - b. 1-2 years
  - c. 2-3 years
  - d. 3-4 years
  - e. 4-5 years
  - f. 5+

## Appendix D 2: Community Survey Questionnaire

Valley Care Community Consortium (VCCC)

2013 Community Health Survey

7515 Van Nuys Blvd 5<sup>th</sup> Floor

Van Nuys, CA 91405

To preserve your confidentiality, do not put your name or other personal identifiers on the survey. If you are at least 18 years of age, please take a few minutes to complete the survey below. The purpose of the survey is to create a snapshot of the health of the communities in which you live. Information gathered by the Community Health Needs Assessment can then be used for planning, programs and community benefit resource allocation. The results of the questionnaire will help identify problematic key issues that will be addressed through community input. If you have any questions about this survey, please call 818-947-4040. Make your opinion count by completing this survey. Thank you.

1) Zip code: \_\_\_\_\_

2) City: \_\_\_\_\_

3) Age: (Please check one)  
\_\_\_\_ 25 or less      \_\_\_\_ 26-39      \_\_\_\_ 40-54      \_\_\_\_ 55-64      \_\_\_\_ 65 or older

4) Sex: (Please check one) \_\_\_\_ Female  
\_\_\_\_ Male

5) Ethnic group you most identify with: (Please check one)

\_\_\_\_ African America/Black      \_\_\_\_ Asian/Pacific Islander  
\_\_\_\_ Hispanic/Latino      \_\_\_\_ Native American  
\_\_\_\_ White/Caucasian      \_\_\_\_ Other: \_\_\_\_\_

6) Marital Status: (Please check one)

\_\_\_\_ Married      \_\_\_\_ Divorced/Separated      \_\_\_\_ Single      \_\_\_\_ Widow/Widower      \_\_\_\_ Domestic Partners

7) Education: (Please check one)

Less than High School                       Some college  
 High School diploma/GED                 College degree or higher

**8) What is your household income? (Check one)**

Less than \$20,000                               \$20,000 to \$39,999  
 \$40,000 to \$59,999                             \$60,000 to \$79,999  
 \$80,000 or higher

**9) How do you primarily pay for your health care? (Check all that apply)**

Cash (No Insurance)                               Healthy Way LA  
 Health insurance (e.g., private insurance, Humana, Anthem, etc.)     Veterans' Administration/Military  
 Medicaid     Don't go to a Doctor because I can't pay  
 Medicare with or without Medicare supplemental coverage             Other: \_\_\_\_\_

**10) During the past 12 months, was there any time when you needed to see a doctor, but could not because of the cost? (Check one)**

Yes     No

**11) During the past 12 months, was there any time that you did not have any health insurance or coverage? (Check one)**

Yes     No

**12) Where do you go to most often when you are sick or need advice about your health? Please check only one. (Check one)**

Doctor's Office/Family Doctor                       Community Clinic  
 Local health department                               Hospital emergency room  
 Urgent care center                                       Free Clinic  
 Hospital outpatient clinic                               Other: \_\_\_\_\_

**13) Which of the following best describes your typical daily physical activity level? (Check one)**

No Activity     Active  
 Limited     Very Active  
 Moderate

**14) Compared to a year ago, how is your health now? (Check one)**

Much better now than 1 year ago       About the same  
 Better now than 1 year ago       Worse now than 1 year ago

**15) How would rate your own personal health? (Check one)**

Excellent       Fair  
 Very Good       Poor  
 Good

**16) Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks in a day? (Check one) (8oz wine, 12oz beer, 1.5oz shot)**

None       6-10 times  
 1-5 times       More than 10 times

**17) How many cigarettes do you smoke per day? (Check one)**

Per Day

**18) Have you ever been told by a doctor, nurse, or other health professional that you are overweight or obese?**

Yes       No

**19) Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?**

Yes       No

**20) Have you ever been told by a doctor, nurse, or other health professional that your blood cholesterol is high?**

Yes       No

**21) Have you ever been told by a doctor that you have diabetes?**

Yes       Yes, but only during pregnancy       No

**22) Have you ever been diagnosed with a mental health disorder?**

Yes       No

**23) How do you rate your mental health? (Select one choice that fits best)**

Excellent       Very Good       Good       Fair       Poor

**24) On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat or breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities? (Check one)**

0  1  2  3  4  5  6  7

**25) Yesterday, how many times did you eat vegetables? (Check one)**

**DO count:** Cooked and uncooked vegetables; salads; and boiled, baked and mashed potatoes.

**DO NOT count:** French fries, potato chips, or lettuce that is on a sandwich or sub.

I did not eat vegetables yesterday

1 time  2 times  3 times  5 or more

**26) Yesterday, how many cans or glasses of non-diet soda did you drink? (Check one)**

**DEFINITION:** A non-diet soda is a soda with sugar in it, such as Coke, Pepsi®, Sprite®, ginger ale, or root beer. Count a 20-ounce bottle as 2 glasses.

I did not drink any non-diet soda yesterday

2 cans or glasses

1 can or glass

3 or more cans or glasses

**27) How often do you eat at fast food restaurants?**

4 or more times per week

Less than 1 per week

1-3 per week

Never

**28) What type of medical provider do you use for routine care? (Check all that apply)**

Family doctor

Emergency Room/Hospital

Community Health Center/Clinic

Specialist

Health Department

Other: \_\_\_\_\_

**29) What concerns you most about health within your community? (Select 5 concerns; rate 1-5 with 1 being the most concerning and 5 being the least concerning)**

Aging problems

Infant death

High blood Pressure

Cancers

Infectious Disease

HIV/AIDS

Child abuse/neglect

Mental health problems

Obesity

Dental Problems

Motor vehicle crash injuries

Teenage pregnancy

Diabetes

Rape/Sexual assault

Homicide



- Domestic violence
- Firearm-related injuries
- Heart disease and stroke
- Respiratory diseases
- Sexually transmitted diseases
- Suicide
- Other: \_\_\_\_\_

**30) What source do you primarily use to get your health-related information? (Check one)**

- Friends and family
- Doctor/nurse
- Pharmacist
- Church
- Internet
- My child's school
- Hospital
- Health department
- Help lines
- Books/magazines
- Other: \_\_\_\_\_

**31) How safe is your neighborhood?**

- Very safe
- Somewhat safe
- Somewhat unsafe
- Very safe

**32) How safe is it to walk or play in the neighborhood park?**

- Very safe
- Somewhat safe
- Somewhat unsafe
- Very safe

**33) Are you satisfied with the health care system in your County? (Consider health care options, access, cost, availability, quality, etc.) (Circle One)**

Very Unsatisfied      1                  2                  3                  4                  Very Satisfied

**34) What 2 health topic(s)/ disease(s) would you like to learn more about?**

---



---

**35) What services are needed in your community to create a healthier community?**

---

Please return completed survey to person conducting the survey or by mail to VCCC 7515 Van Nuys Blvd. Van Nuys, CA 91405  
Attention: Joni Novosel

Thank you for your time and valuable feedback.

**Valley Care Community Consortium (VCCC)**

**2013 Community Health Survey**

**7515 Van Nuys Blvd 5<sup>th</sup> Floor**

**Van Nuys, CA 91405**

**Para preservar su confidencialidad, no ponga su nombre u otros identificadores personales en la encuesta.** Si usted tiene por lo menos 18 años de edad, por favor tome unos minutos para completar la siguiente encuesta. El propósito de la encuesta es de crear una instantánea de la salud en las comunidades en las que viven. La información recogida por Evaluación de Necesidades Comunitarias De Salud se puede utilizar para la planificación de programas y beneficios de la comunidad de asignación de recursos. Los resultados de la encuesta ayudará a identificar claves problemáticas que se abordarán a través de aportes de la comunidad. Si usted tiene alguna pregunta sobre esta encuesta, por favor llame al 818-947-4040. Haga que su opinión cuente al completar esta encuesta. Gracias.

1) Código Postal: \_\_\_\_\_

2) Ciudad: \_\_\_\_\_

3) Edad: (por favor marque uno)

\_\_\_\_ 25 o menos                      \_\_\_\_ 26-39  
\_\_\_\_ 40-54                              \_\_\_\_ 55-64                      \_\_\_\_ 65 años o más

4) Sexo: (Por favor marque uno)

\_\_\_\_ Masculino    \_\_\_\_ Femenino

5) El grupo étnico se identifica más con: (Marque uno)

\_\_\_\_ Americano Africano/Negro                      \_\_\_\_ Asiático/de las Islas del Pacífico  
\_\_\_\_ Hispano/Latino                                      \_\_\_\_ Nativo Americano  
\_\_\_\_ White/Caucásico                                      \_\_\_\_ Otro: \_\_\_\_\_

6) Estado civil: (Por favor marque uno)

\_\_\_\_ Casado    \_\_\_\_ Divorciado/Separado    \_\_\_\_ Soltero    \_\_\_\_ Viuda/Viudo    \_\_\_\_ Viven juntos/no casado(a)    \_\_\_\_ Parejas de Hecho

7) Educación: (Marque uno)

- Menos de la Escuela Secundaria
- Diploma de Escuela Secundaria / GED
- Alguna experiencia el la universidad
- Titulo de la universidad o superior

8) ¿Cuál es su ingreso familiar? (Marque uno)

- Menos de \$ 23,050
- \$ 23,051 a \$ 40,338
- \$ 40,339 a \$ 57,625
- \$ 57,626 a \$ 80,675
- \$ 80,676 a \$ 92,200
- Más de \$ 92,201

9) ¿Cómo principalmente paga por su cuidado de salud? (Por favor, marque todas las que apliquen)

- Cash (No seguros)
- Seguro de Salud (por ejemplo, seguro privado, Humana, Anthem, etc.)
- Medicaid
- Medicare con o sin cobertura de Medicare suplementario
- Healthy Way LA
- Administración de Veteranos/ Militar
- No va al médico porque no pueden pagar
- Otros: \_\_\_\_\_

10) Durante los últimos 12 meses, ¿hubo algún momento en que necesitó consultar a un médico, pero no pudo debido al costo? (Marque uno)

- Si  No

11) Durante los últimos 12 meses, ¿hubo algún momento en que usted no tubo seguro de salud o cobertura? (Marque uno)

- Si  No

12) Donde usted va la mayoría de veces cuando usted está enfermo o necesita un consejo sobre su salud? Por favor, marque sólo una. (Marque uno)

- Oficina de Doctor/Doctor Familiar  Clínica de la Comunidad
- Departamento de salud local
- Sala de emergencia

- Centro de Atención Urgente
- Clínica Gratuita
- Hospital de pacientes externos
- Otros:

13) ¿Cuál de las siguientes opciones describe mejor el típico nivel diario de actividad física? (Marque uno)

- No Actividad
- Limitado
- Moderado
- Activo
- Muy activo

14) En comparación con hace un año, ¿cómo está su salud? (Marque uno)

- Mucho mejor ahora que hace 1 año
- Mejor ahora que hace 1 año
- Casi igual que hace 1 año
- Peor ahora que hace 1 año

15) ¿Cómo calificaría su salud personal? (Marque uno)

- Excelente
- Muy Bien
- Bien
- Razonable
- Mal

16) Teniendo en cuenta todos los tipos de bebidas alcohólicas, ¿cuántas veces en los últimos 30 días a tomado 5 o más bebidas en un día? (Marque uno) (8 oz de vino, cerveza 12oz, una copa de 1.5 oz)

- Ninguna vez
- 1-5 veces
- 6-10 veces
- Mas de 10 veces

17) ¿Cuántos cigarrillos fuma al día? \_\_\_\_\_

18) ¿Alguna vez le ha dicho un medico, enfermera u otro profesional de salud que usted esta sobrepeso u obeso?

\_\_\_\_\_ Sí \_\_\_\_\_ No

19) ¿Alguna vez le ha dicho un medico, enfermera u otro profesional de salud que tiene la presión arterial alta?

\_\_\_\_\_ Sí \_\_\_\_\_ No

20) ¿Alguna vez le ha dicho un medico, enfermera u otro profesional de salud que su colesterol es alto?

\_\_\_\_\_ Sí \_\_\_\_\_ No

\*21) ¿Alguna vez le ha dicho un médico que tiene diabetes?

\_\_\_\_\_ Sí \_\_\_\_\_ Sí, pero sólo durante el embarazo \_\_\_\_\_ No

22) ¿Alguna vez ha sido diagnosticado con un trastorno de salud mental?

\_\_\_\_\_ Yes \_\_\_\_\_ No

23) ¿Cómo calificaría usted su salud mental? (Seleccione una opción que se ajusta mejor)

\_\_\_\_\_ Excelente \_\_\_\_\_ Muy bien \_\_\_\_\_ Bien \_\_\_\_\_ Razonable \_\_\_\_\_ Mal

24) ¿En cuántos de los últimos 7 días a hecho ejercicio o participo en actividad física por lo menos 20 minutos que lo/la hizo sudar o respirar fuerte, como el baloncesto, el fútbol, correr, natación, bicicleta rápida, baile rápido, o actividades aeróbicas similares?

(Marque uno)

\_\_\_\_\_ 0 \_\_\_\_\_ 1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_ 5 \_\_\_\_\_ 6 \_\_\_\_\_ 7

25) Ayer, ¿cuántas veces comiste verduras? (Marque uno)

**SI cuente:** los vegetales cocidos y crudos, ensaladas, hervidas, al horno y puré de papa.

**NO cuente:** papas francesas, papas fritas, lechuga o que está en un sándwich o sub.

\_\_\_\_\_ No Comí verduras ayer

\_\_\_\_\_ 1 Vez \_\_\_\_\_ 2 Veces \_\_\_\_\_ 3 Veces \_\_\_\_\_ 4 veces o mas

26) Ayer, ¿cuántas latas o vasos gaseosos de dieta bebió? (Marque uno)

**DEFINICIÓN:** Un refresco de dieta es un refresco con azúcar, como Coca-Cola, Pepsi<sup>®</sup>, Sprite<sup>®</sup>, ginger ale o cerveza de raíz. Contar un 20 - oz botella como 2 vasos.

\_\_\_\_\_ No tome bebida gaseosa no dietética ayer

\_\_\_\_\_ 1 Lata o vidrio

\_\_\_\_\_ 2 Latas o vasos

\_\_\_ 3 O más latas o vasos

27) ¿Con qué frecuencia usted come en restaurantes de comida rápida?

\_\_\_ 4 veces o más por semana

\_\_\_ 1-3 por semana

\_\_\_ Entre 1 vez por semana y menos que 4 veces por mes

\_\_\_ Menos de 1 por mes

\_\_\_ Nunca

28) ¿Qué tipo de proveedor medico utiliza usted para la atención medica rutinal? (Marque todos los que apliquen)

\_\_\_ Médico Familiar

\_\_\_ Centro de Salud Comunitario/ Clínica

\_\_\_ Departamento de Salud

\_\_\_ Sala de Emergencia/Hospital

\_\_\_ Especialista

\_\_\_ Otro: \_\_\_\_\_

29) ¿Qué le preocupa más acerca de la salud en su comunidad? (Seleccione 5 que mas le preocupan con el 1 refiriéndose al mas preocupante y 5 como el menos preocupante)

\_\_\_ Problemas de la tercera edad

\_\_\_ Violación/asalto sexual

\_\_\_ Cáncer

\_\_\_ Enfermedades respiratorias

\_\_\_ Abuso de niños/negligencia

\_\_\_ Enfermedades de transmisión sexual

\_\_\_ Problemas dentales

\_\_\_ Suicidio

\_\_\_ Diabetes

\_\_\_ Presión arterial alta

\_\_\_ Violencia domestica

\_\_\_ VIH / SIDA

\_\_\_ Lesiones relacionadas con armas de fuego

\_\_\_ Obesidad

\_\_\_ Enfermedades del corazon y paro cardiaco

\_\_\_ El embarazo de adolescente

\_\_\_ Muerte infantil

\_\_\_ Homicidio

\_\_\_ Enfermedad infecciosa

\_\_\_ Otro: \_\_\_\_\_

\_\_\_ Problemas de salud mental

\_\_\_ Lesiones por accidentes de vehículo

30) ¿Qué fuente utiliza principalmente para obtener su información relacionada con la salud? (Marque uno)

\_\_\_ Amigos y familia

\_\_\_ Hospital

\_\_\_ Médico/enfermera

\_\_\_ Departamento de salud

\_\_\_ Farmacéutico

\_\_\_ Líneas de ayuda

\_\_\_\_ Iglesia  
\_\_\_\_ Internet  
\_\_\_\_ La escuela de mi hijo

\_\_\_\_ Libros/revistas  
\_\_\_\_ Otro: \_\_\_\_\_

31) ¿Qué tan seguro es su vecindario?

\_\_\_ Muy seguro  
\_\_\_ Algo seguro  
\_\_\_ Algo inseguro  
\_\_\_ Muy inseguro

32) ¿Qué tan seguro es caminar o jugar en el parque del vecindario?

\_\_\_ Muy seguro  
\_\_\_ Algo seguro  
\_\_\_ Algo inseguro  
\_\_\_ Muy inseguro

33) ¿Está usted satisfecho con el sistema de salud en su condado? (Tenga en cuenta las opciones de cuidado de la salud, el acceso, el costo, la disponibilidad, calidad, etc.) (Marque uno)

Muy insatisfecho            1        2            3            4            Muy Satisfecho

34) ¿Qué 2 tema de salud/enfermedad(s) le gustaría aprender más?

35) ¿Qué servicios se necesitan en su comunidad para crear una comunidad más saludable?

Por favor, devuelva la encuesta completada a la persona que realiza la encuesta o por correo a VCCC 7515 Van Nuys Blvd., Van Nuys, CA 91405 Atención: Joni Novosel

## Church of the way –community forum

1. What age bracket do you fall in(multiple choice)
  - a. 25 or less
  - b. 26-39
  - c. 40-54
  - d. 55-64
  - e. 65 or over
  
2. What is you gender?
  - a. Male
  - b. Female
  
3. Ethnic group you most identify with?
  - a. African American
  - b. Hispanic/Latino
  - c. White/Caucasian
  - d. Asian/Pacific Islander
  - e. Native American
  - f. Other
  
4. What is you marital status?
  - a. Married/living together
  - b. Married/currently separated
  - c. Not married/living together
  - d. Not married/single
  
5. What is your highest level of education?
  - a. Less than high school
  - b. High school diploma GED
  - c. Some college
  - d. Associate degree
  - e. Undergraduate
  - f. Graduate
  - g. Post Graduate
  - h. Other
  
6. How do you pay for health care?
  - a. Pay cash ( no insurance)
  - b. Medicaid
  - c. Veterans Administration
  - d. Health Insurance
  - e. Medicare
  - f. Indian health services
  - g. Other
  
7. What do you think are the three most important factors for a “healthy community” (priority ranking)
  - a. Good place to raise children
  - f. Affordable housing



- b. Low crime/safe neighborhoods
- c. Good schools
- d. Parks and recreations
- e. Clean environment
- g. Good jobs and healthy economy
- h. Access to health care( e.g. family doctor)
- i. Arts and cultural events
- j. Other

8. What do you think are the three most important “Health Problems” in our community(priority ranking)

- a. Cancer
- b. Dental problems
- c. Diabetes
- d. Heart disease and stroke
- e. High blood pressure
- f. Mental health problems
- g. Respiratory/lung disease
- h. Sexually Transmitted Diseases
- i. Teenage Pregnancy
- j. Other

9. What do you think are the three most important Risky Behaviors in our community?

- a. Alcohol abuse
- b. Overweight
- c. Dropping out school
- d. Drug abuse
- e. Lack of exercise
- f. Poor eating habits
- g. Tobacco use
- h. Not using birth/child control
- i. Unsafe sex
- j. Other

10. How would you rate your own personal health?

- a. Very unhealthy
- b. Unhealthy
- c. Somewhat healthy
- d. Healthy
- e. Very Healthy

11. How would you rate our community as a “health Community”?

- a. Very unhealthy
- b. Unhealthy
- c. Somewhat healthy
- d. Healthy
- e. Very Healthy

12. Which of the health problems affect you? ( rate them in order of impact on your life from most to least)(multiple choice)

- a. Cancer
- b. Diabetes
- c. Heart disease
- f. HIV/AIDS
- g. Mental Health issues
- h. Overweight

- d. High blood pressure
- e. High cholesterol

- i. STD
- j. Stroke

13. If you have high blood pressure do you check it regularly?(at least weekly)(multiple choice)

- a. Yes
- b. No
- c. Not applicable

14. If you have diabetes do you check your blood sugar regularly( at least bi-weekly)?

- a. Yes
- b. No
- c. Not applicable

15. Which of the following describes your weight?

- a. Overweight
- b. Underweight
- c. Appropriate

16. Do you think you use or participate in any of the following in excess?

- a. Alcohol
- b. Gambling
- c. Tobacco
- d. Prescription drugs
- e. Recreational drugs
- f. Unsafe driving
- g. Food
- h. None of the Above

17. How well do you rate your sleep?

- a. I sleep well and feel refreshed in the morning
- b. I sleep but feel it is not sufficient rest
- c. I do not sleep well

18. How do you your mental health?

- a. I sleep well and feel refreshed in the morning
- b. I sleep but feel it is not sufficient rest
- c. Overwhelmed
- d. Depressed

19. If you have children (under age 12) what do you consider to be their greatest health issues?

- a. Poor eating habits
- b. Minimal or absence of exercise
- c. No safe place to play outside
- e. Unable to access dental care
- f. School or behavioral
- g. I do not have any concerns

d. Unable to access medical care

h. This does not apply to me

20. Do you have a support system with whom you can talk and share?

a. Yes

b. No

## References

- Alzheimer’s Association, 2016
- American Cancer Society, Cancer Facts and Figures, 2016
- American Heart Association, 2013
- American Lung Association, [www.lung.org](http://www.lung.org)
- California Department of Public Health, Death Statistical Master File, 2008-2010
- California Department of Public Health, Birth Profiles by Zip Code, 2012
- California Health Interview Survey (CHIS), 2011-2012
- Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System, 2004-2010
- Centers for Disease Control and Prevention, National Diabetes Surveillance System, 2009
- Centers for Disease Control and Prevention, Health Disparities and Inequalities Report — United States, 2013
- Centers for Disease Control and Prevention, National Vital Statistics System, 2013
- Dignity Health Community Need Index, available at <http://cni.chw-interactive.org/index.asp>
- Google Maps
- Improving Public Health & Preventing Chronic Disease: CHW’s Community Need Index, available at <http://cni.chw-interactive.org/index.asp>
- LACDPH, Key Indicators of Health, March 2013
- LACDPH, Los Angeles County Health Survey, 2015
- Los Angeles Homeless Services Authority, 2015
- National Cancer Institute, State Cancer Profiles, 2009-2013
- National Institute for Health, 2015
- National Institute for Mental Health, 2015
- U.S. Cancer Statistics Working Group. United States Cancer Statistics: 1999–2013
- U.S. Census Bureau, 2010
- U.S. Census Bureau, 2007-2011 American Community Survey and 2008-2010 American Community Survey 3-year estimates
- VCCC Resource Directory provided by the Los Angeles Unified School District, available at <http://www.valleyccc.org/services.php> and <http://www.valleyccc.org/lausd-district-1.php>
- World Health Organization, World Health Statistics 2016